

Aftercare for Facial Electrical Treatment

- Do not put any makeup for at least 24 hours after treatment.
- Do not apply any other product(s) to the skin for at least 24 hours after treatment. Apply soothing lotion only.
- No swimming and exercise for at least 48 hours after the treatment.
- No heat treatment, sun beds or sunbathing for at least 72 hours after the treatment.
- Drink plenty of water.
- Simple, facial exercise should be carried out. These exercises will continue to firm the facial muscles and reinforce the firming effect of the treatment.
- Avoid alcohol and smoking as these will affect the skin. Follow a healthy diet and drink natural, un-carbonated water to help remove toxins from the body.

REENA'S
HAIR AND BEAUTY SALON