

## SCHOOL SCHOOL PROGRAM

DEC 2- FEB 21 COLD SPRINGS ELEMENTARY 2:30-3:30PM (AGES 5 - 16)

Play hard, train like a pro and have a blast!

B E A C H A M P I O N

## TRAINING INCLUDES:

- DRIBBLING & FEINTS(1V1 | 2V2)
- FINISHING & GOING 2 GOAL
- TRANSITION GAMES (FOCUS ON DECISION MAKING)
- SMALL SIDED GAMES & FOOTVOLLEY
- TECHNICAL ENHANCEMENT
- SUPPORTS GROWTH AND SELF-CONFIDENCE

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