



# JOURNEY TO YOUR **BEST** PROGRAM

## Topic 4.

# What is smart question? How to apply it on your daily basic/work

### Agenda

- ▶ What's Smart question
- ▶ When to use Smart questions
- ▶ Why are Smart questions important
- ▶ Crafting Smart questions
- ▶ How to apply Smart questions
- ▶ Benefits of Smart question
- ▶ Example



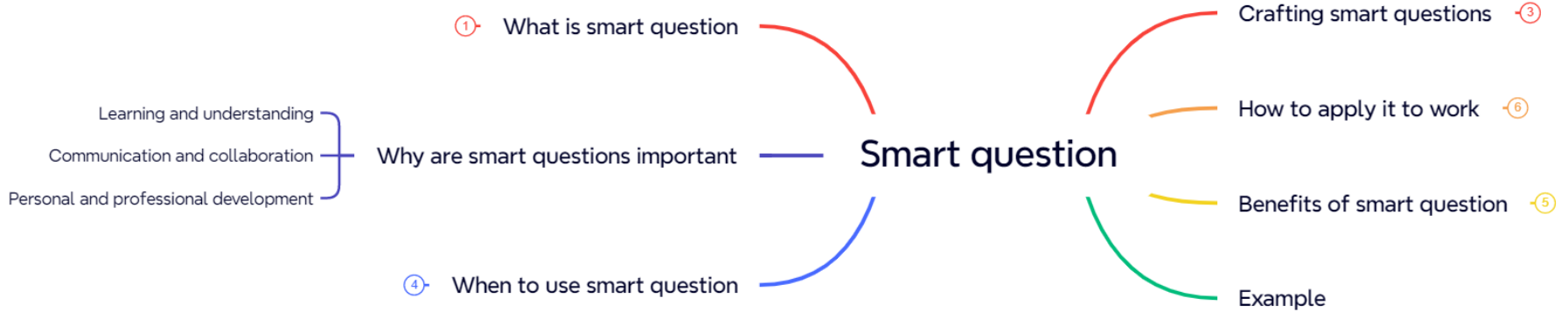


## What is Smart question?

**Smart question** is one that is well-thought-out, specific, and targeted toward gaining a deeper understanding or eliciting valuable information.

