

## Lesson014 - Health comes first

- **put out** my cigarette
- **once and foral** | = forever 断然地, 坚决地
- Health comes first. 健康至上
- Health is wealth. Health is above wealth. 健康就是(超过)财富
- miser 守财奴

### 课文

Smoking is bad in that it is harmful to one's health. In spite of the fact that doctors have even warned that it causes cancer, people still keep on smoking.

In some Western countries, however, people are beginning to kick the bad habit. They realize that health should come first. To help them quit smoking, there are laws against cigarette advertising and smoking in public places. This is praiseworthy except that Western countries are now selling cigarettes in the East in greater numbers than ever. That they are doing this is immoral, don't you think?

### 解析

#### Smoking is bad in that it is harmful to one's health.

- **in that** = because 因为 (这里in that是一体, 不然介词后面不能直接用that)

█ Dogs can be dangerous, in that, they can bite.

- **be in good/poor health**

█ Lisa is in good health, because she exercise everyday.

**In spite of the fact that doctors have even warned that it causes cancer, people still keep on smoking.**

- **in spite of** = **despite** + the fact that 从句 (都视为介词, 所以后面要加the fact)
- keep (on)V-ing on 可省略

**|** If you keep studying, you will master English.

**In some Western countries, however, people are beginning to kick the bad habit.**

- **kick** the bad habit of smoking  
= get rid of = rid yourself

**They realize that health should come first.**

- realize 了解意识到 通常用that
  - 实现 (梦想)

**|** Bob realized his dream after graduating from college.

**To help them quit smoking, there are laws against cigarette advertising and smoking in public places.**

- **placed** an advertisement 登广告

**|** Peter placed an advertisement in the newspaper for a helper.

- help sb (to) do 帮某人做...

**This is praiseworthy except that Western countries are now selling cigarettes in the East in greater numbers than**

ever.

- **praiseworthy** 值得称赞的
- **immortal** 不朽的
- except that

He is a nice guy except that he smokes.

- ... **than ever** (before) 比以往 (加不加before均可)

**That they are doing this is immoral, don't you think?**

= Don't you think that it is immoral that they are doing this

- **immoral** 不道德的