

Here is the command used for updating in MongoDB and its result:

```
> db.newbooks.find()
{ "_id" : ObjectId("5f8786601388641506f2522e"), "isbn" : "999-888", "book" : "The secret river", "author" : "Kate Grenville" }
{ "_id" : ObjectId("5f8786601388641506f2522f"), "isbn" : "777-222", "book" : "Fooled by randomness", "author" : "Nassim Taleb" }
{ "_id" : ObjectId("5f8786601388641506f25230"), "isbn" : "999-888", "reviewer" : "Hua Tang", "score" : 7 }
{ "_id" : ObjectId("5f8786601388641506f25231"), "isbn" : "999-888", "reviewer" : "Jim Wong", "score" : 8 }
{ "_id" : ObjectId("5f8786601388641506f25232"), "isbn" : "999-888", "reviewer" : "Andrea Bauer", "score" : 6 }
{ "_id" : ObjectId("5f8786601388641506f25233"), "isbn" : "777-222", "reviewer" : "Simon Jones", "score" : 5 }
{ "_id" : ObjectId("5f8786601388641506f25234"), "isbn" : "777-222", "reviewer" : "John Messum", "score" : 10 }
> db.newbooks.updateOne({"isbn": "999-888", "author": "Kate Grenville"}, {$set:{"author": "Simon Collins"}})
{ "acknowledged" : true, "matchedCount" : 1, "modifiedCount" : 1 }
> db.newbooks.find()
{ "_id" : ObjectId("5f8786601388641506f2522e"), "isbn" : "999-888", "book" : "The secret river", "author" : "Simon Collins" }
{ "_id" : ObjectId("5f8786601388641506f2522f"), "isbn" : "777-222", "book" : "Fooled by randomness", "author" : "Nassim Taleb" }
{ "_id" : ObjectId("5f8786601388641506f25230"), "isbn" : "999-888", "reviewer" : "Hua Tang", "score" : 7 }
{ "_id" : ObjectId("5f8786601388641506f25231"), "isbn" : "999-888", "reviewer" : "Jim Wong", "score" : 8 }
{ "_id" : ObjectId("5f8786601388641506f25232"), "isbn" : "999-888", "reviewer" : "Andrea Bauer", "score" : 6 }
{ "_id" : ObjectId("5f8786601388641506f25233"), "isbn" : "777-222", "reviewer" : "Simon Jones", "score" : 5 }
{ "_id" : ObjectId("5f8786601388641506f25234"), "isbn" : "777-222", "reviewer" : "John Messum", "score" : 10 }
>
```

As for upsert, it's a combination of update/insert, which means: If there is any document matches the criteria, then it is updated; but if there is not, a new document would be created. That would happen when upsert is set to true.