

Tour of Norway & Sweden



STAGE START

1	Trengerheid	120km	Mtn
2	Ulvik	143km	Flat
3	Myrdal	136km	Hilly
4	Gol	153km	Mtn
5	Tretten	179km	Flat
6	Tolga	188km	Flat
7	Trondheim	162km	Hilly
REST	Namdalseid, bus to	Namsos	
8	Namsos	157km	Mtn
9	Gäddede	134km	Mtn
10	Strömsund	144km	Flat
11	Brunflo	136km	Mtn
12	Sanfjället	154km	Flat
13	Kvarnberg	126km	Mtn
14	Malung	151km	Mtn
REST	Sunne		

STAGE	START	Km	
15	Sunne	112km	Mtn
16	Tocksforss	169km	Hilly
17	Hokksund	188km	Flat
18	Sondeled	143km	Hilly
19	Søgne	154km	Flat
20	Valle	154km	Flat
FINISH	Stavanger		

Total Kilometers cycled: 3,003km

Norwegian Sea

Sweden
Norfolk

Stockholm

Baltic Sea

Copenhagen

Map by Henry Lebard - March '19

