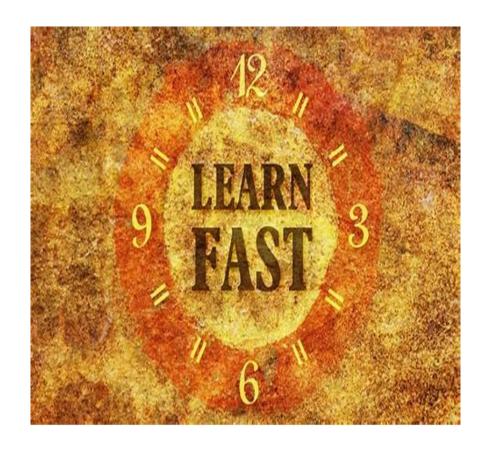


JOURNEY TO YOUR BEST PROGRAM

Topic 2. Learning how to learn and learn fast?

Agenda

- What's learn fast
- ► The 80/20 Rule (Pareto Principle)
- How to learn fast
- Embracing Technology for Learning
- Conclusion



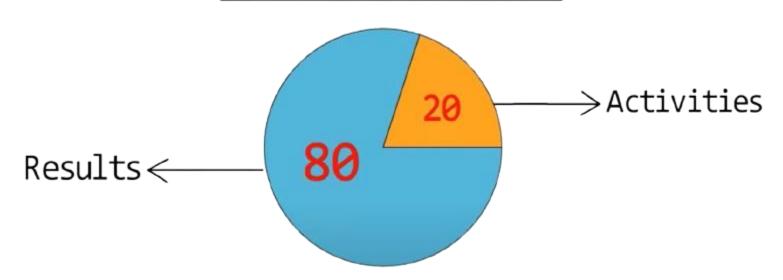
What's learn fast





The 80/20 Rule (Pareto Principle)

Pareto principle



How to learn fast





- Sacrifice and spend more time
- You must practice the knowledge you have learned to grasp it thoroughly





- Reinforce knowledge
- Enhance memorization skills





Take notes by hand

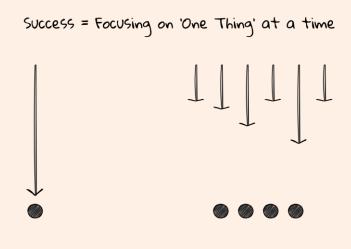
- Improve listening skills
- Better recognize important concepts





One thing at a time

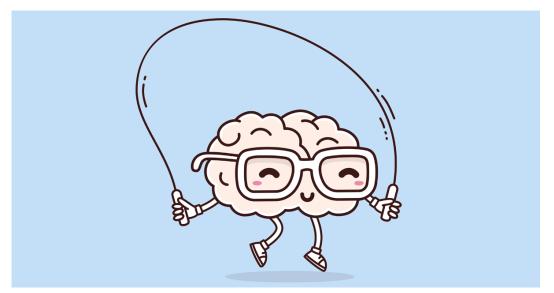
- Learn faster and be more thorough
- Additional motivation
- Feeling of accomplishment





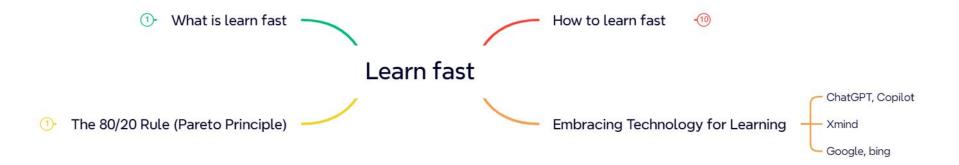
Make break. Refresh your brain

- Reduce stress and pressure
- Stimulate creativity
- Enhance problem-solving skills





Embracing Technology for Learning





THANKS!