Heidi Mailahn

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Github: https://pithub.com/hmailahn | Portfolio: https://hmailahn.github.io/react-portfolio/ |

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Summary

Personable and driven full stack web developer with a background in wellness and a full stack certificate from the University of Minnesota Coding Bootcamp. Experience and skills in Node.js, Express.js, Handlebars, SQL, JavaScript, CSS, HTML, and React to develop meaningful server-side applications. Am able to collaborate and work with a team while solving problems in high-stress environments and well as independently. An articulate individual who enjoys connecting with co-workers and is passionate about building applications that assist people to make their lives easier. Looking to bring attention to detail and technical skills to a company to grow and become a valuable asset.

Technical Skills

Front-end Proficiencies: HTML, CSS, JavaScript, Responsive Web Design, Git, AJAX, jQuery, BootStrap, Handlebars, React

Back-end Proficiencies: JavaScript, Express.js, Node.js, mySQL, MongoDB, OOP, TDD, PWA, Redux

Projects

Weekly Witty Writing Prompts | https://weekly-witty-writing-prompt | https://weekly-witty-writing-prompts.herokuapp.com/

- Weekly Witty Writing Prompts is an application where users are presented with a weekly writing prompt and write stories based off that prompt or interact with other user stories
- My responsibilities in the project were setting up the react pages, creating the front end queries, pulling the story list data into react, and styling the project.
- Technologies used: Node.js, Express.js, MongoDB, Mongoose, Heroku, React, Git, Bootstrap, JWT, Apollo Server/Client, Graphql, Stripe

Work Experience

HealthSource Solutions | 01/2020 - Present | Shakopee, MN **Wellbeing Specialist**

- Curated, designed and executed virtual wellness programs for employees to enhance their well-being
- Organized and instructed group fitness classes and meditations in person and over a virtual platform
- Researched and wrote wellness articles for employee newsletter

Iowa Air National Guard | 12/2012 - 10/2020 | Sioux City, IA

SSgt Administrative Assistant

- Created documents such as correspondence, drafts, memos and emails along with managerial
 office duties
- Use of Air Force systems to process orders, travel, awards and decorations to fellow airmen
- Managed the Unit's history program via bi-annual report

Profile by Sanford | 11/2018 - 01/2020 | Eagan, MN

Health Coach

- Met one-on-one with members to help reach nutrition, activity, and lifestyle goals
- Guided and educated members on nutrition and activity through a wellness program
- Managed social media marketing

Optum - Robert Half | 01/2018 - 10/2018 | Eden Prairie, MN **Provider Query Project Coordinator**

- Contacted provider offices
- Obtained fax numbers to send paperwork for medical clarification on patient charts

Education

Full Stack Web Developer Certificate | University of Minnesota, Minneapolis, MN | May 2022 A 24-week intensive program focused on gaining technical skills in HTML5, CSS3, JavaScript, jQuery, Bootstrap, Handlebars.js, Node.js, mySQL, MongoDB, Express.js, Graphql, and React.js

Bachelor of Science in Kinesiology and Health | Iowa State University, Ames, IA | May 2018