

FLU EXPRESS



Flu Express is a weekly report produced by the Respiratory Disease Office of the Centre for Health Protection. It monitors and summarizes the latest local and global influenza activities.

Local Situation of Influenza Activity (as of Jul 24, 2013)

Reporting period: Jul 14 – Jul 20, 2013 (Week 29)

- The latest surveillance data showed that the local influenza activity slightly increased compared with past few weeks.
- Influenza can cause serious illnesses in high-risk individuals and even healthy persons. Except for those with contraindications, influenza vaccination is suitable for all members of the public.

Influenza-like-illness surveillance among sentinel general outpatient clinics, 2011-13

In week 29, the average consultation rate for influenza-like illness (ILI) among sentinel general outpatient clinics (GOPCs) was 4.9 ILI cases per 1,000 consultations (Figure 1).

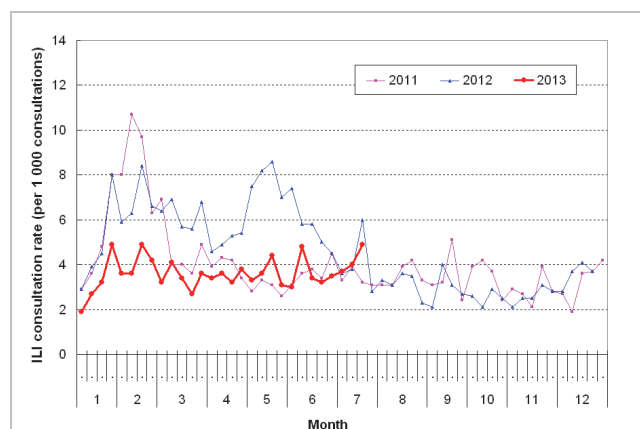


Figure 1 ILI consultation rate at sentinel GOPC, 2011-13

Influenza-like illness surveillance among sentinel private doctors, 2011-13

In week 29, the average consultation rate for ILI among sentinel private doctors was 39.0 ILI cases per 1,000 consultations (Figure 2).

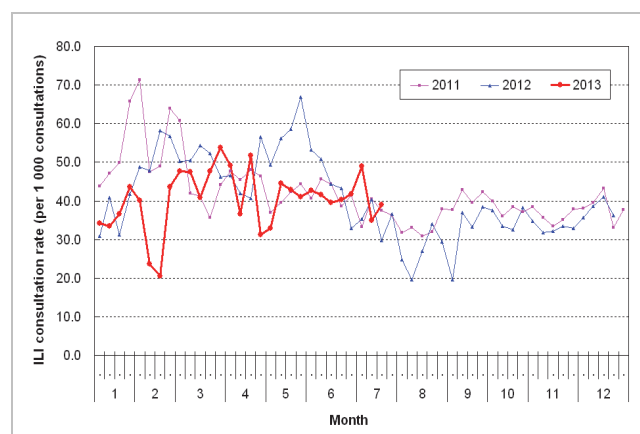


Figure 2 ILI consultation rate at sentinel GP, 2011-13

Influenza virus detections (Laboratory surveillance), 2012-13

In week 29, the number of influenza viruses detected in the Public Health Laboratory Centre was 118, including 31 influenza A (H1N1)2009 viruses, 82 influenza A (H3) viruses and 5 influenza B viruses (Figure 3).

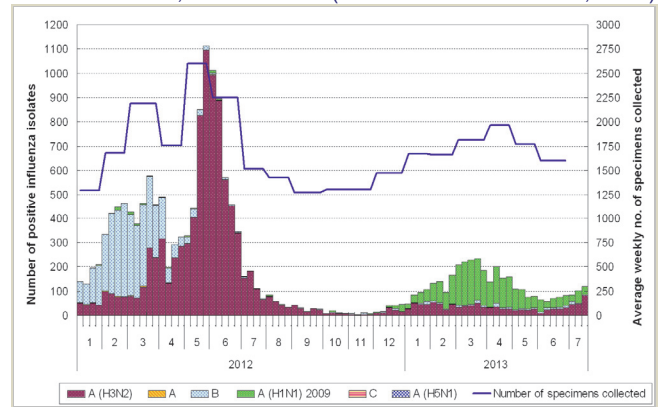


Figure 3 Influenza virus detections, 2012-13

Influenza-like illness outbreak monitoring, 2012-13

In week 29, 6 ILI outbreaks occurring in schools/institutions were recorded (Figure 4). In the first 4 days of week 30 (Jul 21 to Jul 24, 2013), 2 ILI outbreaks occurring in schools/institutions were recorded.

