



Calories From Food Images

The Capstone Plan



Overview & Problem Statement

- Nutrition is crucial for mental and physical health
- Counting calories and tracking nutrients can be complicated
- Highly individual

“ There is great opportunity for a machine learning model to provide calorie estimations of foods from images. ”



Project Vision

01. Preprocess Data & Augment Images
02. Modify a pre-trained CNN model (MobileNet/Inception)
03. Classify item & segment thumb to estimate calories
04. Deploy a simple website



Impact

Poor Nutrition Increases Risk of:

- Type II diabetes, Heart disease, Stroke & Cancer

Optimal Nutrition Increases:

- Ability to achieve fitness goals, mental & physical health

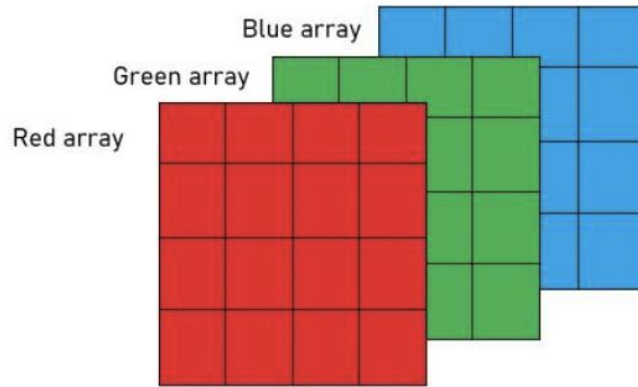
Potential Users:

- Vegans, athletes, over/underweight, education & sustainability

Dataset

How do you represent a JPEG file so that you can feed it into a CNN model?

NumPy Arrays





Dataset

17 Unique food classes

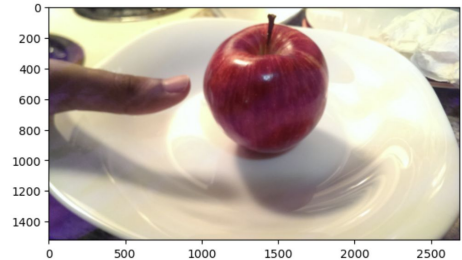
3 Mixed food classes

3828 JPEG files

All loaded into a single dictionary as NumPy arrays

```
# Check a random image from the dataset
rand_img = "/Users/harrymckinney/Desktop/Capstone/Food00/Apple/1-Samsung-S4-Light Environment/1 (61).jpg"
img_arr = np.asarray(Image.open(rand_img))
plt.imshow(img_arr)
```

<matplotlib.image.AxesImage at 0x7f864bf86fb0>

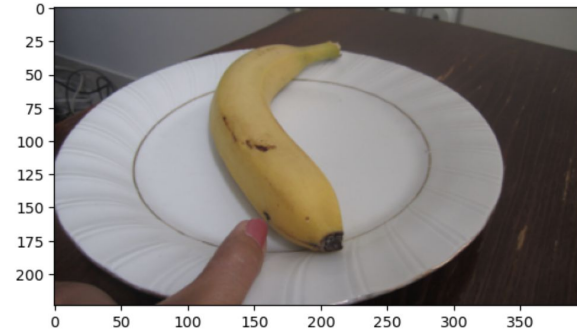


img_arr.shape

(1520, 2688, 3)

```
#Check a random image from the loaded dataset
inspect_img = food_imgs["Banana"][13]
plt.imshow(inspect_img)
```

<matplotlib.image.AxesImage at 0x7fa6041ea350>



inspect_img.shape

(224, 397, 3)



Next Steps (where things get spicy...)

01. Preprocess Images & Augment

02. Tensorflow & Transfer Learning

03. Remove top layers, add specific, freeze layers

04. Train, Evaluate & Iterate

Questions?