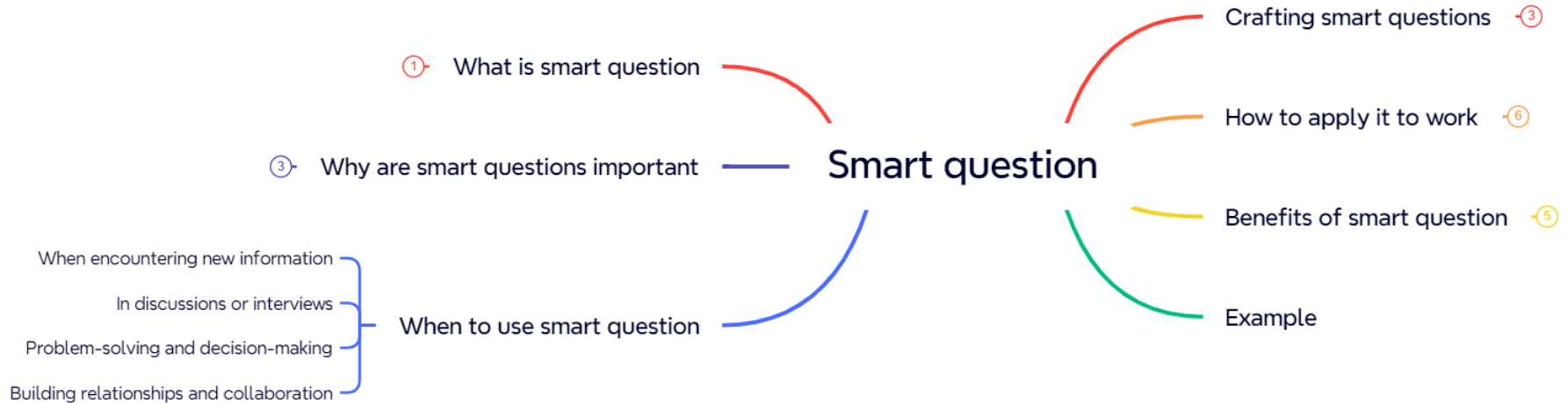


# Why are smart questions important?



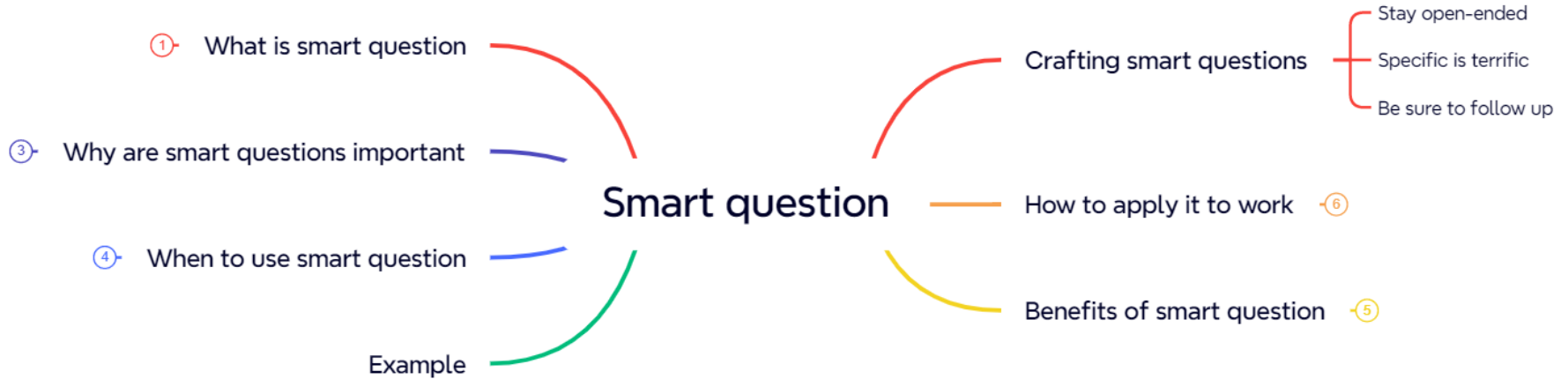


# When to use Smart questions



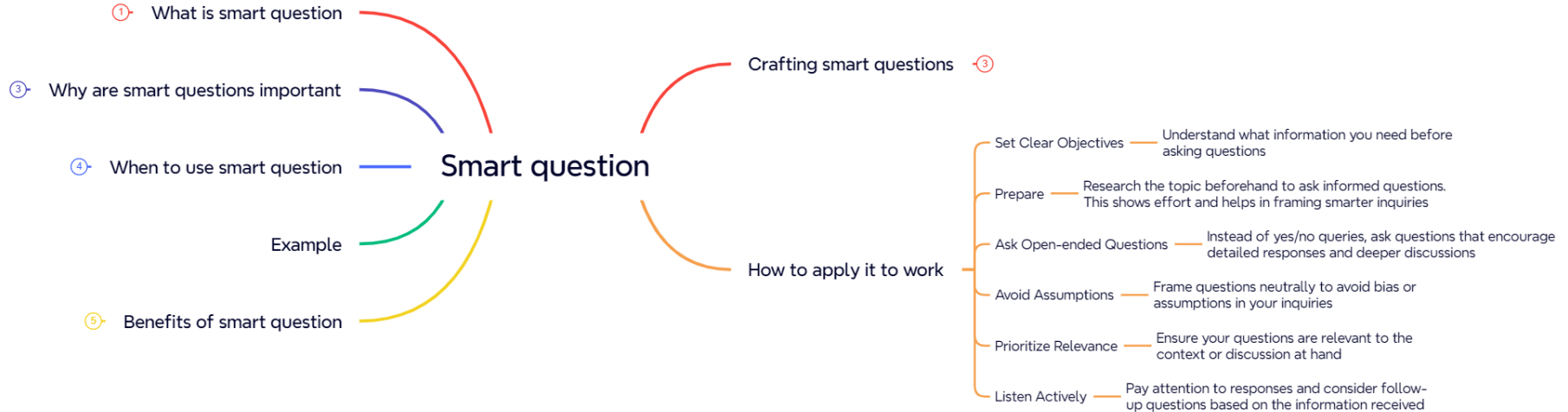


# Crafting Smart questions



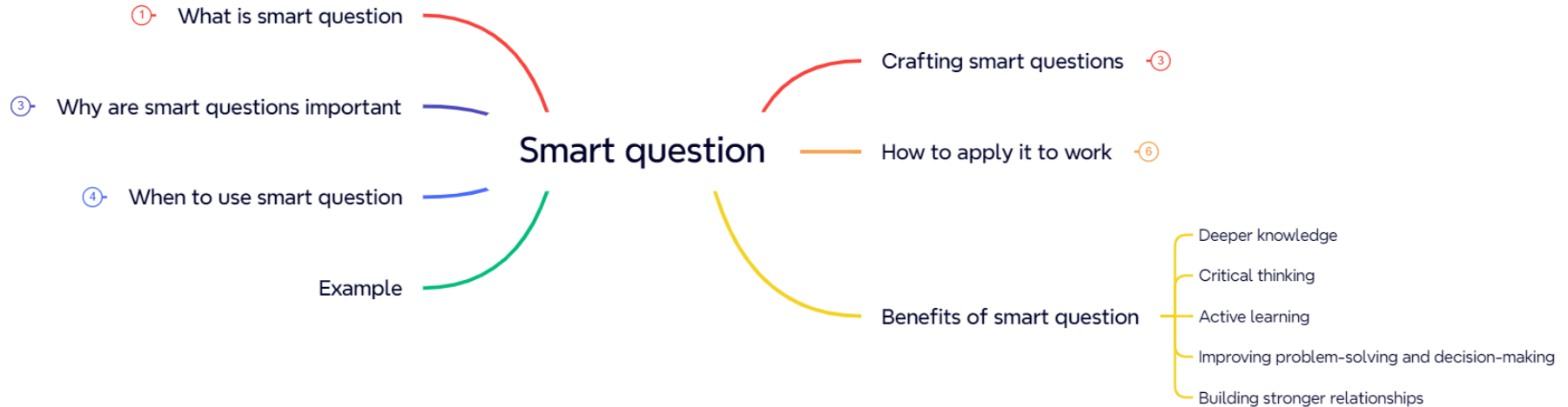


# How to apply it on your daily basic/work?





# Benefits of Smart question







## Example

Learning and Understanding:

- During a lecture: "Could you elaborate on how this concept applies to real-world examples?"
- When reading a book: "What are the underlying assumptions the author is making, and how do they influence their conclusions?"

Problem-solving and Decision-Making:

Facing a challenge: "What are the root causes of this problem, and how can we address them systematically?"



## Conclusion

S	M	A	R	T
				
SPECIFIC	MEASURABLE	ACTIONABLE	REALISTIC	TIMEBOUND
Be clear and specific so your goals are easier to achieve. This also helps you know how and where to get started!	Measurable goals can be tracked, allowing you to see your progress. They also tell you when a goal is complete.	Are you able to take action to achieve the goal? Actionable goals ensure the steps to get there are within your	Avoid overwhelm and unnecessary stress and frustration by making the goal realistic.	A date helps us stay focused and motivated, inspiring us and providing something to work towards.



**THANKS!**