

# Athletics

- The competition shall be conducted under the International Athletics Federation rules as adopted from time to time by AFI, unless otherwise modified.
- Each college will be entitled to enter not more than **two competitors per event**. For relay races, not more than an entry of four with one reserve per event shall be accepted.
- An athlete is allowed to participate in a **maximum of 3 events** excluding relays.
- As far as possible, changes, if any, should be intimated fifteen minutes before the start of the event. Lots for lanes will be drawn as soon as the first call is given.
- In a standard track of eight lanes, distribution of lanes and qualifying to subsequence round will be done as per standard rules for 100m, 200m, 400m run.
- The competitions will be held for the following events:

## **MEN:**

1. 100m
2. 200m
3. 400m
4. 800m
5. 1500m
6. 5000m
7. 110m Hurdles
8. 400m Hurdles
9. 4\*100m Relay
10. 4\*400m Relay
11. Long jump
12. Triple jump
13. High jump
14. Pole vault
15. Shot put
16. Discuss throw
17. Hammer throw
18. Javelin throw

## **WOMEN:**

1. 100m
2. 200m
3. 400m
4. 800m

5. 1500m
  6. 4\*100m Relay
  7. 4\*400m Relay
  8. Long jump
  9. High jump
  10. Shot put
  11. Discuss throw
  12. Hammer throw
  13. Javelin throw
- The points for individual positions for I, II, III and IV are 5, 3, 2, 1 respectively. For relay races, the points will be 10, 6, 4, 2 respectively.
  - The sum total of points secured in all the events in athletics by a college will determine 1st, 2nd and 3rd positions in Athletics.
  - Best athlete for both Male and Female will be decided by the maximum number of points obtained by an athlete in the Athletics championship. In case of a tie for best athlete, the athlete who has broken the most number of meet records would be recognized. If the tie is still unresolved, award is given to the players having better team category rank.
  - Certificate shall be awarded to the first three places in all the athletic events.
  - Starter blocks and vaulting poles are not provided by organizing team.
  - In any event if there are less than 3 entries, that event will be considered as cancelled.
  - In case of a tie for an individual event, points will be shared by both athletes and colleges as shown in the following table. In case of relay events the points will be double as the relay events have double weightage. If the number of tied players/teams are more than 4, 4 players/teams will be chosen by lot and then points distributed accordingly.

Positions tied for	No. of tied players/teams		
	<b>2</b>	<b>3</b>	<b>4</b>
I	4.0	3.33	2.75
II	2.5	2.0	1.5
III	1.5	1.0	0.75
IV	0.5	0.33	0.25

- In case of tie for the Athletics Championship for men and women, points will be shared as shown in following tables. If the number of tied teams are more than 3, 3 teams will be chosen by lot and then points distributed accordingly.

Positions tied for ( <b>Men</b> )	No. of tied teams	
	<b>2</b>	<b>3</b>
I	16	12
II	10	8
III	6	3
IV	2	1

Positions tied for ( <b>Women</b> )	No. of tied teams	
	<b>2</b>	<b>3</b>
I	8	6
II	5	4
III	3	1
IV	1	0

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