

1. Talk/ write on how television affects children?

Television significantly impacts children in various ways. On one hand, it serves as an educational tool, exposing them to diverse cultures, ideas, and knowledge through documentaries and educational programs. However, excessive screen time can lead to negative effects, such as reduced physical activity, poor sleep patterns, and diminished social skills. Children may also be influenced by violent content, which can desensitize them to aggression or skew their perception of reality. Furthermore, advertising often promotes unhealthy eating habits, contributing to childhood obesity. Thus, while television can be a valuable resource, it is crucial for parents to monitor content and limit viewing time to ensure a balanced development for their children.