

## Heidi Mailahn

Minneapolis, MN | Phone: 402-206-9200 | Email: [mailahnheidi@gmail.com](mailto:mailahnheidi@gmail.com)

Github: <https://github.com/hmailahn> | Portfolio: <https://hmailahn.github.io/react-portfolio/> |

LinkedIn: <https://www.linkedin.com/in/heidi-mailahn-15005a136/>

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### Summary

Personable and driven full stack web developer with a background in wellness and a full stack certificate from the University of Minnesota Coding Bootcamp. Experience and skills in Node.js, Express.js, Handlebars, SQL, JavaScript, CSS, HTML, and React to develop meaningful server-side applications. Am able to collaborate and work with a team while solving problems in high-stress environments and well as independently. An articulate individual who enjoys connecting with co-workers and is passionate about building applications that assist people to make their lives easier. Looking to bring attention to detail and technical skills to a company to grow and become a valuable asset.

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### Technical Skills

Front-end Proficiencies: HTML, CSS, JavaScript, Responsive Web Design, Git, AJAX, jQuery, Bootstrap, React

Back-end Proficiencies: JavaScript, Express.js, Node.js, MySQL, MongoDB, OOP, TDD, PWA, Redux, Handlebars

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### Projects

**Weekly Witty Writing Prompts** | <https://github.com/hmailahn/weekly-witty-writing-prompt> | <https://weekly-witty-writing-prompts.herokuapp.com/>

- Weekly Witty Writing Prompts is an application where users are presented with a weekly writing prompt and write stories based off that prompt or interact with other user stories
  - My responsibilities in the project were setting up the react pages, creating the front end queries, pulling the story list data into react, and styling the project.
  - Technologies used: Node.js, Express.js, MongoDB, Mongoose, Heroku, React, Git, Bootstrap, JWT, Apollo Server/Client, GraphQL, Stripe
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### Work Experience

**HealthSource Solutions** | 01/2020 - Present | Shakopee, MN

#### Wellbeing Specialist

- Curated, designed and executed virtual wellness programs for employees to enhance their well-being
- Organized and instructed group fitness classes and meditations in person and over a virtual platform
- Researched and wrote wellness articles for employee newsletter

**Iowa Air National Guard** | 12/2012 - 10/2020 | Sioux City, IA

#### SSgt Administrative Assistant

- Created documents such as correspondence, drafts, memos and emails along with managerial office duties
- Use of Air Force systems to process orders, travel, awards and decorations to fellow airmen
- Managed the Unit's history program via bi-annual report

**Profile by Sanford** | 11/2018 - 01/2020 | Eagan, MN

#### Health Coach

- Met one-on-one with members to help reach nutrition, activity, and lifestyle goals
- Guided and educated members on nutrition and activity through a wellness program

- Managed social media marketing

**Optum - Robert Half** | 01/2018 - 10/2018 | Eden Prairie, MN

**Provider Query Project Coordinator**

- Contacted provider offices
- Obtained fax numbers to send paperwork for medical clarification on patient charts

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**Education**

**Full Stack Web Developer Certificate** | University of Minnesota, Minneapolis, MN | May 2022

A 24-week intensive program focused on gaining technical skills in HTML5, CSS3, JavaScript, jQuery, Bootstrap, Handlebars.js, Node.js, MySQL, MongoDB, Express.js, GraphQL, and React.js

**Bachelor of Science in Kinesiology and Health** | Iowa State University, Ames, IA | May 2018