

United States Military Academy

Department of Physical Education



USCC Circular (Cir) 28-1: Company Athletics (CA) Standard Operating Procedures (SOP)

AY 2024



***Developing Warrior Athletes of Character
Building Teams of Significance***

As of 25 May 2023



DEPARTMENT OF THE ARMY
UNITED STATES MILITARY ACADEMY
West Point, New York 10996

MACC-P

11 August 2022

MEMORANDUM FOR RECORD

SUBJECT: USCC Circular 28-1 DPE Company Athletics (CA) Standard Operating Procedures (SOP)

1. Purpose: The CA SOP standardizes operations, reports, and actions necessary to accomplish the Competitive Sports (CS) mission.
2. Mission: DPE conducts the AY23 Fall and Spring CA seasons in support of the CS mission of developing *Warrior Athletes of Character* and *Building Teams of Significance*.
3. Applicability: This SOP is effective upon receipt. It is applicable to all assigned to the CA program.
4. Responsibilities
 - a. DPE CS Office ensures all personnel are briefed on the appropriate portions of this SOP.
 - b. DPE Sport Educators (SEs) ensure their respective sport manuals or SOPs are current and conform to the contents therein.
 - c. The Director of CA coordinates the contents to ensure applicability and resolves conflicts. He/she ensures that the SOP remains current and does not conflict with the directives, policies, mission, or SOPs of higher headquarters.
 - d. CA is the place of duty during MacArthur Time for all assigned personnel. Cadets will not miss Cas unless authorized as per this SOP.
5. Changes: The SOP will be reviewed annually. Submit changes to the Director of CA in writing to the below contact information.
6. The point of contact for this memorandum is Dr. Dan Furlong at dan.furlong@westpoint.edu or DPEcompanyathletics@westpoint.edu.

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Message from the Director of Competitive Sports (CS)

To all Sport Educators and Corps of Cadets,

This manual will provide information on the specifics of the DPE CA program, an athletic model designed to teach character through sport. The mission of CA at West Point is to develop warrior athletes of character and build teams of significance through a cadet led and instructor supervised program. All those representing CA: the sport educators (SE), cadets-in-charge, cadet coaches, cadet officials, and cadet athletes play an important role in the success of our outcome goals.

Choices and actions, performed over and over by each Army professional, are highly moral in character because they directly influence the well-being of other people. In the Army, the Character pillar is vital to the Army's effectiveness as a profession because it is our military leaders' responsibility to remain moral in the landscape of what they are permitted to do.

At the United States Military Academy (USMA), there are few classrooms that can provide a specialized environment which affords constantly changing unknowable conditions that would require our future military leaders to keep to an ethical standard by purposefully, and continually, acting from good moral choices. DPE engages, through Company Athletics, the use of sport competition for demonstrating, measuring, and developing character balancing classroom learning objectives by devoting Mac Arthur Time as an out-of-classroom learning lab for character development. Winning matters. Your choices matter. Your character matters.

Regards,

Dr. Dan Furlong
Director
Competitive Sports

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INTRODUCTION

Competitive Sports has been a part of the framework of the Cadet experience formally since 1902. The Company Athletics programs dedicates itself to the mission of ensuring that each Cadet is an athlete committed to the Army Values and works to embody the Warrior Ethos, a critical element in overall Cadet development and the mission of developing and commissioning future Army Officers, and leaders of character. The scheduled time during the Cadet Day that Company Athletics is conducted is “MacArthur Time” and pays homage to General MacArthur’s 1921 vision of “training of the athletic field which produces in a superlative degree the attributes of fortitude, self-control, resolution, courage, mental agility, and of course, physical ability is one completely fundamental to an efficient soldiery.” In the years since 1921, Company Athletics has continued to develop that foundational legacy and serves as a vital role in the physical and character development of each West Point graduate and subsequent commissioned Army leader.

SEASONS

There are two CA seasons: fall and spring. Each season includes practices, record contests, playoffs, and championships. This year’s sports are:

FALL		SPRING	
Sport	Location	Sport	Location
Foundations of Fitness**	Daly Field	Foundations of Fitness	Daly Field
Functional Fitness**	Target Hill Field	Orienteering	Arvin Loading Dock
Submission Grappling*	Arvin Combatives Room	Combat Grappling*	Arvin Combatives Room
Flag Football	Buffalo Soldier Field	Flickerball	Daly Field
Basketball	Arvin 2nd/4th Floor Gym	Ultimate Frisbee	Buffalo Soldier Field
Soccer	Daly Field	Team Handball	Arvin 2nd/4th Floor Gym

*sport requires medical screening from DPE Athletic Trainers (ATC)

Participant must meet specific criteria IOT play in sport (see Appendix A – Foundations of Fitness Entry Criteria)

****Foundations of Fitness and Functional Fitness are two separate activities.**

Fall Season: mid-August – mid-November.

Spring Season: mid-March – early May.

PARTICIPATION

Cadets will attend CA Monday through Thursday during MacArthur Time starting at 1625 and ends at 1850. This is their place of duty. Teams may not depart CAs prior to 1850 for any reason unless authorized by the DPE Sport Educator (SE). **Cadets may not miss CA practices or record contests for Tactical Officer appointments, additional instruction, medical appointments, or any extracurricular activity unless approved through a DPE SE.**

All sports follow the timeline below during practice/competition days:

1st Hour

- NLT 1625 Report @ X Location (Daly, BSF, Arvin, etc.)
- 1630-1640: Accountability, warm-up; CIC-SE check-in, CIC led Coaches huddle Theme of Week
- 1640-1700: 1st half
- 1700-1705: Halftime
- 1705-1725: 2nd half
- 1725-1735: CIC-Coach-Officials AAR; Theme circle back

2nd Hour

- NLT 1725: Report @ X Location (Daly, BSF, Arvin, etc.)
- 1725-1735: Accountability, warm-up; CIC-SE check-in, CIC led Coaches huddle Theme of Week
- 1735-1755: 1st half
- 1755-1800: Halftime
- 1800-1820: 2nd half
- 1820-1830: CIC-Coach-Officials AAR; Theme circle back

Cadets will participate in a CA sport during both the Fall and Spring seasons. To receive credit, cadets at a minimum must compete in all record competitions with total amount of playing in each contest TBD by sports educators. In addition, **cadets must participate as a player in at least one season per year (i.e. no cadet can be a CIC/official/coach both seasons in a year).**

4th Class Cadets must participate in one semester of Company Athletics.

Exemptions to this include the following:

- Corps Squad (CS) athletes on roster (1st Class CS athletes whose season ends in the fall must participate in another sport during the spring season that year)
- Competitive Club Athletic (CCA) athletes on roster with approved CA authorizations (1st Class CCA athletes whose season ends in the fall must participate in another sport during the spring season that year)
- Cadets who are Corps Squad (CS) managers will participate in at least one CA season during each academic year
 - 1st and 2nd class cadets may manage year-round with a PPSC of 2.5 and be in good standing with other rules listed in the eligibility criteria below
- Sandhurst participants receive 13 CA authorizations per company (includes team and staff) for the fall and spring season and will receive a CSI grade (i.e. officials provided via BTD Sandhurst OIC).
- Cadets involved in Semester Abroad Program (SAP) or Semester Academy Exchange Program (SAEP) during the semester abroad. Their competitive sports grade for the term is "WAIVED".
- The following Directorate of Cadet Activities (DCA) extracurricular clubs receive certain seasonal authorizations: Debate Team receives 20 Fall CA authorizations; Drill Team receives 20 Fall CA authorizations and Glee Club receives 80 for both Fall and Spring. Pistol receive 20 CA authos and Parachute Club Receive 32 CA authos for both Fall and Spring. Based on regiment of assignment, approximately one-half of the Pipes and Drums, Cyber Club and Spirit Band participants are authorized to conduct CA in another regiment, to facilitate a consolidated practice for their respective club.

Cadets who are dismissed from a CS or CCA sport will join a CA team. The only CA team they cannot join after the season begins is submission grappling due to safety/medical screening requirements. The source of their Character in Sport Index (CSI) grade will be dependent upon when the cadet changes status. Status changes made after the mid-term grades due date in the season (**early October/late March**) will require a CSI grade from the sport they departed. Status changes prior to these mid-season dates will result in a CSI grade awarded by CAs. The ADD/DROP Form (found on Appendix H of CA Cir 28-1: CASOP AY22, page 33) need to be accomplished and submitted **via email** to the DPE Company Athletics Mailbox: **DPECompanyAthletics@westpoint.edu**

Teams that fall under the minimum number of team strength due to injuries may add player(s) subject to DPE SE and DPE Sports Medicine approval. Exceptions will be made only in the interests of safety based on the number of players and the requirements of the sport.

ELIGIBILITY

MOST cadets are eligible to participate in all CAs. **Cadets who have participated on a varsity, junior varsity CS team, or a DPE CCA team, are not authorized to participate in the same sport in CA.** Sport Educators have final say on all eligibility questions.

Corps Squad Team Managers:

a. General. Team managers will be cadets in good standing in all programs. Exceptions are authorized and must be addressed by the Head Coach, through DIA, to the Commandant. Cadets in conditional status, undergoing a conduct investigation, or found on honor charges are ineligible. First semester plebes will not be managers, to ensure they are able to assimilate into USMA, and are able to set a sound academic foundation for their cadet experience. Second semester plebes are eligible to be team managers. **Manager Request Forms must be submitted NLT the Roster Lock Date of each semester!**

b. Selection. Cadets must seek endorsement from the Head Coach. If the cadet meets the required standards outlined in 2-16.a., receives Company Tactical Officer approval, and room exists on the team roster, the coach may accept the cadet as a manager. Managers will also have and maintain the following grades:

- Academic Performance Score (APSC) ≥ 2.25
- Military Performance Score (MPSC) ≥ 2.25
- Physical Program Performance Score (PPSC) 4th CL ≥ 2.25 ; 3rd CL ≥ 2.5 ; 1st & 2nd CL ≥ 2.75
- Army Combat Fitness Test (ACFT) PASS

c. Perform team support duties as directed by the coach.

d. Assist team captains in accounting for all personnel at practice sessions, competitions, and meals.

e. Account for all equipment issued to their respective teams, and at the close of the season, ensures the return of all equipment to the DIA storeroom.

f. Managers are required to inform their instructors at least 48 hours in advance of an athletic absence and must schedule a make-ahead or make-up for missed graded events. Missed class attendance is only permissible when it meets NCAA requirements.

g. Managers are required to participate in Company or Club Athletics in the fall semester of their plebe year, prior to assuming duties as a manager.

Plebes who are managers, must be players in a Company Athletics, Club or Corps Squad sports during the Fall season.

As a yearling, managers are required to participate in Company or Club Athletics in either the fall or spring semester.

As a Cow and a Firstie, managers are exempt from participation in either Club or Company Athletics if they maintain a PPSC score of 2.5 or higher.

If their PPSC is lower than 2.5 as a Cow or Firstie, then a manager is still required to participate in either Company or Club athletics during one semester.

SPORT ASSIGNMENTS & DUTIES

Cadets are assigned as either a Cadet-in-Charge (CIC), Cadet Coach, Cadet Official, or Cadet Player. Upon approval from their respective DPE Sport Educators (SE), Cadets may serve as a Coach/Athlete. Deviations from the following class requirements below **must be approved by the SE**:

<u>Fall Season</u>				
Position	CIC	Cadet Coach	Official	Player
Class	1st	1st or 2nd	1st or 2nd	All
<u>Spring Season</u>				
Position	CIC	Cadet Coach	Official	Player
Class	2nd	1st or 2nd	1st or 2nd	All

Fall Season	Officials Required
Flag Football	2 per company
Soccer	Coaches Officiate
Basketball	Coaches Officiate
Foundations of Fitness	None Required
Functional Fitness	BYE Week Team
Submission Grappling	1 per company
Spring Season	Officials Required
Combat Grappling	1 per company
Foundations of Fitness	None required

Spring Season (Con't)	Officials Required
Flickerball	None required
Team Handball	None required
Ultimate Frisbee	None required
Orienteering	BYE Week Team

Duties of Regimental Cadet-in-Charge (CIC):

CICs are responsible for ensuring that their respective sports are administered and conducted IAW this SOP and DPE SE orders/guidance. This is an administrative responsibility and entails daily coordination with DPE SEs. CIC responsibilities are as follows:

- **Communicate Effectively.** Ensure communication of all matters between self, coaches, officials, and DPE SEs. Assist with any matters the DPE SE deems necessary for the smooth conduct of your sport.
- **Develop record contest schedule.** Conduct coordination through DPE SEs and other Regimental CICs to ensure schedule is de-conflicted and meets any other requirements such as rest/recovery considerations.
- **Command and Control.** Assist officials with control of players'/coaches' daily execution of sport to include execution of sport contests and Cadet behavior and character. Assign officials to cover down on record contests. Organize the officials for both practices and record contests. Ensure that all protests during contests are settled before play continues. Resolve conflicts and address unsportsmanlike behavior.
- **Coordination of Resources.** Ensure land and equipment is deconflicted with all CICs (i.e. the breakdown of fields, court/mat space for practices and contests). Draw the equipment required from the Sport Educators (SE) from DPE Company Athletics Equipment Lockers (1st Floor Arvin) and maintain accountability of the equipment throughout the season via DA Form 2062. Ensure equipment used each day is accounted for, **properly sanitized IAW Appendix J** and properly secured. At the end of the season, enforce timely turn-in of all equipment through DPE SE.
- **All received equipment will be sub-hand receipted down to the individual player via DA Form 2062. Failure to perform this action will leave the CIC financially responsible for the loss of any equipment not accounted for IAW Army Command Supply Discipline Program CSDP [AR 735-5](#).**
- Ensure all teams run in formation to and from their playing sites. Ensure contests are started promptly and completed on time (1625-1850). No teams/individuals leave early unless approved through DPE SEs. Ensure all cadets are present and in the correct uniform. Manage daily timeline (start, end, team/course rotations, etc.). Organize start/finish procedures.
- Maintain accountability of all cadets while they are on the playing fields (prior to departure; accountability is still required during non-games via coaches).

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- Conduct end of season AAR with coaches and officials. Submit formal AAR IAW the format stated in Appendix G to DPE SE NLT three days after the last contest.
- Submit results of each record contest, IAW Appendix A, via email to the Coaches, RAOs and DPE SE NLT 2000 hours that record contest day.
- Enforce area cleanup of trash, equipment, etc.
- Assist with the organization and conduct of CA playoffs as necessary. Coordinate logistical and administrative requirements for double Regimental and Brigade championship contests.
- DPE SEs will work directly with CICs to administer the Character in Sport Index (CSI) grading rubric. CSI grades for each CA team member will be formulated by their respective cadet coach and reviewed/approved by the sport CIC. Players and coach need to initial the spreadsheet to acknowledge that the grade has been discussed. Upon CIC approval, grades will be submitted to the DPE SE for final grade review/approval. Coaches and officials will have their performance assessed (graded) by the CIC IAW the CSI grading rubric in Appendix E. **Discuss all grades with respective coaches/officials prior to grade submission.** The CIC will then submit coaches' and officials' grades to be reviewed/approved by the DPE SE. CICs' performance will be assessed (graded) by the DPE SE IAW the CSI grading rubric in Appendix E. CSI grades are due mid-season and at season's end.
- Track cadet injuries closely with coaches and ensure cadets are seen by DPE ATC and/or dropped from CA rosters, as required.
- Always enforce safety; know emergency action plan procedures IAW DPE ATC guidance. Assist DPE SEs in making weather decision.
- Assign a cadet in the reconditioning program to receive and report attendance at each session NLT 1900.
- Review and understand the Theme of the Week IOT facilitate discussion after every post session AAR.

Duties of Cadet Officials:

Cadet officials have one of the toughest responsibilities in CA. They must know all the rules of the game and be the authority on the field, court, or mat. **Cadet officials are first- or second-class cadets with considerable experience in the sport.** Cadet official responsibilities include:

- Know all rules of the game and become an authority.
- Report to the playing site in the proper uniform at the prescribed time.
- Inspect each team's equipment prior to any record contest.
- Prohibit anyone from participating without the required protective equipment or with equipment that is not in acceptable condition.
- Inspect fields and surfaces prior to any practice/competition and ensure they are safe. If not, report to a DPE SE.

- If there is protest of a call or rule interpretation, solve the issue immediately. If it requires further attention, immediately stop play and contact the CIC or DPE Sport Educator for a decision.
- Cadet officials will have their performance assessed (graded) by the CIC IAW the CSI grading rubric in Appendix E. The CIC will then submit the officials' grades to be reviewed/ approved by the DPE SE. Information about grading and the CSI will be available at the beginning of each season.
- Report record contest results (win-loss and score) to CIC immediately after contest.

Duties of Cadet Coaches:

Cadet coaches have a tremendous responsibility in CA. Not only does each cadet coach have to have thorough experience in their sport, but they are largely responsible for developing warrior athletes of character and building teams of significance. **A cadet coach is a first- or second-class cadet Term 1, and a second-class cadet Term 2.** Responsibilities include:

Prior to the first scheduled practice:

- Read and understand all regulations pertaining to your sport's manual and this SOP.
- **Ensure that cadets assigned to your team are eligible to participate in the sport and your roster meets min/max requirements IAW this SOP.** All your players must be screened medically prior to the first day of practice (if your sport requires this screen). If required, pick up and turn in medical screening forms from DPE Athletic Trainers (AT) at the date prescribed by your regimental CIC or DPE Sport Educator.
- Sign for all required equipment from the CIC via a DA Form 2062. This may occur at the same time the CIC draws and signs for equipment from the SE IVO DPE Company Athletics Supply lockers (Arvin 1st Floor).
- **All received equipment will be sub-hand receipted down to the individual player via DA Form 2062. Failure to perform this action will leave the Coach financially responsible for the loss of any equipment not accounted for IAW Army CSDP.**
- If a coach is removed from this position after they have signed for their team's equipment, they are responsible for signing over their hand-receipt to the new coach.
- Develop a team strategy and a practice plan.

During the Season:

- Your focus during the season is on developing Warrior Athletes of Character and building Teams of Significance. For example, do members on your team play within the rules and spirit of the game? Do your players maintain self-control in response to any physical or verbal harassment, or fouls? Are they showing respect for cadet referees and opponents? Is your team congratulating opponents following either victory or defeat? Are you winning and losing with dignity? It is your responsibility to correct teammates that play unfairly and/or exhibit inappropriate behavior.
- Organize, teach, and condition the team. Focus on instilling the discipline and inner drive needed for each member of your team to perform their best regardless of the score or individual ability (a part of the warrior ethos). Exhibit positive energy and enthusiasm throughout.
- Ensure all team members are in the proper uniform. Appearance reflects a team's discipline. Discipline is needed to succeed in competitive situations.

- Ensure all equipment is properly sanitized IAW DPE Company Athletics COVID-19 Playbook (**Appendix J-Company Athletics COVID-19 Mitigation Measures**) IOT prevent cross contamination and the spread of COVID-19.
- **If you have to drop or add team members, you must inform and seek approval from the Regimental Sport CIC, your CAO and the Competitive Sports Office.**
- Develop and implement practice plan with risk mitigation considered.
- Execute practice and game plan, modify plan to maximize team effectiveness.
- Ensure all participants receive a mid-season grade reflecting their performance during the 1st half of the season and **inform each player of their respective grades**. Provide appropriate counseling for individuals that need improvement.
 - **All cross-regiment cadets will receive their grade from their host team coach. The coach will discuss the grade given with each cadet prior to forwarding the team's grades to their respective sport CIC. The CIC will review/approve grades prior to forwarding to Sport Educator.**
- Review and understand the Theme of the Week IOT facilitate discussion after every post session AAR.

Daily:

- Conduct accountability within company area prior to movement to playing site. **Report accountability prior to CAO NLT 2100 that day.**
- Upon arriving at your sports site, ensure you comply with all movement instructions, i.e. running from the barracks to the playing fields, etc. Turn in your accountability to the CIC and report all absences.
- Ensure that each team member is wearing the prescribed uniform and safety equipment (e.g. mouthpieces are always worn).
- All injuries sustained during games and practices are referred to the DPE SE and Athletic Training Center (ATC) for evaluation and treatment. Players who are injured and not able to participate in further record contests, should immediately be entered into the DPE Reconditioning program.

At the conclusion of the season:

- Ensure each player receives a final athletic participation grade. CSI grades for each CA participant will be formulated by the coaches of each team and reviewed/approved by the sport CIC. **Discuss all grades with respective players prior to grade submission.** Coaches and players initial the excel grade spreadsheet to acknowledge that grade discussion occurred. Cadet coaches will have their performance assessed by the CIC. All assessment/grading is IAW the CSI as per this SOP, Appendix E.
- In concert with the CIC return all team equipment to the DPE Company Athletics Storage Lockers (Arvin 1st Floor) after the team's final contest of the season (IAW published schedules).
- **All items of equipment must be clean and sanitized prior to turn-in.**
- At turn-in, the coach must have 100% of the equipment present or face financial liability as outlined in AR 710-2 (Supply Policy Below the National Level) and AR 735-5 (Property Accountability Policies). Note: Individual companies will have their DPE Supply Accounts frozen and not be allowed to draw equipment if they have not cleared their respective team hand receipts from the previous season.

TEAM STRENGTH

CA rosters have minimum and maximum number requirements for each sport. Cadet coaches and CAOs are responsible for ensuring their teams meet these requirements. Cadet coaches will provide an updated list to their sport's regimental CIC and ensure their CAO is tracking the same. Failure to do so may result in forfeiture of a team's record contest. Any changes to team rosters after the rosters are locked for the season must be reported to the CAO and the CIC for the respective sport.

CA sports require a "priority fill" which means the roster of one sport must be filled with the minimum number of participants prior to another sport's roster being filled. The priority fill supports CA's mission of developing warrior athletes of character and building teams of significance. The priority fill sports also require additional medical screening and practice time: including skill work and drills, and official's clinics to mitigate risks.

This year's priority fill is the following:

Priority	Fall	Spring
1	Foundations of Fitness	Foundations of Fitness
2	Functional Fitness	Orienteering
3	Submission Grappling	Combat Grappling
4	Flag Football	Ultimate Frisbee
5	Basketball	Flickerball
6	Soccer	Team Handball

The minimum and maximum numbers required for each sport are listed below. Cadets will be assigned to sports within the numbers identified below **(numbers include the coach, not officials)**.

Fall Season	Minimum Strength	Maximum Strength
Flag Football	10	12
Soccer	9	11
Functional Fitness	9 (1 x Female Required)	15 (1 x Female Required)
Submission Grappling*	10	12
Basketball	7	10
Foundations of Fitness	DPE Directed	DPE Directed
Spring Season	Minimum Strength	Maximum Strength
Foundations of Fitness	DPE Directed	DPE Directed
Orienteering	10	15
Combat Grappling*	10	12
Flickerball	10	15
Ultimate Frisbee	10	15
Team Handball	7	10
*Physical Required for participation		

RECONDITIONING

If a cadet becomes injured during CA season, he/she will report immediately to the DPE Sports Medicine Office for evaluation and referral. If the DPE Sports Medicine staff determines that the cadet can no longer fulfill his/her competitive sports requirement, the place of duty for the injured cadet during CA time is CA Reconditioning or provide administrative support to their respective CA sport.

CA Reconditioning is a DPE program for cadets who cannot participate with a CA Team due to injury or illness ran by a designated DPE ATC representative. The purpose is to provide cadets with an opportunity to maintain or improve their current level of fitness without exacerbating their existing injury. The certified athletic trainers working in DPE Sports Medicine, will provide appropriate workout plans designed to improve cardio-respiratory endurance, muscular endurance, muscular strength, and flexibility.

CA Reconditioning occurs in the Basement Strength and Conditioning Room at ACPDC. Given current COVID-19 restrictions this room may vary from day to day.

Character in Sport Index Grade: Cadets who comply with all reconditioning procedures will receive a **“waived”** Character in Sport grade for that season. Cadets who fail to comply with this policy may receive an **F** for their athletic participation grade.

Attendance: Cadets in reconditioning must sign-in no later than 1625 and sign-out no sooner than 1740. Attendance is captured by a Reconditioning Program cadet designated by the lead Athletic Trainer. If the cadet fails to comply on this issue, the cadet will be marked absent. Attendance will be taken daily and missing/late cadets will be reported by the regimental CIC each night by contacting each absent/late cadet's company AO for input into the company's daily attendance report in the Daily Event Calendar program NLT 2300 hours as per this SOP, Appendix C.

Uniform: The uniform is gym alpha with towel and West Point approved nose/mouth covering. A towel is required for all cadets.

Cleaning: 10 minutes prior to the end of the reconditioning timeframe, cadets in CARE will assist with the decontamination of equipment in designated room.

REGIMENTAL & BRIGADE CHAMPIONSHIP

Although the number of record contests may vary, each regimental champion will be determined by the regular season record or an individual sport playoff system. If two or more teams in the same regiment finish with identical win-loss records (no playoff system), the following tie-breaker procedures will be taken until a regimental champion is determined.

Tiebreaker procedure between two:

1. Head-to-head (best win-loss percentage in games between the teams)
2. Goal Differential (Total points scored minus total points allowed)
3. Strength of victory against next highest rated opponent (i.e. how did the companies tie for 1st and 2nd place fare against the company that finished 3rd?)
4. Most net points in all games

5. Best win-loss percentage in common games (if less than 7 record contests)
6. Most net points in common games (if less than 7 record contests)

Tiebreaker procedure between three:

1. Head-to-head (best win-loss percentage in games among the teams)
2. Goal Differential (Total points scored minus total points allowed)
3. Best win-loss percentage in common games
4. Strength of victory against next highest rated opponent (i.e. how did the companies tie for 1st and 2nd place fare against the company that finished 3rd?)
5. Most net points in all games

The winners of Double-Regimental Championships (winner of 1st/2nd Regiments and winner of 3rd/4th Regiments) from each sport will compete in the Brigade Championships in a single elimination playoff. In the event of a tie, the contest will be resolved as prescribed in the rules of the sport.

Based upon time remaining at the end of the regular season, SEs and CICs will determine playoff format. Players and coaches receive a maximum of 5 points for “Winning Spirit” (depending on their regimental standing) for their CSI grade rubric.

AWARDS

Brigade Championships:

Trophies are awarded to the Brigade Championship teams in each sport at the conclusion of each season. Trophies are to be returned to the Competitive Sports Office after the award ceremony. Coins of respective sport are awarded to members of the team.

USCC Monogram Patch:

All cadets on Brigade Championship teams will be awarded a “USCC” monogram patch for wear on their black as for class jacket.

The Bankers Association of New York Trophy:

The “Bankers Trophy” is inscribed annually with the designation of the Cadet Company ranking first in each regiment in Company Athletics. The award was first presented in 1924.

Bankers Trophy Point (BTP) System:

Companies receive points IAW their Regimental finish in each sport either by regular season record or playoff finish. Point distribution follows:

1 st Place – 100	
2 nd Place - 80	6 th Place - 40
3 rd Place - 70	7 th Place - 30
4 th Place - 60	8 th Place - 20
5 th Place - 50	9 th Place - 10

In cases of a tie in team standings (except ties for first place) the Bankers Trophy Points involved will be divided and distributed equally among the tied teams. (Example: a three-way tie for 2nd place would divide and distribute the 2nd, 3rd, and 4th place points or 70 points for each team).

The Regimental AOs submit the BTP report, IAW Appendix B, for their Regiment at the end of each CA season to the BAO.

The Mike Krzyzewski Teaching Character through Sport Award:

The Mike Krzyzewski Teaching Character through Sport Award recognizes West Point athletes, and sport educators for their outstanding commitment to the development of noble character through athletic participation and leadership. Annually, Coach Mike Krzyzewski presents the awards to the recipients and addresses the Corps of Cadets on the importance of value-based athletics.

There are two divisions of the award within CA:

- 1) Cadet Award: awarded each year to a CA, Club Team and Corps Squad cadet
- 2) USMA Faculty and Staff Award: awarded each year to a Sport Educator in CA, Club team OIC/coach and Corps Squad team coach

Nomination due dates will be published during both CA seasons. Nominations must be in the form of one page or less and justify the criterion above. The selection committee will review all nominees and select one cadet winner and one SE.

The award presentation will occur during the spring season. There will be a permanent plaque in Arvin honoring the award winners.

This year's nominations for AY23 encompass submissions from Spring AY22 and Fall AY23 seasons.

The LTG (R) Hal Moore Warrior Athlete of Excellence Award

The LTG (R) Hal Moore Warrior Athlete of Excellence Award recognizes one male and female cadet that best demonstrate the leadership qualities of General Moore and the tenets of the warrior ethos in the DPE Physical Pillar.

The award presentation will occur during the fall season. There will be a permanent plaque in Arvin honoring the award winners.

SAFETY

Safety is paramount during all CA seasons. The following procedures will occur to ensure the safety of all cadet athletes:

- 1) Review Appendix K – Emergency Action Plans (EAP) – updated semi-annually.
- 2) DPE Athletic Trainers will provide onsite coverage at the following sports: flag football, and submission grappling.
- 3) The athletic training number to call in the event of an emergency is 845-938-2651
- 4) In the event of an emergency requiring ambulatory support dial 845-938-3333
- 5) DPE Athletic Trainers will ensure all DPE SEs are CPR certified (occurs prior to each term during Re Orgy Week).
- 6) DPE SEs will develop a Deliberate Risk Assessment Worksheet (DRAW) for their sport prior to the start of the season. This DRAW will be submitted through the CAC.

- 7) If injuries occur, immediate reports are rendered on the field, and further daily checks on hospital treatment records are made by the DPE Athletic Training Room Staff. DPE ATs will submit an injury report at the season's end.
- 8) Prior to competing in submission grappling (to include all contact practices), cadets will complete an injury screening form and be cleared by the DPE ATs.
- 9) Cadets participating in the previously mentioned contact sports who sustain a head, or other significant injury during the season must be seen and cleared by DPE ATs prior to resuming participation in the sport.
- 10) After the CA roster date, no cadet can join as an athlete in Submission Grappling. This is for medical and safety reasons.
- 11) Inclement weather decision will be made by the Company Athletic Coordinator (CAC). Lightning procedures will be followed IAW DPE Policy Memorandum.
- 12) DPE ATs and cadet officials will inspect all athletic facilities prior to each season and prior to each practice/record contest.

DPE AND CADET ATHLETIC OFFICER CHAIN OF COMMAND AND RESPONSIBILITIES

DPE Competitive Sports (CS) Headquarters:

Dr. Dan Furlong, Director, Competitive Sports

TBD, Education Technician

Mr. Karl Zang, Lead Coordinator, Company Athletics

CPT Caitlin Withenbury, Coordinator, Company Athletics

CPT Michael Miner, Coordinator, Company Athletics

Mr. PJ Hughes, Lead Coordinator, Competitive Club Athletics

MAJ Stephen Stafford, Coordinator, Competitive Club Athletics

DPE Sport Educators (SE):

DPE SEs are both military and civilian faculty assigned to the DPE

- Read and know all contents of this SOP.
- Primary mission is to educate, train, mentor, and inspire cadets during company athletics to develop warrior athletes of character and build teams of significance.
- Provide guidance/direction/disciplinary action to the cadet chain of command in assigned sport.
- QA/QC CSI grade spreadsheet consolidation from the CAO for completeness and ensure grades reflect proper use of the grading rubric.
- Maintain awareness of team strengths through the CA Add/Drop process.
- Oversee all phases of CA sport season operations: preparation, execution, and recovery/reconstitution IAW published/verbal guidance from the DPE CS.
- Adhere to all procedures/policies stated in this SOP.
- Attend specified meetings
- Develop/review DRAW for assigned sport
- Develop season coverage plan with paired SE to ensure at least 1 SE is present during each day of Company Athletics
- Sign for key from CAC to distribute equipment

- Generate and maintain DA Form 2062s signed by CICs IOT enforce property accountability and supply discipline
- Sign equipment down to the CIC and enforce sub-hand receipt generation to coaches/players
- Send the Competitive Sports (Company Athletics Group Mailbox: DPECompanyAthletics@westpoint.edu) office that CSI midterm and final grades once they are ready for final processing.

Cadet Athletic Officer (CAO) Responsibilities:

Cadet AOs, whether serving as the Brigade, Regimental, Battalion or Company, oversee the administrative execution of the CA program. Each AO, from Brigade through Company, will ensure that all cadets in their charge meet their competitive sports requirement and receive the appropriate grade for their participation.

Being an Athletic Officer does not replace the requirement for participation in sport for a CSI grade. All Athletics Officers will participate in a sport.

Brigade Athletics Officer (BAO)

- Read and know all contents of this SOP.
- Serve as the subject matter expert on all matters pertaining to CA and the Competitive Club Athletics program within the USCC.
- Execute and oversee the DPE CA and Competitive Club Athletic (CCA) programs as outlined in their respective manuals: USCC Cir 28-1: Company Athletics Standard Operating Procedures (CA SOP) AY 2023 and the Competitive Club Athletics Manual AY 2023.
- Establish a cohesive AO chain of command: from the Assistant Brigade Athletic Officer (ABAO) and four Regimental Athletic Officers (RAO) through the Battalion and Company Athletic Officers (BNAO and CAO). Ensure all understand their assigned duty description and responsibilities and how they contribute to the mission. Assign specific areas of responsibility (roster compliance, equipment issue/turn in, athletic participation verification, reports, grades, regimental and brigade championships, winter season activity tracking, goat engineer game, etc.) as you see necessary. Conduct initial, mid, and end of the year counseling with the ABAO and your four RAOs.
- Ensure accuracy, compliance and timeliness of all required reports and assignments. Initially this entails ensuring that all CA cadet participants comply with the eligibility and participation requirements stated in this SOP.
- Oversee CA operations IAW published/verbal guidance from the DPE CA Office.
- Promote CA and CCA program to the USCC and outside sources.
- Ensure all cadets participate in athletics (CS, CCA, or CA) and receive an athletic participation (CSI) grade IAW standards in this SOP.
- Plan, coordinate, and resource CA red-letter events: CA Brigade Championships, Army/Navy CA Championships, Coach K, LTG Hal Moore (MCs award) and Bankers Trophy award ceremonies.

Assistant Brigade Athletic Officer (ABAO)

- Read and know all contents of this SOP.

- Support the BAO and assist in administering the CA and CCA Programs. Perform duties of the BAO in their absence.
- Supervise the DPE reconditioning program through coordination with DPE ATC Office. Adhere to reconditioning procedures stated in this SOP.
- Track all CA schedules, record contests, rankings, teams, rosters, and all BDE final activities. Ensure RAOs submit all reports IAW procedures stated in this SOP.
- Maintain running win/loss record and provide weekly update to the CAC.
- Read and understand all BAO Duties and Responsibilities.

Regimental Athletic Officer (RAO)

- Read and know all contents of this SOP.
- Support the BAO and ABAO on all aspects of the CA and Competitive Club Athletics (CCA) programs.
- Responsible for the athletic well-being of every cadet within your regiment. Read and know all procedures/policies stated in this SOP as well as the CCA manual. You will be the subject matter expert on all matters pertaining to CA and the CCA program within your regiment.
- Counsel your Battalion Athletic Officers (BNAOs) in writing both at the beginning and at the end of the term via DA Form 4856. Communicate your expectations early on and assign them areas of responsibility. Meet with them weekly and at a minimum, ensure they are tracking (accuracy and timeliness) the CA rosters and attendance procedures within your regiment.
- Keep your Regimental Tactical Officer and Cadet chain of command (Regimental Commander) informed on the CA and CCA programs. Promote command support/emphasis.
- CA assignments: sport CICs, cadet coaches, and cadet officials must be vetted through you. You are the quality assurance and control piece of all cadets assigned into these positions. Ensure cadets are qualified and eligible prior to your CAOs nominating them. Highly recommend that you ensure the selection of CICs, coaches, and officials are by virtue of their experience and leadership abilities.
- Receive accountability and record contest reports (results) from CAOs and sport CICs NLT 2300 hours daily. Correct any non-compliance issues. Ensure compliance with CA accountability formations at 1640 on days where the regiment participates in CA (includes non-game days for the normal Day1/2 CA schedule). Submit CA standing reports the following day after record contest NLT 2100 to the ABAO. Submit final standings and Bankers Trophy Point report to the ABAO one day after the last record contest in each regimental season as per Appendix B. Reports should follow procedures/format stated in this SOP.

Battalion Athletic Officer (BNAO)

- Read and know all contents of this SOP.
- Assist RAO in any duties delegated. Maintain daily communication with your RAOs and assist the 3 CAOs under your command as often as possible.
- Meet weekly with each of your CAOs. Ensure rosters and attendance reports within the battalion are accurate.
- Ensure compliance with CA accountability formations at 1630 on days where the regiment participates in CA or holds Non-gameday PRT within their CA teams.

Company Athletic Officers (CAO)

- Read and know all contents of this SOP.
- Overall responsible for ensuring all cadets in your company participate in athletics and receive an athletic participation grade IAW this SOP. Within your company, **100% accountability of all cadets'** athletic participation among the three divisions of sport (Corps Squad, Competitive Club Athletics, or Company Athletics) for all seasons. Provide a by-name list of all cadets' athletic participation within your company to your cadet chain of command and Tactical Officers NLT the first CA record contest.
- Oversee the formation of CA teams during the fall and spring season. Ensure these teams are set up for success in terms of personnel, information flow, and equipment. **Ensure these teams meet all deadlines. Submit complete rosters and assign cadets to serve as officials, coaches, and possibly CICs.** This SOP outlines stipulations governing team rosters and qualification/ eligibility requirements for key positions. More guidance concerning rosters and key personnel assignments will be disseminated by the AO chain of command prior to the start of each season to include the Add/Drop process.
- Ensure sports' "priority fill" requirements are followed IAW this SOP. Support your company mates and assign according to their desires and abilities. Throughout the season, **manage each roster and ensure accuracy.** This is best done by communicating daily with cadet coaches. Ensure cadets dropped from Corps Squad or Competitive Club teams are assigned to a CA team and that the Competitive Sport Office is notified of all changes. Each cadet is required to participate in athletics for both terms, Corps Squad, Competitive Club, or Company Athletic. After rosters have been approved (RAOs), CAOs will register all cadets in all positions (see Appendix D). The CAO will verify athletic participation data for all cadets assigned to their company throughout the season and will notify the RAO and Competitive Sports Office of any changes.
- At the conclusion of each season, the CAO will verify athletic participation (Appendix D) for the entire company using the "Intramural Manager" (to include Corps Squad and Competitive Club Athletic participation). Cadets not meeting minimum participation requirements must be identified and reported to your RAO and Competitive Sports Office.
- Collect, forward, and track all athletic participation grade discrepancies (see Appendix F for format) from previous terms. Guidance concerning this will be disseminated through AO chain of command before or during the seasons. Prior to completion of each term, all cadets in your company must have a grade for athletic participation except for approved authorizations outlines in this SOP or approved by the SE/CAC. It is your responsibility to ensure this is done IAW CSI Grading procedures in this SOP (Appendix E).
- Ensure all CA teams, officials, and CICs clean and turn in all equipment from the DPE Company Athletic Storage Lockers (1st Floor Arvin) IAW published guidance for their respective team or sport.
- Report daily accountability on CIS see Appendix C. Obtain written accountability reports daily for officials, coaches, and players for their regiment during the 1630 company CA formation and on Non-gameday PRT within their CA teams. **Input daily attendance in CIS prior to 2300 daily.**
- Ensure all cadets receive a CSI grade.

- CAOs should be aware of the following Authorizations listings for AY 2023. **Spirit Band, Pipes & Drums**, and **Cyber** - conduct CA across REGs to accommodate a consolidated practice. No other Non-Competitive Club has authorizations for CA or to switch REGs.

1	Fencing - 30	9	Crew - 84
2	Judo - 40	10	Climbing - 20
3	Men's Volleyball - 16	11	Cycling - 24
4	Marathon - 16	12	Women's Boxing - 24
5	Orienteering - 30	13	Men's Boxing - 60
6	Men's Team Handball - 26	14	Powerlifting - 22
7	Women's Team Handball - 26	15	Triathlon – 20
8	Water Polo - 20	16	Functional Fitness - 20

USCC Circular 28-1: CA SOP

Club	Company Athletics Authorizations (Fall/ Spring)	Chain of Command Time Authorizations (Fall/Spring)
Debate Forum	20/0	20/20
Drill	20/0	20/20
Glee	65/65	65/65
Pistol	20/20	20/20
Parachute	32/32	32/32
Mule Riders	0	4/4
Rally Cannons	0	12/12
Pipes and Drums	0	30/30
SCUBA	0	6/6
Cyber Team	0	20/20
Spirit Band	0	80/80
WKDT	0	4/4
Howitzer	0	12/12
Equestrian	20/20	20/20
Black and Gold	30/30	30/30
CO Sandhurst TMs	519/301	301/301
TOTAL	726/508	676/676

Appendix A: Foundations of Fitness Entry Criteria

<u>Foundations of Fitness Entry Criteria</u>			
Priority	Plebes/Yuks	Priority	Cows/Firsties
1	ACFT <360 or FAIL	1	IOCT Failure
		2	PE117 Failure
		3	ACFT <360 or FAIL
		4	PPSC < 2.0

Appendix B: Bankers Trophy Report Example

Preparation Instructions: Report is submitted from each RAO to the ABAO. See Awards section of this SOP for point distribution breakdown.

Submission: Due one day after last record contest in each sport.

<u>1st Regiment</u>	
Company	Points
H1	430
A1	390
G1	390
F1	370
C1	340
D1	280
E1	280
B1	190
I1	170

<u>2nd Regiment</u>	
Company	Points
D2	450
I2	370
A2	360
B2	350
E2	330
C2	310
G2	270
F2	260
H2	180

<u>3rd Regiment</u>	
Company	Points
H3	410
A3	360
D3	340
F3	330
C3	310
I3	300
E3	300
G3	290
B3	210

<u>4th Regiment</u>	
Company	Points
A4	420
C4	370
B4	350
I4	350
H4	320
E4	310
D4	280
G4	240
F4	190

Appendix C: Reporting Accountability on CIS

Usage Instructions:

- Each night before 2100 hrs, each Coach will input attendance information into the Daily Event Calendar. An attendance report and compliance report will be automatically generated and sent to various USCC and DPE contacts.
- The Coach from each Company logs in to CIS and clicks on the “Military” or “Physical” tab. Click on “Company Athletics”. After agreeing to the security warning, you will be directed to the Daily Events Calendar.
 - Choose the date on the calendar to enter data for.
 - Select “New Event” below the calendar.
 - On the next page, there are numerous dropdown boxes. In the first dropdown marked “Select Activity”, choose which activity you are entering accountability for.
 - A roster now appears by company team for Coach. The previous accountability report will be displayed. To mark everyone as present, select “Mark All Present Submit”. To mark someone as absent, choose the excusal from the dropdown box to the left of their name. If someone is participating on a company team who is not listed on the roster, add them by clicking on the “+ Non-Team Roster” at the bottom of the roster. The user will be able to search the database for participants and add them to the report for that day only.
 - If you are constantly adding players not showing up on your roster, there may be a discrepancy in the Company Athletics Manager (may also be called Intramural Manager) program that only the CAO can fix. The daily event calendar roster mirrors the Company Athletics Manager system on a real time basis. Changes made in this system will immediately take effect in the daily event calendar.
 - Only fill in the fields with an “*” next to them. All other information you enter into non-mandatory fields will not show up in a report and is not used at this time.
 - The first time you enter information into the “Event Type” and “Event Location” menus, you will need to set your dropdowns by choosing the “(…)” to the right of the selection box. From here, you need to choose the event type you are adding information for and then enter in an activity description (i.e. Practice or Game) and location (e.g. Buffalo Soldier Field or Arvin Company Athletics Pool). When you have done this, choose “Refresh” next to the “(…)” and the information you entered will be in the dropdown box. At the very minimum, all teams should have “Practice” and “Game” listed as Activity Types.
 - Choose the start and end time of your event.
 - Press “Save Event” to save the information you have just entered.

Editing Previously Saved Data

-If for some reason you need to edit data that you saved, choose the date on the calendar you would like to edit then choose “Search” below the calendar. This will give you a list of all events that were logged in that particular date. If you logged in information on this date, you’ll see an “Edit” link next to your event. Click on this, edit the record, and hit “submit”. Information you changed will be replaced in the form of a new record.

Searching for a Particular Event You Saved

-If you would like to review or print a previous event record, choose the date on the calendar you would like to view events for, choose your activity type and sport in the dropdown lists, then choose “Search”. If you logged in information on this date, you’ll see the event listed. Choose the event and then you can print this page.

Accountability reports are sent to the SEs, TACs, and CACs. The CAC will control non-compliance for CA accountability reporting by ensuring the BTD is aware utilizing a weekly SITREP. Data should only be input on days that your regiment is scheduled to have CA.

Reporting Accountability in CIS

Appendix D: Rosters and Assignments (Input and Verification)

Preparation Instructions:

- CAOs register all cadets in CAs for all positions in CIS.
- Each Athletic Officer is granted access to this application by virtue of their company CAO position.
- Once logged onto CIS open the Military or Physical tab and click on Company Athletics.
- Select the “roster”; and “Add” rosters.
- CAOs can access each of the four academic year groups.
- Only cadets from that year group not carried on a Corps Squad (CS) or Competitive Club Athletics (CCA) roster will be displayed.
- CAOs can build each team by position: player, coach, CIC, official, etc, until the maximum team strength is reached.
- CAOs must follow the priority of fill.
- CAOs will conduct 100% verification of all CA participants with coaches prior to **deadline set by DPE** and prior to mid-season CSI grade input in **late September (for Fall) and early March (for Spring)**.
- CAOs will verify that all cadets in their company have a valid CSI activity (CA, CCA, CS or exception) each term.

Appendix E: Character in Sport Index (CSI) Grading SOP

- The rating scheme for CSI grades is as follows:

Rated Cadet	Rater
Sport CIC	DPE Sport Educator
Official	CIC
Coach	CIC
Athlete	Coach

- Players' and coaches' grades are based on a 75pt scale. Final player and coach grades are calculated using total points earned as a percentage of 75 pts. Percentages correspond to grade letters according to the following chart.

<u>GRADE SCALE</u>		<i>*pts (officials and CICs) or % of 75 pts (players and coaches)</i>			
A+	≥ 96*	B+	≥ 86*	C+	≥ 76*
A	≥ 93*	B	≥ 83*	C	≥ 73*
A-	≥ 90*	B-	≥ 80*	C-	≥ 70*
				D	≥ 66*
				F	< 66*

- All cadets will receive a CSI midterm and final grade from their assigned rater during each season IAW the grading rubric on the next page. **There is no forced distribution for final grades.**
- All cadets (cross-Regiment athletes included) MUST BE PERSONALLY counseled on their CSI performance for both mid-season and final grades. Cadet raters will utilize the CSI grade sheet to counsel each cadet on their assessment. After counseling, coaches will digitally initial the form by typing in the rater's initials, followed by the player digitally initialing the form by typing in the player's initials. This digital initial is the same as a hand initial and serves to inform the SE that every cadet has been properly counseled on their performance. Cadet raters will NOT share assessments (scores or grades) with other cadets.
- All coaches will submit CSI grades through their respective CICs for review who in turn will forward on to their respective DPE SEs (online). Once reviewed, SEs are responsible for sending CSI grade spreadsheets to the Competitive Sports Office. GRADES MUST BE SUBMITTED ON TIME! Any grade submitted one day past the due date will lower the rater's grade by one letter grade. After two days the rater's grade drops to a grade of 'F' until the grades are submitted. The highest grade a rater can then receive is a 'C-'.
- The Competitive Sports Office will input into CIS during mid-season evaluations and then update at season's end. More guidance concerning CSI grade input and suspense dates will be disseminated at the CA grading brief each season.
- CSI Grade change requests for the current term should be submitted prior to deadline established for that academic term. A completed grade change request form (Appendix F of CA Cir 28-1: CASOP AY22 found on page 33) with all the required signatures must be submitted to Competitive Sports, 3rd Floor, Arvin Gym, Room B331. Requestor will

be informed via e –mail if the request was approved and grade change will be inputted by Competitive Sports Education Technician.

8. Cross Regiment Athletes are graded by the coach of the team they compete with and forwarded to the respective CIC for review with the rest of the team's grades. Cross Regiment athlete grades are NOT sent back to their academic company Coach/CIC.

Note: The Competitive Sport's Office reserves the right to adjust ANY cadet's final grade as deemed appropriate by the Sports Educator.

Players Assessment: Coaches rate the frequency their players demonstrate the behaviors associated with each statement during competition and or practice throughout the season. The frequency is described as:

- Always
- Often
- Sometimes
- Rarely
- Never

A. Sportsmanship/Fair Play

1. Corrects teammates/players for not adhering to rules or displaying poor conduct
2. Appears, aggressive, angry, or has outbursts
3. Argues with referee, team, or opponent

B. Perseverance

4. Strives to improve, shows consistent effort
5. Easily frustrated
6. Performs well during critical moments or under adversity

C. Teamwork/Unselfishness

7. Willing to play in any role/ position
8. Overly critical of teammates
9. Makes teammates better performers

D. Attitude/Coachability

10. Remains positive despite setbacks
11. Accepts corrections from coach and/or teammates
12. Blames mistakes on others

E. Playing Ability/ Winning Spirit:

13. Demonstrates superior athletic ability
14. Winning percentage*

* The first 13 elements are worth 5 points each, the 14th (winning percentage) is worth 10 points.

1. **Coaches Assessment:** CICs rate the frequency their coaches demonstrate the behaviors associated with each statement during competition and or practice throughout the season. The frequency is described as:

- Always
- Often
- Sometimes

USCC Circular 28-1: CA SOP

- Rarely
- Never

A. Sportsmanship/Fair Play

1. Appropriately corrects players for not adhering to rules or displaying poor conduct.
2. Appears aggressive or angry
3. Demonstrates a clear understanding of the rules

B. Perseverance

4. Inconsistent effort in coaching
5. Consistently engaged in the act of coaching
6. Performs well during critical moments or under adversity

C. Teamwork/Unselfishness

7. Consistently involves/ corrects players equally
8. Overly critical of players or unable to make needed corrections of players
9. Strives to improve player performance

D. Attitude/Coachability

10. Remains positive despite the score, difficulties, or conflict
11. Accepts corrections from referees/ CICs/ teammates
12. Blames mistakes on others (players, other coaches, etc.)

E. Coaching Ability/ Winning Spirit:

13. Demonstrates superior coaching ability
14. Winning*

*The first 13 elements are worth 5 points each, the 14th (winning) is worth 10 points.

Points earned for Winning:

Regiment Rank	Points Earned (0-10)
1	10
2	9
3	8
4	7
5	6
6	5
7	4
8	3
9	2

Appendix F: Character in Sport Index (CSI) Grade Change Request Format

(Request for grade change must be submitted prior to the established date)

MACC-P

Date

MEMORANDUM FOR DPE Competitive Sports

SUBJECT: CSI Grade Change Request

1. Cadet Information.

Name: USMA ID:
Company:
Class:
Sport:
Current Grade:

2. The name of your present Company Athletic Officer (CAO):

3. The name of your CAO when you received the disputed grade:

3. A detailed description of why you request reconsideration for this CSI grade *(Be sure to include the sport involved if applicable)*:

5. What is your current grade and for what academic term? (e.g., B+, AY09/Term1) What do you believe it should be and **WHY?**

6. The name(s) of cadets that can verify your request/situation:

7. Date submitted to Athletic Officer chain of command:

8. Tactical Officer's recommendation and comments:

Cadet Printed Name:

Signature:

CAO Printed Name:

Signature:

TAC Printed Name:

Signature:

APPROVED: _____

DISAPPROVED: _____

Appendix G: After Action Review (AAR) Standard Format

MACC-P

Date

MEMORANDUM FOR RECORD

SUBJECT: After Action Review for Company Athletics (Name of Sport), Term and AY year

PURPOSE:

1. Issues.

Issue #1:

Discussion:

Recommendation:

Issue #2:

Discussion:

Recommendation:

2. The POC for this memorandum is the undersigned at XXX-XXXX.

JOE ATHLETIC
CDT, LT
CA Flickerball CIC

Appendix H: Competitive Sports Add/Drop Form

COMPETITIVE SPORTS Add/Drop FORM			
DATE SUBMITTED: _____		CLASS YR (Circle): 2021 2023 2025 2022 2024 2026	
<div style="text-align: right; float: right;"></div> LAST NAME: _____ FIRST NAME: _____ CO: _____ M / F			
REQUESTED CHANGE:			
DROP		ADD	
Sport	Coach (Printed Name and Initials)	Sport	Coach (Printed Name and Initials)
REASON (BE SPECIFIC!): _____ _____			
Other Acknowledgements: _____ Company AO: _____ <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> (Printed Name) </div> <div style="width: 45%;"> <div style="border: 1px solid black; height: 20px; background-color: #e0e0ff; margin-bottom: 5px;"></div> (Signature) </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> TAC: _____ (Printed Name) </div> <div style="width: 45%;"> <div style="border: 1px solid black; height: 20px; background-color: #e0e0ff; margin-bottom: 5px;"></div> (Signature) </div> </div>			

Instructions: Highlight CLASS YR and M or F in yellow whichever applies E mail form to both losing and gaining coach to print name and initial E mail form to CAO and TAC to print name and initial E mail completed form as an attachment to Mrs. May Arden at Esmeralda.arden@westpoint.edu			
			
CS USE ONLY. COMMENTS:			

[ADD/DROP LINK \(MS TEAMS\)](#)

Appendix I: Custom Jersey Design

Cadet teams may wear custom jerseys that adhere to the following guidance:

1. Jerseys will be uniform for all team members and will adhere to standard t-shirt design (tank-tops, half-sleeves, etc. are not authorized).
2. Jersey design must remain in good taste and **will be approved** by the DPE sport educator in charge of the cadet team.
3. Jerseys design must include a uniform (the same on each jersey) team design on the front and individual numbers on the back of each jersey.
4. Jerseys will **not** contain individual names or nicknames but may include company names (i.e. "hurricanes" or "cowboys").
5. Jersey color must be consistent with the standard Company Athletics company color or significantly different from other companies in the same regiment (approved by the DPE sport educator).

Appendix J: Company Athletics COVID-19 Mitigation Measures

HPCON-A: Social distancing and/or mask during activities. Gloves recommended for PAX cleaning equipment
HPCON-B: Social distancing and/or masks during activities. Gloves recommended for PAX cleaning equipment. Reduce capacity to 50%
HPCON-C: Social distancing and masks/gloves mandatory in all public places. Reduce capacity to 25%
HPCON-D: Shelter in place. Mask and gloves mandatory at all times outside of domicile
At HPCON B/C recommend cadets arrive for class in uniform. Cadet locker rooms close at Bravo. S&F close at Charlie. Possible flex solutions for space for Boxing, Combatives, and Mil-Move in 2nd/4th floor gyms at Charlie. At Bravo - some instructor cleaning of equipment will be needed. At Charlie - significant need for instructor cleaning of equipment/venues.

Company Athletics COVID-19 Mitigation Measures		HPCON-0	HPCON-A	HPCON-B	HPCON-C	HPCON-D
Outdoor CA sports	C1	Full Rosters	Max 15 cadets per team	Max 15 cadets per team	Unable to execute	Unable to execute
	C3	Routine Cleaning	Clean equipment weekly	Clean equipment daily	Unable to execute	Unable to execute
Indoor CA sports	C1	Full Rosters	Unable to execute	Unable to execute	Unable to execute	Unable to execute
	C3	Routine Cleaning	Unable to execute	Unable to execute	Unable to execute	Unable to execute

Key	
	Minimal adjustments
	Moderate adjustments
	Unable to execute
	C1: Capacity
	C2: Curriculum
	C3: Clean Equipment
	C4: Clean Facility
	C5: Control Monitor

Appendix K: Emergency Action Plans (EAP)

[EAP \(MS TEAMS LINK\)](#)

Appendix L: Sports Breakdown

<u>Fall Season</u>					
<u>Priority of Fill</u>	<u>Sport</u>	<u>Location</u>	<u>*Officials/Admin Required</u>	<u>**Min Strength</u> <u>^DPE Directed</u>	<u>**Max Strength</u>
1	Foundations of Fitness	Daly Field	None		
2	Orienteering	Arvin Loading Dock	BYE Week Team	10	15
3	Submission Grappling <>	Arvin Combatives Room	1 per company	10	12
4	Flag Football	Buffalo Soldier Field	2 per company	10	12
5	Basketball	Arvin 2nd/4th Floor Gym	None	7	10
6	Soccer	Daly Field	1 per company	9	11
<u>Spring Season</u>					
<u>Priority of Fill</u>	<u>Sport</u>		<u>*Officials Required</u>	<u>**Min Strength</u> <u>^DPE Directed</u>	<u>**Max Strength</u>
1	Foundations of Fitness	Daly Field	None		
2	Functional Fitness	Target Hill Field	BYE Week Team	9 (1 x Female)	15 (1 x Female)
3	Combat Grappling <>	Arvin Combatives Room	1 per company	10	12
4	Flickerball	Daly Field	None	10	15
5	Ultimate Frisbee	Buffalo Soldier Field	None	10	15
6	Team Handball	Arvin 2nd/4th Floor Gym	None	7	10
 ^ Reference Criteria in 28-1 for Entry into Foundations of Fitness *Officials ARE NOT included in the Min/Max Strength and will ADD TO the player/coach Min/Max strength. **Count includes the required 1x Coach per team <> Sport Requires Medical Screening from DPE Athletic Trainers					

Appendix M: Grappling Physical Instructions**Combat Grappling Roster****____ Company, ____ Reg******Due to CPT Holt/Mr. Larsen NLT 1600 on 03 SEP 2021****

Weight	Last Name	First Name	PPMS Complete?	PE360 Complete?	Basic Combatives Course (level 1) Complete?	Medical Status (for DPE use only)
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED
						TR / PT / MD / CLEARED

TR: Cadets report to the DPE Athletic Training Room in Arvin Gym from 0740-1145 or 1410-1600 hrs, before the CA season begins.

PT: Report to Arvin Physical Therapy Sick Call Mon-Fri, 0630 or 1300 hrs. Make sure the cadet lets the provider know they are there to get cleared for participation in CA Grappling. The provider must specifically address the issue they need looked at and the cadet will be required to obtain a hard or computer copy of their clearance. To complete this process, the cadet will then need to report to the DPE Training Room before 1600 hrs Mon – Fri before the CA season begins.

MD: Make an appointment (through TriCare) to meet with a provier. Make sure the cadet lets the provider know they are there to get cleared for participation in CA Grappling. The provider must specifically address the issue they need looked at and the cadet will be required to obtain a hard or computer copy of their clearance. To complete this process, the cadet will then need to report to the DPE Training Room before 1600 hrs Mon – Fri before the CA season begins.

I agree to comply with the procedure to get all of my participants medically screened before Monday, 13SEP21, 1600 hrs. I understand that failure to do so will result in the medical disqualification of these athletes and no further additions to my roster will be made to make up for this failure. **I also understand that I may not, for any reason, add any players to my roster after today's date.**

Should a participant on my team sustain an injury prior to the start of the CA Combat Grappling season that starts on Monday, 13SEP21, I _____ (coach) will meet with the DPE Athletic Training staff to inform them that a participant on my team sustained an injury, at that time the DPE Athletic Trainer will review the injured cadet's file.

Coach's Signature_____
Athletic Officer's Signature_____
Date

AY2023 CA Combat Grappling Roster Pre-Participation Medical Screening Instructions

1. Simply navigate to Announcements on CIS to find the PPMS link.
2. **Select ONLY CA Combat Grappling** from the **CA ACTIVITY** category at the beginning of the form.

COACHES: WE SUGGEST YOU HAVE ATHLETES SEND YOU A SCREEN SHOT THAT THEY COMPLETED THE CORRECT SCREENING FOR CA COMBAT GRAPPLING

You MUST REPORT to the first day of practice, despite any follow-up needs/concerns.

If additional information and/or follow-up is required, DPE Sports Medicine will contact you with instructions.

Appendix N: History, Overview, and Themes of the Week

West Point is renowned as the world's premier leader development institution. The mission of West Point is "To educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and prepared for a career of professional excellence and service to the Nation as an officer in the United States Army."

West Point accomplishes its mission by developing cadets intellectually, physically, militarily, ethically, spiritually, and socially. The competitive sports program is an integral part of the West Point curriculum and provides an ideal laboratory environment for cadets to develop leadership skills and learn the values of ethical conduct in a highly competitive setting. West Point's coaches and sport educators teach athletes how to practice, compete, and live in a way that maximizes their full potential as human beings. The nature of competitive sports provides opportunities that are unavailable in the conventional classroom, in extracurricular activities, and in various phases of military training.

EVERY CADET AN ATHLETE, EVERY ATHLETE CHALLENGED

Following World War I, Superintendent Douglas MacArthur initiated major changes in the athletics program at West Point in recognition of the intense physical demands of modern warfare. MacArthur introduced the phrase "every cadet an athlete, every athlete challenged." He required every cadet to participate in athletic competition because he was "convinced that the men who had taken part in organized sport made the best Soldiers." He described these Soldiers as "the most dependable, hardy, and courageous officers" and the "readiest to accept and enforce discipline."

MacArthur's quote, "Upon the fields of friendly strife are sown the seeds that upon other fields, on other days, will bear the fruits of victory" serves as the bedrock philosophy for sports at West Point. MacArthur believed, "the training on the athletic field, which produces in a superlative degree the attributes of fortitude, self-control, resolution, courage, mental agility, and of course, physical development, is one completely fundamental to efficient soldiery."

Today, every cadet participates in athletics at a level of competition consistent with one's ability and interest. There are three divisions of competition at West Point: intercollegiate athletics; competitive club athletics; and company athletics. Each division supports the Army Values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage and is designed to teach these values in an athletic setting. The Department of Physical Education oversees approximately 3,500 cadets in competitive club athletics and company athletics.

MISSION AND VISION

The mission of the Department of Physical Education is **"To educate, train, and inspire the Corps by challenging each Cadet in activities that promote holistic health and optimal physical performance to commission leaders of character who are physically fit and mentally tough."** The competitive sports program supports the mission of the Department of Physical Education by developing **warrior athletes of character** and building **teams of significance**.

The vision of the Department of Physical Education competitive sports program is to become the premier program in the United States for teaching character through sport. Our goal is to change the culture of sport through values-based athletic participation.

Warrior Athlete of Character

A warrior athlete of character is a team player who combines mental toughness, perseverance, and athletic skill with exemplary sporting behavior and fair play. The warrior athlete of character has a teachable spirit and demonstrates the drive, will, and courage to stay committed and succeed, regardless of the challenge.

Team of Significance

A team of significance is a group of warrior athletes that bond together into a single, selfless unit and accomplish memorable feats through their commitment to excellence. Six essential components for a team of significance are character, competency, courage, commitment, cohesion, and communication.

THREE PILLARS FOR ATHLETIC EXCELLENCE

The competitive sports program is built on three indivisible pillars: 1) character development, 2) military leader development, and 3) team development.

Character Development

There is no stand-alone program for character development at West Point. It is integrated into all programs including the competitive sports experience. A major problem in sports today, at all levels, is the prevalence of improper behaviors and poor character. Character must be taught,

and West Point believes it is the responsibility of sport educators and coaches to intentionally and purposefully incorporate character training into their daily practices.

It is also the duty of sport educators and coaches to confront and reshape inappropriate actions. By doing this, cadets will learn how to model sporting behavior and fair play. Practicing fair play does not negate the value of the will to win or the value of achieving victory. However, fair play does not support striving to win at any cost. "To win by cheating, by an umpire error or by an unfair stroke of fate is not really to win at all," stated General Pete Dawkins, Heisman Trophy winner and West Point graduate.

In athletics, it is unrealistic to believe that athletes will never experience losing. Cadets need to acquire the ability to lose on the scoreboard without losing honor, courage, or confidence. They must learn how to recover from the loss, maintain their winning spirit, and diligently prepare for the next challenge.

Hall of Fame coach Mike Krzyzewski believes that participating in sports provides athletes the opportunity to experience moments that reveal their character traits. Ultimately, athletics at West Point offers cadets a laboratory in which to develop character before encountering the zero-defect moments that are part of combat. Through a value-based sports education program, cadets develop the self-discipline, self-control, self-respect, and self-reliance that serve as their foundation in any situation, condition, or environment.

Military Leader Development

Outstanding military leaders echo the importance of athletic competition as a precursor to success as soldiers. General Alexander Haig thought sports provided the only peacetime activity where the stressors were similar to those on a battlefield. General Omar Bradley emphasized that organized team sports teach the importance of group cooperation in goal achievement. "No extracurricular endeavor I know of could better prepare a soldier for the battlefield," stated General Bradley.

Sports at West Point provide cadets with competitive opportunities to discover the warrior ethos on the athletic playing fields. Through sport, cadets embrace competition and learn how to never quit. They focus on the task at hand and can regain psychological control following unexpected events or distractions. Cadets also learn how to maintain self-control in response to any physical or verbal harassment. They demonstrate the inner drive to succeed in the face of adversity and stay fully committed to the team's mission. These qualities are key ingredients to success on the battlefield. Incorporating the warrior ethos and winning spirit into a cadet's self-concept is critical to his or her success as an Army warrior leader of character.

Sports at West Point provide valuable leadership opportunities. Each semester, approximately 450 cadets serve in leadership positions in company athletics and competitive club athletics. The brigade commander and the brigade athletic officer are responsible for company athletics and competitive club athletics and ensure that cadets abide by all published regulations and policies governing behavior. The regimental, battalion, and company athletic officers execute the competitive sports mission of developing warrior athletes of character and building teams of significance.

Under-class cadets are taught how to listen intently, follow directions, and respect authority figures. They learn the importance of respect, responsibility, and teamwork. Through teamwork, cadets coordinate their efforts, work together, and complement each other's play. In company athletics, upper-class cadets serve as team coaches, captains, administrators, and referees. In competitive club athletics, a key leadership position is the cadet team captain. Team captains are expected to model ethical behavior, integrity, and exemplary character. Their responsibilities include maintaining high standards, building cohesive teams, reinforcing and/or correcting behaviors, and minimizing and managing conflict.

Team Development

Teamwork is at the heart of all grand achievement and is a fundamental requirement in the Army. It is imperative that cadets become effective team members and team leaders. Great teams are comprised of team members that place the mission of the team ahead of personal goals and individual statistics. They understand and accept the fact that everyone on a team plays a different role, and together they can accomplish far more than one person can on his or her own.

Cadets learn that teamwork is the main ingredient for team success. Through the power of teamwork, cadets coordinate their efforts, focus on the same objectives, complement each other's play, and learn how to trust one another.

Teams of significance have strong leaders that build their programs on character, competency, courage, commitment, cohesion, and communication. A vital part of a leader's job every day is to build and guide teams through a series of developmental stages. Leaders cannot build cohesive teams without first identifying the underlying values that promote teamwork.

Themes of the Week

Themes of the week are established to ensure the goal of Company Athletics are being met. Building character through sport cannot be achieved solely through performing the sport and reflecting on the score. The action of players at all phases of play is indicative of individual character and teams of significance. Building teams of significance can only occur when individual efforts are concerted into a team symphony. Throughout each season a Theme of the Week (TOW) is directed to initiate conscious thought and action in building character and teams of significance. A list of possible themes below are topics that Sport Educators, Cadets-in-Charge, Coaches, Officials, and Players are expected to discuss at the beginning and conclusion of each Company Athletics session.

- Coaching Competency and Quality Practices
- Building Teams of Significance
- Coachability
- Sportsmanship
- Winning with Honor and Integrity
- Mental Toughness
- Team Player
- Fair Play
- Complacency Kills
- Components of Winning
- Stewards of the Sport

Company Athletics Overview

Prior to 2006, athletics at West Point on the brigade level was called intramurals. The name was changed to company athletics (CA) to cultivate the warrior ethos and instill pride in the military culture of West Point. It represents the tough-mindedness and “never quit” attitude that takes place when two companies compete on “the fields of friendly strife”. The name “company athletics” constantly serves as a reminder that an athletics program committed to teaching the Army Values and instilling the warrior ethos is not your typical “intramural” program. CA is more than a recreational experience for cadets. It is an educational program designed to help develop future Army officers.

CA offers 12 sports annually - Six in the fall season and six in the spring season. AY23 sports are selected from the following menu: **foundations of fitness, functional fitness, submission grappling, flag football, basketball, soccer, orienteering, combat grappling, flickerball, ultimate frisbee, and team handball.** Competition is based on the military organization of the United States Corps of Cadets (USCC). West Point is organized into a brigade of four regiments, twelve battalions, and 36 companies. Each company is represented by one team in each sport. During the regular season, a company competes against other companies in their regiment. At the end of the season, regimental champions participate in a playoff to determine a brigade champion. All members of brigade championship teams are awarded a company athletic monogram in recognition of their championship season.



CS Manager Requirements AY24

Baseline (all CLs)	PPSC (By CL)	Class Year	Semester Eligibility
APSC ≥ 2.25	≥ 2.25	Plebes ('27)	Spring semester only
MPSC ≥ 2.25	≥ 2.5	Yuks ('26)	Either semester, only 1
ACFT PASS	≥ 2.75	Cows ('25) / <u>Firsties</u> (<u>'24</u>)	Both;