

**HOW TO LEARN - TEST****True/False Questions**

Are the following statements true (T) or false (F)?

1. When studying new material, it is extremely helpful to get a rapid bird's-eye view of the whole by "skimming."	
2. We never use more than sixty per cent of the brainpower of which we are capable.	
3. You cannot absorb and remember what you never knew in the first place.	
4. A learning goal will keep your mind in focus	
5. It is possible to improve your potential ability to learn up to the limits of your potential.	
6. Elderly people are poor students.	
7. Information learned through rote is retained much longer.	
8. There is only one way to keep pace with the changes going on all around us. That is to learn as much as you can about their why's, where's, when's, who's, and how's.	
9. Intend to learn is the first step toward learning anything.	
10. Learning is a skill	
11. "Forgettery" makes a distinction between what ought to be retained and what ought to be dismissed.	
12. Fear of the unknown is a major obstacle in the path of progress.	
13. "Mental set" means bending of one's energies toward a given end.	
14. Fifty per cent of everything we know is learned through the printed word.	
15. In the paraphrase, you preserve the gist of the original but none of its form or phrasing.	
16. Mastery of a general principle is one of the basic keys to learning.	
17. That which is associated with the self is remembered shortest.	
18. Visual aids compress a vast amount of information in a relatively small space.	
19. A brief of what you read should be kept down to exactly one-quarter the length of the original.	
20. By interrupting your learning from time to time, you literally give the information you have acquired an opportunity to "sink in."	