

## Aftercare for Elight IPL+RF/SHR Hair Removal Treatment

### CLIENT SHOULD BE AWARE OF:

- Must understand the hair growth cycle
  - Hairs are not vaporized, nor do they fall out immediately. Hairs will usually fall out within 1-3 weeks from treatment
  - Hairs will appear to grow as they are slowly pushed out of the follicle by the epidermal growth
- Must make the therapist aware of any medical or dermatological conditions and changes during the course of the treatments. Including a change in any medication
- Must not wax, bleach, pluck, or have electrolysis for at least 4 weeks prior to treatment
- Do not use make up or perfumed products on the area until the next day
- No tweezing, plucking or waxing any new hair growth between appointments, you can shave or use Nair up until 2 days before your next appointment
- Clients must understand that hair growth will be visible between treatments, albeit slightly finer
- Treatment repletion can range between 3-12 weeks depending on the body site and growth cycle of the hair
- Must read and sign the consent form prior to treatment

### AFTER CARE TREATMENT:

- Clients must not expose themselves to strong sunlight between treatments. Including any form of Ultra Violet rays (Sun beds)
- If you're going out in the sun use SPF 50 on the area for at least one week following the treatment
- Don't go swimming or use sauna/steam room for 24 hours following treatment
- Don't soak the area in the bath for 24 hours following treatment
- Wait for the minimum of 3 weeks before having the same area lasered again
- Do not tan or use false tan on the treatment area for a minimum of 4 weeks prior to treatment
- If a slight heat reaction occurs apply a cold compress and apply an Aloe Vera gel or antiseptic cream
- Exfoliate 3 times a week this will help the shedding process
- It's recommended that you use moisturiser on the area for the best results