



VIJAYA MEDICAL & EDUCATIONAL TRUST

VIJAYA HOSPITAL

VIJAYA HEART FOUNDATION

VIJAYA HEALTH CENTRE

VIJAYA EYE FOUNDATION

DISCHARGE SUMMARY

UHID : 1338387

Name : Mr.DEVADOSS.P.V-75Yrs-Male

IP No. : 6973/2021

HISTORY & COURSE IN THE HOSPITAL

Mr P V Devadoss, a known hypertensive, had history of self fall followed by weakness in right upper limb 6 months ago. Patient had history of significant weight loss associated with decreased appetite and decreased food intake for the past 6 months. He went for a complete master health check which revealed severe aortic stenosis & severe aortic regurgitation in echo and came here for further management. Drug allergy - Nil. Covid-19 RT PCR was negative.

On examination patient was conscious, oriented & afebrile, pulse rate of 68 per minute, BP 130/90mmHg. RR - 22 per minute. SPO2 - 99% in room air. Systemic examination: CVS: S1, S2+, RS: Clear, P/A: soft, CNS: NFND.

ECG revealed sinus rhythm, LVH. Echo revealed severe AS (calcific) (MPG: 67mmHg, PPG 112mmHg), severe aortic regurgitation / aortic annulus 21mm, hyperechoic mass (1.8x1.0cms) seen attached to posterior cusps, ? healed vegetation / ? calcium, concentric LVH, no RWMA, mild MR, normal RV function, mild PAH, dilated aortic root, ascending aorta and arch. He underwent coronary angiography on 29/11/2021 which revealed right dominant system, severe disease of LAD and diagonal, normal LCX and RCA. In view of the above findings, he was advised CABG surgery + aortic valve replacement surgery. After dental clearance, he underwent aortic valve replacement (Meril Daffodil pericardial aortic valve 21mm (S.No: A21DFA16006) (Bioprosthesis) + CABG surgery on 29/11/2021 with SV grafts to LAD and diagonal (Y graft). His pre and post operative periods were uneventful. His wounds are healing well. He is being discharged with the following advice and medications.

INVESTIGATIONS

Pre operative:

Peripheral smear: Normocytic normochromic anaemia.

Chest X ray: Enclosed.





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Ultrasound abdomen : Normal study.

Post operative:

ECG: Sinus rhythm, LVH.

Chest X ray: Post op.film, sternal wires seen.

Echo: s/p CABG surgery. Normally functioning prosthetic valve in aortic position, no clot / vegetation, mild valvular and mild to moderate paravalvular aortic regurgitation, concentric LVH, no RWMA, normal LV systolic function (EF 65%) with grade I diastolic dysfunction, normal RV function, normal valves, IAS / IVS intact, no pericardial effusion, mild bilateral pleural effusion.

ADVICE

* Low salt, low fat diet.

ACITROM ADVICE:

- * To avoid green leafy vegetables, cauliflower, cabbage.
- * To check PT periodically and observe for signs of bleeding. If the PT is abnormal or there are signs of bleeding stop Tab.Acitrom and inform the consultant.
- * To contact doctor immediately if any one of the following occurs;-
 - Bleeding per rectum.
 - Blood vomiting.
 - Epistaxis / Blood in sputum.
 - Severe unbearable headache.
 - Black stools.





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MEDICATION

Tab. Acitrom 1mg 0-0-1 at 7pm (till review)
Cap. Clopilet A 75mg 0-1-0 (after food) (till review)
Tab. Imdur 30mg 1-0-0 (till review)
Tab. Rozavel 10mg 0-0-1 (till review)
Tab. Dytor 10mg 1-0-1/2 (till review)
Tab. Aldactone 25mg 1/2-0-0 (till review)
Tab. Pantocid 40mg 1-0-0 (before food) (till review)
Tab. Sigamin 1-0-0 (till review)

If Necessary medications:

Tab. Sorbitrate 5mg under the tongue during anginal pain ✓
Tab. Anxit 0.25mg 0-0-1 for sleep ✓
Tab. Dulcolax 2 tab at bed time for constipation
Syp. Duphalac 15ml at bed time for constipation ✓

VACCINATION:

Inj. Influvac (Vaxigrip) 0.5ml IM once in a year on followup.

In case of Fever ($>101^{\circ}\text{F}$), Chest discomfort, Breathlessness, Profuse Sweating, Giddiness, Drug allergy, discharge from the operative wound or any emergency, please report or admit yourself in the Casualty at Vijaya Hospital for urgent care. CONTACT NO: 044-66646664 OR 044-24802221 (Extn. 387 & 270).

Advised suture removal on 13/12/2021.

To review with Dr M Ramanathan after 1 week with reports of urea, creatinine, sodium, potassium, Hb and PT/INR and ECG at VHF OPD with prior appointment.

DR M RAMANATHAN MD DNB(CARDIO) FSCAI

Sr Consultant & Interventional Cardiologist

Reg.No: 65175

DR. M. RAMANATHAN, MD, DNB(CARDIO),
Consultant & Interventional Cardiologist
VIJAYA HEART FOUNDATION
VIJAYA HOSPITAL
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Typed by M Kalaivani



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