



Disclaimer to accompany the published FSA's Standard Recipes Database (SRD)

The information contained in this database has been produced primarily for dietary exposure purposes. The aim is to break down the consumption of foods recorded in UK national diet and nutrition surveys (NDNS), since 1992, into consumption of their ingredients. The dataset includes 8397 recipes produced in 2015.

The guidance notes describe the methodology applied in the study and a project report. The protocol developed for this project included derivation of standardised recipes that are not recipes meant for practical cooking. Recipes have been produced using a consistent approach and a documented methodology to ensure transparency. Users should note that ingredients (and their proportions) for individual foods may vary from the standardised recipes. The SRD contains standardised recipes based on the composition of foods available at the time the project was undertaken. The diversity and formulation of food products in the UK food market changes continuously, therefore standard recipes will be reviewed periodically and updated with up-to-date food composition (e.g. lard in old recipes was replaced with more commonly consumed fats).

The SRD will be updated periodically. Recipes for foods consumed in subsequent years of the NDNS, as new foods become available, will be added to the Recipes database.

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