

69, Why always women cook and men do not in your country? Which is a better cook, a man or a woman?

In Viet Nam, cooking has been associated with women due to cultural norm and family expectations. Historically, women have managed the household, which includes preparing meals. This role is often passed down through generations, creating a perception that women are the primary cooks.

However, this is gradually changing. Many men are now embracing cooking, both as a necessity and a hobby. The rise of male chefs in professional kitchens highlights this shift, showing that cooking is not restricted by gender.

When it comes to who is the better cook, it truly depends on individual skill, passion, and experience. Both men and women can excel in culinary arts. The idea that one gender is inherently better at cooking is outdated. Ultimately, the best cook is someone who enjoys the process and continuously hones their craft.