Udghosh Rule Book

General rules:

- Matches shall be played according to the rules of respective International Federation as adopted from time to time by the All India Federation of the respective sport unless otherwise modified.
- Decision made by Judges/Referee will be final and binding.
- Rules and schedule are subject to change in the spirit of game and due to external factors.
- All participants must be present with their Institute and Udghosh ID cards at the commencement of the match.

Points distribution:

S.No	Events	Points						
		I	II	III	IV			
MEN & MIXED								
1	Athletics	20	12	8	4			
2	Badminton	10	6	4	2			
3	Basketball	10	6	4	2			
4	Carrom	5	3	2	1			
5	Chess	5	3	2	1			
6	Cricket	10	6	4	2			
7	Football	10	6	4	2			
8	Futsal	10	6	4	2			
9	Handball	10	6	4	2			
10	Hockey	10	6	4	2			
11	Kabaddi	10	6	4	2			
12	Kho-kho	10	6	4	2			
13	Lawn Tennis	10	6	4	2			
14	Mr. Udghosh	5	3	2	1			

Powerlifting	10	6	4	2			
Skating	10	6	4	2			
Sports Quiz	5	3	2	1			
Squash	10	6	4	2			
Table Tennis	10	6	4	2			
Taekwondo	10	6	4	2			
Volleyball	10	6	4	2			
Weightlifting	10	6	4	2			
WOMEN							
Athletics	10	6	4	2			
Badminton	10	6	4	2			
Basketball	10	6	4	2			
Football	10	6	4	2			
Handball	10	6	4	2			
Kho-kho	10	6	4	2			
Lawn Tennis	10	6	4	2			
Squash	10	6	4	2			
Swimming	10	6	4	2			
Table Tennis	10	6	4	2			
Volleyball	10	6	4	2			
	Skating Sports Quiz Squash Table Tennis Taekwondo Volleyball Weightlifting Athletics Badminton Basketball Football Handball Kho-kho Lawn Tennis Squash Swimming Table Tennis	Skating 10 Sports Quiz 5 Squash 10 Table Tennis 10 Taekwondo 10 Volleyball 10 Weightlifting 10 Athletics 10 Badminton 10 Basketball 10 Football 10 Handball 10 Kho-kho 10 Lawn Tennis 10 Squash 10 Swimming 10 Table Tennis 10	Skating 10 6 Sports Quiz 5 3 Squash 10 6 Table Tennis 10 6 Taekwondo 10 6 Volleyball 10 6 Weightlifting 10 6 Women Women 6 Badminton 10 6 Basketball 10 6 Football 10 6 Handball 10 6 Kho-kho 10 6 Lawn Tennis 10 6 Squash 10 6 Swimming 10 6 Table Tennis 10 6	Skating 10 6 4 Sports Quiz 5 3 2 Squash 10 6 4 Table Tennis 10 6 4 Taekwondo 10 6 4 Volleyball 10 6 4 Weightlifting 10 6 4 WOMEN Athletics 10 6 4 Badminton 10 6 4 Basketball 10 6 4 Football 10 6 4 Handball 10 6 4 Kho-kho 10 6 4 Lawn Tennis 10 6 4 Squash 10 6 4 Swimming 10 6 4 Table Tennis 10 6 4			