

# FLU EXPRESS

*Flu Express* is a weekly report produced by the Respiratory Disease Office of the Centre for Health Protection. It monitors and summarizes the latest local and global influenza activities.

## Local Situation of Influenza Activity (as of Jul 18, 2012)

**Reporting period: Jul 8– 14, 2012 (Week 28)**

- The latest surveillance data showed that the overall influenza activity had been decreasing but was still above the baseline level. The current influenza season is expected to end in the coming weeks.
- The Centre for Health Protection has collaborated with the Hospital Authority and private hospitals to monitor influenza associated intensive care unit (ICU) admissions or deaths (aged 18 years or above) since Jan 13, 2012. As of Jul 18, there were 325 cases of influenza associated ICU admissions or deaths, in which 220 of them were fatal.

### Influenza-like-illness surveillance among sentinel general outpatient clinics, 2010-12

In week 28, the average consultation rate for influenza-like illness (ILI) among sentinel general outpatient clinics (GOPCs) was 3.8 ILI cases per 1,000 consultations (Figure 1).

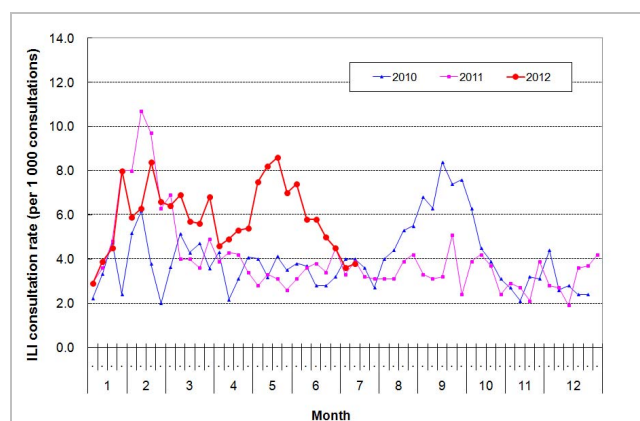


Figure 1 ILI consultation rate at sentinel GOPC, 2010-12

### Influenza-like illness surveillance among sentinel private doctors, 2010-12

In week 28, the average consultation rate for ILI among sentinel private doctors was 40.2 ILI cases per 1,000 consultations (Figure 2).

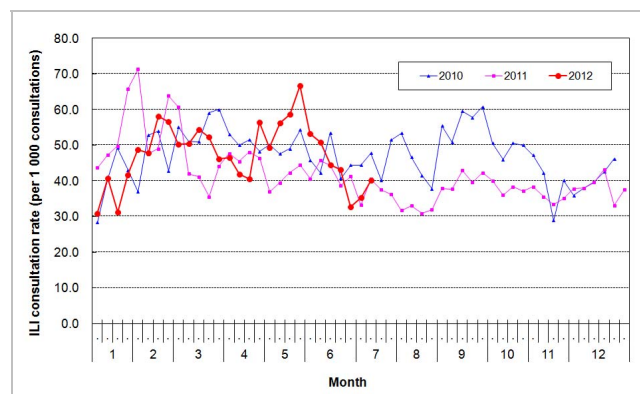


Figure 2 ILI consultation rate at sentinel GP, 2010-12

## Influenza virus detections (Laboratory surveillance), 2011-12

In week 28, the number of influenza viruses detected in the Public Health Laboratory Centre was 185, including 182 influenza A (H3) viruses, 2 influenza A(H1N1)2009 viruses and 1 influenza A virus (Figure 3).

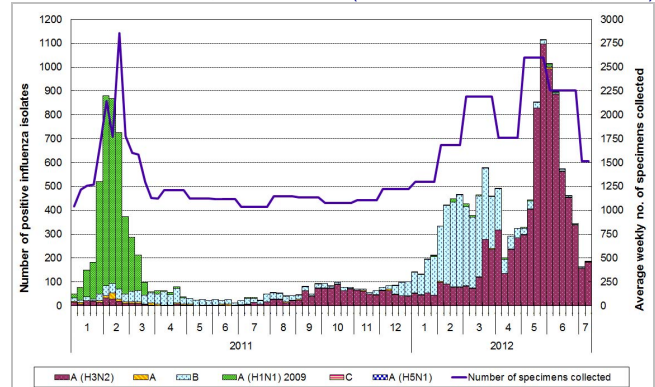


Figure 3 Influenza virus detections, 2011-12

## Influenza-like illness outbreak monitoring, 2011-12

In week 28, 7 ILI outbreaks occurring in schools/institutions were recorded (Figure 4). In the first 4 days of week 29 (Jul 15 to 18, 2012), 3 ILI outbreaks occurring in schools/institutions were recorded.

