It is necessary for typing XQuery commands below:

for $o in doc("query.xml")//james_book/book

where $o/time ="After July 2016" or $o/time = "After reading JSON in 24 hours"

return

<list>

<name>{$o/name/text()}</name>

<author>{$o/author/text()}</author>

</list>

Here is the result: