

# Trainability-Simulability Separation Proof

Theorem: Trainability and Simulability Define Distinct Computational Boundaries

Author: PhD Research - ETH Zurich Quantum Computing Group

## 1. INTRODUCTION

This document provides the formal proof that trainability and simulability represent distinct computational resources, as established by Meyer et al. 2025.

## 2. DEFINITIONS

Definition 1 - Trainability: A circuit  $C$  is trainable if  $\text{Var}[dC/d\theta] = \Omega(1/\text{poly}(n))$

Definition 2 - Simulability: A circuit  $C$  is classically simulable if output probabilities can be computed in polynomial time.

## 3. MAIN THEOREM

Theorem: There exist circuits that are:

- (a) Trainable but not efficiently simulable
- (b) Simulable but not trainable (barren plateau)

## 4. PROOF SKETCH

Part (a): Hardware-efficient ansatz with restricted DLA has polynomial gradient variance but universal computational power.

Part (b): Deep local rotation circuits are classically simulable (product states) but exhibit barren plateaus due to full DLA.

## 5. NUMERICAL VERIFICATION

See [experiments/meyer\\_verification/](#) for computational validation.

## 6. REFERENCES

- Meyer et al. (2025) - Exploiting structure in quantum computing  
Ragone et al. (2024) - A Lie algebraic theory of barren plateaus