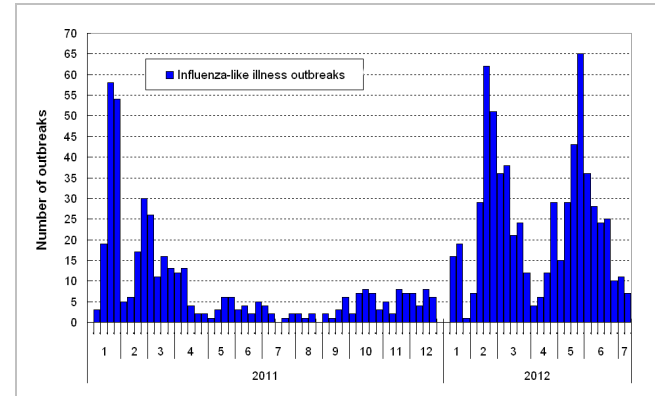


Figure 4 ILI outbreaks, 2011-12

## Rate of influenza-like illness syndrome group in accident and emergency departments, 2010-12<sup>#</sup>

In week 28, the rate of the influenza-like illness syndrome group in the accident and emergency departments was 155.1 (per 1,000 coded cases) (Figure 5).

<sup>#</sup>Note: The influenza-like illness syndrome group includes codes such as influenza, upper respiratory tract infection, fever, cough, throat pain, and pneumonia.

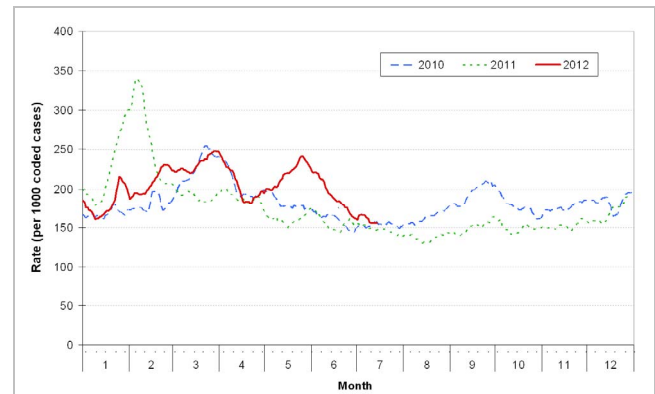


Figure 5 Rate of ILI syndrome group in AED, 2010-12

## Influenza associated hospital admission rates and deaths based on discharge coding, 2010-12

In week 28, hospital admission rates with principal diagnosis of influenza for persons aged 0-4 years, 5-64 years and 65 years or above were 0.31, 0.02 and 0.29 cases respectively (per 10,000 people in the age group) (Figure 6). Weekly number of deaths with any diagnosis of influenza in public hospitals is also shown on the right hand side.

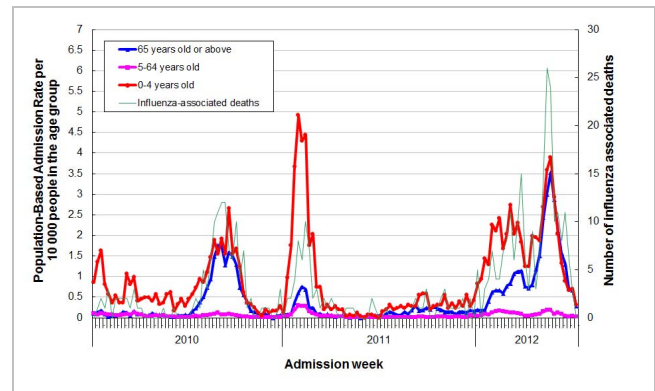


Figure 6 Influenza associated hospital admission rates and deaths, 2010-12

### Fever surveillance at sentinel child care centres/ kindergartens, 2010-12

In week 28, 0.67% of children in the sentinel child care centres/ kindergartens had fever (Figure 7).

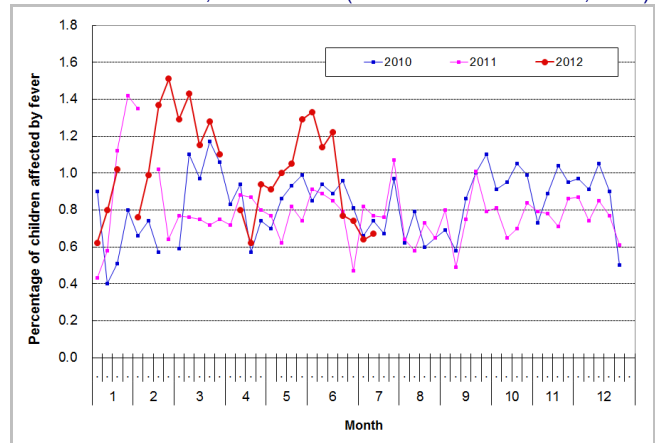


Figure 7 Percentage of children with fever at sentinel CCC/KG, 2010-12

### Fever surveillance at sentinel residential care homes for the elderly, 2010-12

In week 28, 0.14% of residents in the sentinel residential care homes for the elderly had fever (Figure 8).

