



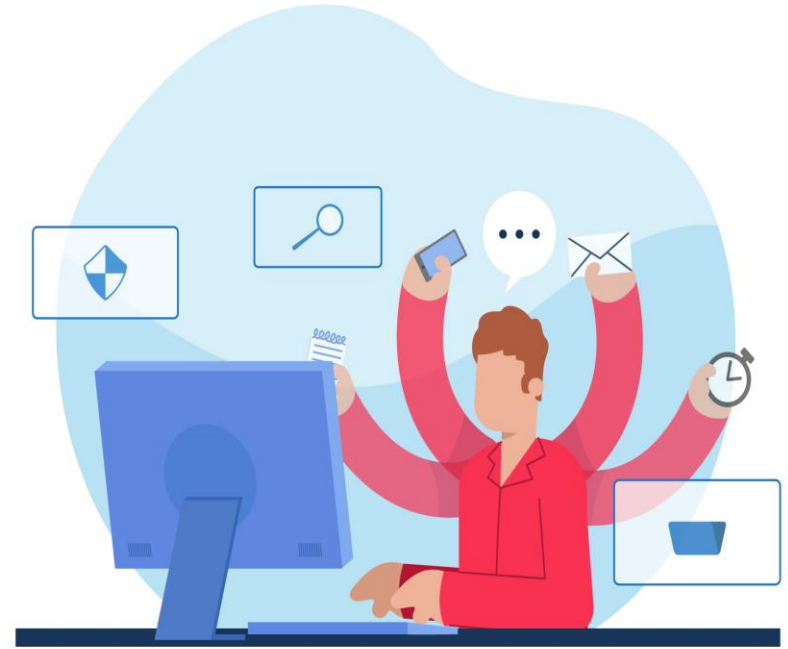
# JOURNEY TO YOUR **BEST** PROGRAM

## Topic 2.

# Autonomy at work

### Agenda

- ▶ What is Autonomy at work
- ▶ Why Autonomy at work important
- ▶ How to encourage Autonomy at work
- ▶ Example





# What is Autonomy at work

**Autonomy at work** is the ability to self-manage, make decisions, and perform tasks without detailed supervision. It enhances job satisfaction, motivation, and creativity in the workplace.

**Autonomy** is the capacity to make an informed, uncoerced decision

**Autonomy at work** is the ability to self-manage, make decisions, and perform tasks without detailed supervision. It enhances job satisfaction, motivation, and creativity in the workplace.



What is "Autonomy at work?"

Autonomy at work

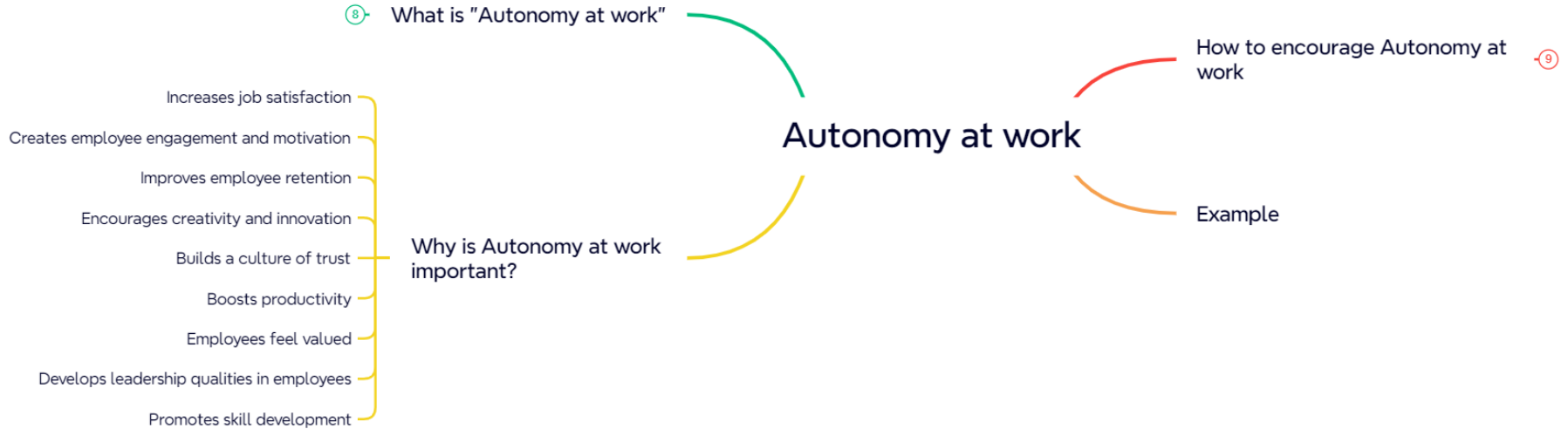
Why is autonomy at work important?

How to encourage autonomy at work

Example

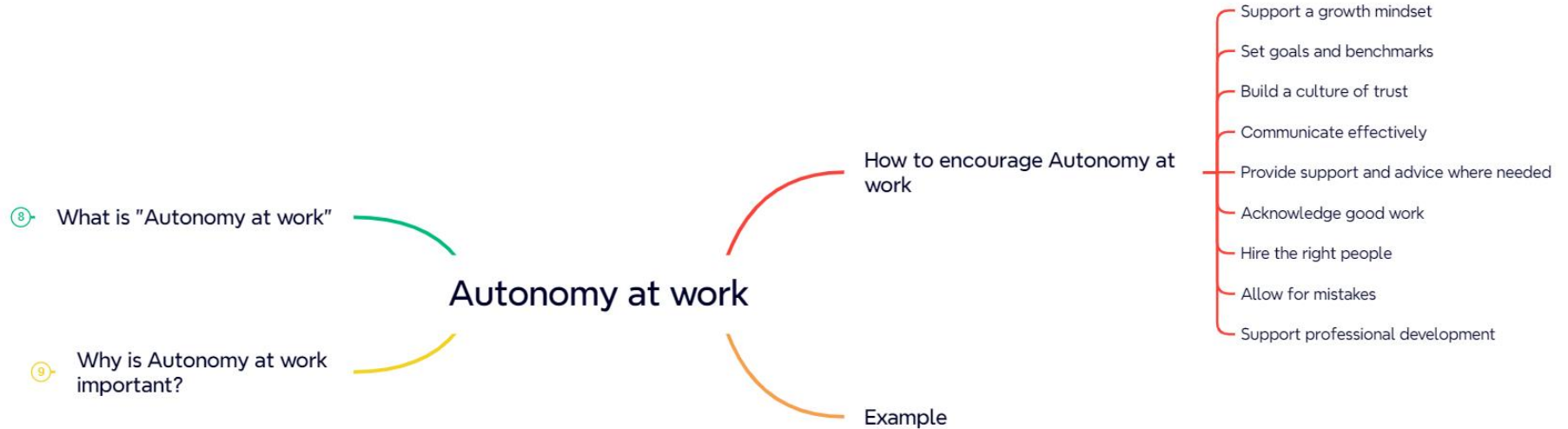


# Why Autonomy at work important





# How to encourage Autonomy at work





## Example

In my internship project:

- Reporting to the mentor about tasks, progress, and deadlines;
- Seeking assistance from the mentor when unable to resolve bugs.



**THANKS!**