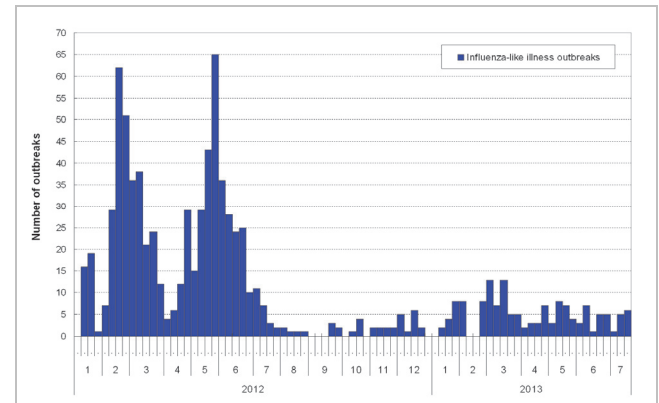


Figure 4 ILI outbreaks, 2012-13

Rate of influenza-like illness syndrome group in accident and emergency departments, 2011-13[#]

In week 29, the rate of the influenza-like illness syndrome group in the accident and emergency departments (AED) was 147.5 (per 1,000 coded cases) (Figure 5).

[#]Note: The influenza-like illness syndrome group includes codes such as influenza, upper respiratory tract infection, fever, cough, throat pain, and pneumonia.

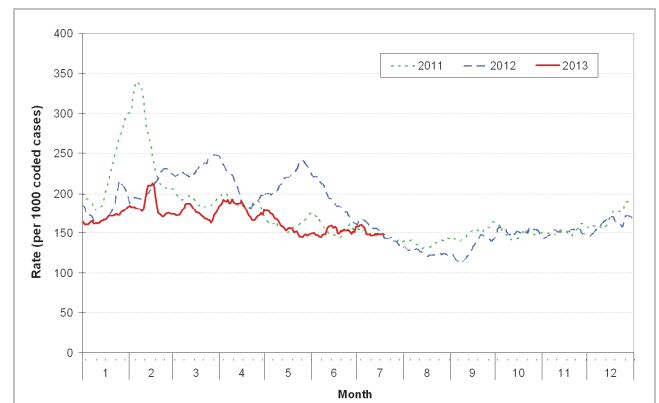


Figure 5 Rate of ILI syndrome group in AED, 2011-13

Influenza associated hospital admission rates and deaths based on discharge coding, 2011-13

In week 29, hospital admission rates with principal diagnosis of influenza for persons aged 0-4 years, 5-64 years and 65 years or above were 0.62, 0.02 and 0.19 cases respectively (per 10,000 people in the age group) (Figure 6). Weekly number of deaths with any diagnosis of influenza in public hospitals is also shown in the figure on the right hand side.

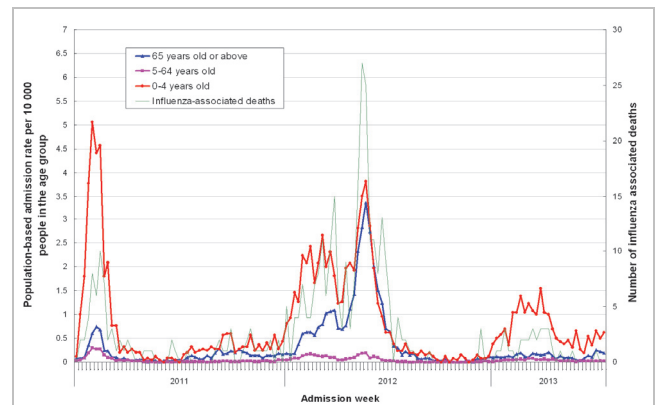


Figure 6 Influenza associated hospital admission rates and deaths, 2011-13

Fever surveillance at sentinel child care centres/ kindergartens, 2011-13

In week 29, 1.05% of children in the sentinel child care centres / kindergartens (CCC/ KG) had fever (Figure 7).

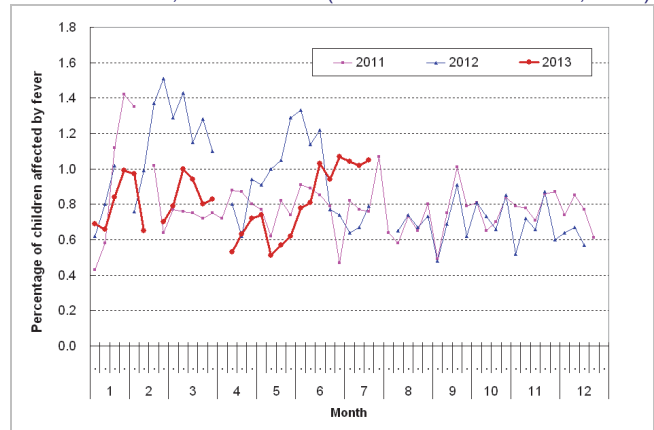


Figure 7 Percentage of children with fever at sentinel CCC/ KG, 2011-13

Fever surveillance at sentinel residential care homes for the elderly, 2011-13

In week 29, 0.11% of residents in the sentinel residential care homes for the elderly (RCHEs) had fever (Figure 8).