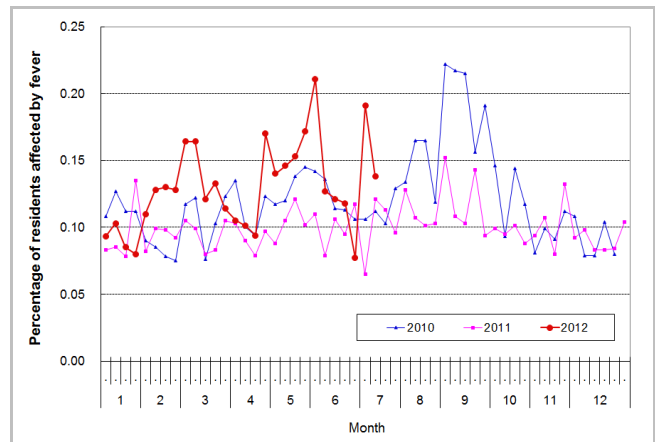


Figure 8 Percentage of residents with fever at sentinel RCHE, 2010-12

### Influenza-like illness surveillance among sentinel Chinese medicine practitioners, 2010-12

In week 28, the average consultation rate for ILI among Chinese medicine practitioners was 1.02 ILI cases per 1,000 consultations (Figure 9).

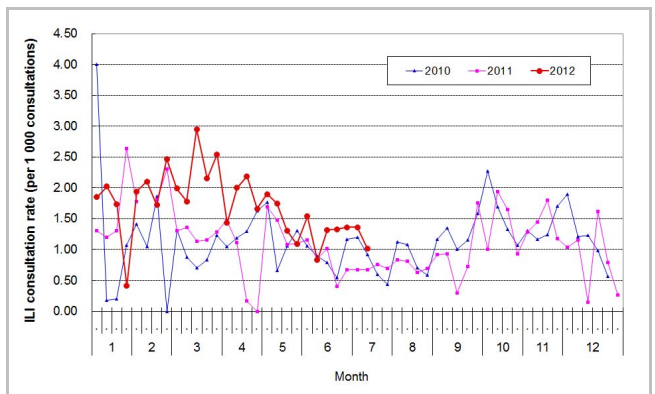


Figure 9 ILI consultation rate at sentinel CMP, 2010-12

### Enhanced Surveillance for Severe Seasonal Influenza (Aged 18 years or above)

- From Jul 11, 2012, 12:00 noon to Jul 18, 2012, 12:00 noon, 6 cases of influenza associated ICU admissions or deaths were recorded, in which 5 of them were fatal.

Note: The data reported are provisional figures and subject to further revision.

## **Surveillance of severe paediatric influenza-associated complication/death (Aged above one month and below 18 years)**

- In week 28 and the first 4 days of week 29 (Jul 15 to 18, 2012), there were no new reports of severe paediatric influenza-associated complication/death.

Note: The data reported are provisional figures and subject to further revision.

## **Surveillance of Tamiflu resistant influenza A(H1N1)2009 virus infection**

- In week 28 and the first 4 days of week 29 (Jul 15 to 18, 2012), there were no new reports of oseltamivir (Tamiflu) resistant influenza A(H1N1)2009 virus infection. There are totally 20 reports of Tamiflu resistant influenza A(H1N1)2009 virus detected in Hong Kong since 2009.

## **Global Situation of Influenza Activity**

- In the United States (week ending Jul 7, 2012), the ILI consultation rate was below its national baseline.
- In the United Kingdom (as of Jul 12, 2012), the ILI consultation rate remained low.
- In Australia (week ending Jun 22, 2012), the ILI activity continued to increase, with the seasonal increase occurring slightly earlier than that in previous years (excluding 2009).
- In New Zealand (week ending Jul 8, 2012), the national consultation rate for ILI was above the baseline for the first time this year.
- In Singapore (week ending Jul 14, 2012), the number of consultations for acute respiratory infections was below the warning level.

### **Sources:**

Information have been extracted from the following sources when updates are available: [United States Centers for Disease Control and Prevention](#), [United Kingdom Health Protection Agency](#), [Australia Department of Health and Ageing](#), [New Zealand Ministry of Health](#) and [Singapore Ministry of Health](#).