1. Study Links Binge-Watching TV To Depression

# 2. California May Raise Smoking Age From 18 To 21

# 3. Study Links Negative Tweets To More Heart Disease

4. Americans Expected To Spend $703 Million On Pets For Valentine’s Day

# 5. Study: Dog Movies Spur Adoption For Up To 10 Years

1.

Study Links Binge-Watching TV To Depression

A new study has found that people who binge-watch three or more TV shows at a time are more likely to be lonely and depressed, leading researchers to conclude that the practice “should no longer be viewed as a ‘harmless’ addictive behavior.” What do *you* think?

“Were those people already lonely? We should be careful before we point the finger at TV.”

“Sorry, but I don’t really see the correlation between having 12 to 18 hours of free time on a weekend and loneliness.”

“If this is some kind of ploy to get me to read, it’s not going to work.”

# 2.

# California May Raise Smoking Age From 18 To 21

In an effort to keep cigarettes out of the hands of teenagers, California legislators have proposed a bill that would raise the state’s minimum smoking age from 18 to 21. What do *you* think?

“Teenagers are just going to have to find a new way to fit in with people standing around in a circle.”

“Hopefully California’s 18-year-old smokers will vote these clowns out of office.”

“Hey, I’m 31, and I’m worth caring for too.”

# 3.

# Study Links Negative Tweets To More Heart Disease

According to a new study, tweets that convey negative emotions such as hate, hostility, or boredom correlate to higher rates of heart disease-related deaths in the surrounding community. What do *you* think?

“Well, then it’s a good thing that the vast majority of tweets are so positive and uplifting.”

“But how else am I supposed to deal with my emotions other than throwing them carelessly into a void?”

“Even if they do slowly kill everyone around you, it’s still kind of nice knowing that what you say on Twitter actually affects stuff.”

# 4.

# Americans Expected To Spend $703 Million On Pets For Valentine’s Day

According to the National Retail Federation, Americans are expected to spend a collective $703 million on gifts for their pets this Valentine’s Day such as treats, heart-shaped toys, and more. What do *you* think?

“The problem is that every year my tropical fish and I say we’re not doing the whole gift-giving thing.”

“I’ll probably put it off until the 14th and just grab flowers and a smoked pig ear on my way home from work.”

“They can tell if you skimp.”

# 5.

# Study: Dog Movies Spur Adoption For Up To 10 Years

A study has found that popular dog movies can boost adoption of featured breeds for up to 10 years after their release, though in previous cases, many families have quickly returned dogs they were not prepared to own. What do *you* think?

“It’s surprising that the kinds of people impulsively adopting dogs because of movies sometimes turn out to be irresponsible pet owners.”

“If only the film industry had portrayed both the joys and the sorrows of owning a shaggy dog.”

“I’m kind of tired of hearing about what suckers we all are.”