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## REFLECTION 1

**Lesson 1: Basic Concepts and Principles of Assessment** 

## 1. What is your significant takeaway?

My biggest takeaway is that assessment isn't just about grading or testing, it's actually a continuous process that should guide both teaching and learning. I used to think assessment was just the final exam or quiz at the end of a unit, but now I understand it's much more comprehensive. The distinction between formative and summative assessment really clicked for me. Formative assessment is like getting feedback while you're still learning and can make adjustments, while summative assessment evaluates what you've already learned.

## 2. How can you apply it?

I can definitely apply this in my future teaching career. Instead of just thinking about end-of-unit tests, I want to build in regular check-ins and formative assessments like exit tickets, peer discussions, or quick reflection activities. This way, I can adjust my teaching if students aren't getting something, rather than finding out too late.

Even as a student right now, I'm starting to see my own learning differently. I'm paying more attention to practice quizzes and self-assessments as learning tools, not just grade boosters. I'm also more aware of asking for feedback from professors during office hours instead of waiting for graded assignments.

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