

1. Describe a competition you have entered. What was your stand?

One of the most memorable competitions I entered was a school public speaking contest. I chose the topic of environmental protection, an issue I am passionate about. To prepare, I researched thoroughly and gathered information on the impacts of pollution on human health and ecosystems.

In my speech, I emphasized the importance of reducing plastic waste and encouraged everyone to participate in environmental conservation activities. Although I didn't win first place, I felt proud to convey an important message and received support from my friends and teachers. The competition not only helped me improve my communication skills but also raised awareness about environmental issues in our community.