

# Taekwondo

- The competition will be held as per the *WTF (World Taekwondo Federation)* rules.

## Poomsae:

### 1. Singles: Boys & Girls separately

- Junior (White belt to Blue belt) :-

Each participant is required to know Taeguek 1 to Taeguek 4. There will be 1 gold, 1 silver and 2 bronze medals for each category viz. boys and girls. A maximum of 4 players are allowed from a college.

- Senior (Blue-one belt to Black belt) :-

Each participant is required to know Taeguek 1 to Taeguek 8. There will be 1 gold, 1 silver and 2 bronze medals for each category viz. boys and girls. A maximum of 4 players are allowed from a college.

The points for individual positions for I, II, III and IV are 4, 2, 1, 1 respectively.

### 2. Pairs:

A pair will be formed by a boy and a girl. They can be of any belt (white to black). The pair must know Taeguek 1 to Taeguek 5. There will be 1x2 gold, 1x2 silver and 2x2 bronze medals. (No category in this case). A maximum of 3 pairs are allowed from a college.

The points for team positions for I, II, III and IV are 6, 3, 1, 1 respectively.

### 3. Group:

A group is of three participants (Boys and girls separately) of any belt (white to black). The group must know Taeguek 1 to Taeguek 4. There will be 1x3 gold, 1x3 silver and 2x3 bronze medals. A maximum of 2 groups are allowed from a college for each category.

The points for team positions for I, II, III and IV are 8, 4, 2, 2 respectively.

## Sparring (Kyorugi):

The players will fight within their respective weight categories. A maximum of two participants participate in each weight category from a college. Players in single weight category will be grouped randomly. If there is single player in any weight category he/she will be shifted to the next nearest weight category.

The points for individual positions for I, II, III and IV are 5, 3, 2, 1 respectively.

Weight categories	Male(in kg)	Female(in kg)
I	Under 54	Under 49
II	54-58	49-54
III	58-62	54-60
IV	62-69	60-68
V	69-75	68-75
VI	Above 75	Above 75