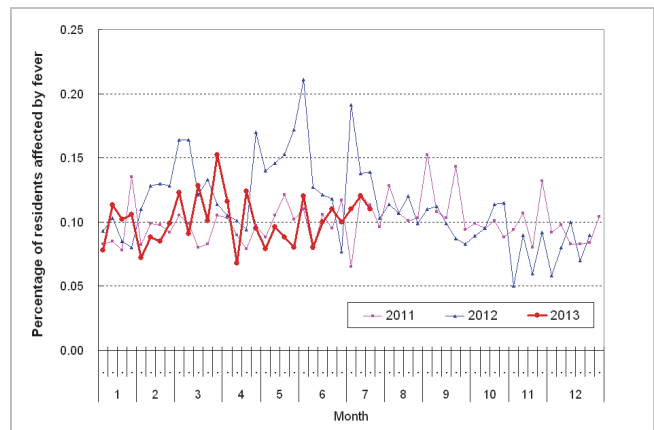


Figure 8 Percentage of residents with fever at sentinel RCHE, 2011-13

Influenza-like illness surveillance among sentinel Chinese medicine practitioners, 2011-13

In week 29, the average consultation rate for ILI among Chinese medicine practitioners (CMPs) was 1.90 ILI cases per 1,000 consultations (Figure 9).

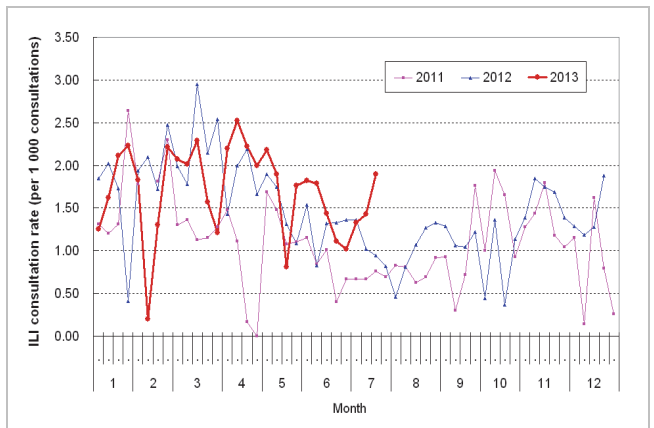


Figure 9 ILI consultation rate at sentinel CMP, 2011-13

Surveillance of severe paediatric influenza-associated complication/death (Aged above one month and below 18 years)

- In week 29, there were no new reports of severe paediatric influenza-associated complication/death. In the first 4 days of week 30 (Jul 21 to 24, 2013), one suspected case of severe paediatric influenza-associated complication/death involving a 1-year-old boy. He had developed suspected myocarditis and passed away. Preliminary specimen tests yielded negative results for influenza virus. Further laboratory test results are pending.

Note: The data reported are provisional figures and subject to further revision.

Surveillance of Tamiflu resistant influenza A(H1N1)2009 virus infection

- In week 29 and the first 4 days of week 30 (Jul 21 to 24, 2013), there were no new reports of oseltamivir (Tamiflu) resistant influenza A(H1N1)2009 virus infection. There are totally 32 reports of Tamiflu resistant influenza A(H1N1)2009 virus detected in Hong Kong since 2009.

Global Situation of Influenza Activity

- In the United States (week ending Jul 13, 2013), the influenza activity remained low.
- In Canada (week ending Jul 13, 2013), the influenza activity remained low.
- In the United Kingdom (week ending Jul 14, 2013), the ILI consultation rate remained low.
- In Europe (week ending Jul 14, 2013), the ILI consultation rate were at low levels in all countries in the Region.
- In New Zealand (week ending Jul 14, 2013), the ILI consultation rate was below the baseline.
- In Australia (week ending Jul 5, 2013), the influenza activity has started to increase.
- In Singapore (week ending Jul 20, 2013), the number of consultations for acute respiratory infections was below the warning level.

Sources:

Information have been extracted from the following sources when updates are available: [United States Centers for Disease Control and Prevention](#), [Public Health Agency of Canada](#), [Public Health England](#), [World Health Organization/Europe Euroflu](#), [New Zealand Ministry of Health](#), [Australia Department of Health and Ageing](#) and [Singapore Ministry of Health](#).