



happy or not, but when happy people have problems, they assume that things will improve. They don't worry a lot and think about all the bad things that can happen.

Instead, they have a positive attitude. However, unhappy people are the opposite. They are not optimistic and don't have a positive attitude.

When they have a problem, they think about how bad everything is and don't have a positive attitude. When they have problems, they think about how bad everything is and assume that it'll get worse.

So they make themselves even more unhappy, when they think about all of the bad things that might happen. Finally, the third personality factor is that happy people have good relationships with other people.

They try to have close, loving relationships with friends and family. Studies show that close, loving relationships are one of the most important factors in achieving happiness. So, happy people don't spend all their time building their careers or trying to make money.

They also spend time building relationships with friends and family. Now, on the other hand, unhappy people don't have as many close relationships. They may have trouble making friends, or they may spend all their time working and then find that they're very lonely and unhappy. So, what does this tell us? Well, if you want to be happier, don't assume that