



Demographics

- 1: Gender
- 21: Number of Household Members
- 22: Housing Category
- 23: Age
- 24: Race
- 25: Marital Status
- 26: Highest Education
- 27: Occupational Status
- 28: Relationship to Household Head
- 29: Residency Status
- 34: Number of Instrumental Activities of Daily Living Hindered
- 35: Number of Chronic Illnesses
- 40: Overall Walsh Family Resilience Questionnaire

Heart-Rate Variability Indices

- 30: Average Heart-Rate
- 31: LF/HF Ratio
- 32: HRV_RMSSD
- 33: HRV_SDNN

Time Use Diary

- 2: Travelling
- 3: Sports
- 4: Education
- 5: Work
- 6: Caring for Household Members
- 7: Caring for Non-Household Members
- 8: Household Activities
- 9: Eating
- 10: Sleeping
- 11: Grooming
- 12: Socialising, Relaxation, and Leisure
- 13: Religious Activities
- 14: Professional and Personal Care Services
- 15: Consumer Purchases
- 16: Telephone Calls
- 17: Sick Rest
- 18: Health-Related Selfcare
- 19: Volunteer Activities
- 20: Household Services
- 41: Weekday/Weekend

WHOQOL

- 36: WHO_Physical
- 37: WHO_Psychological
- 38: WHO_Social
- 39: WHO_Environmental