



## Coldspring Elementary School

Presents

### The Dancekids Program "Serious Fun for everyone!"

#### After School Dance Classes

Classes Start the week of December 2<sup>nd</sup> and end the week of February 17<sup>th</sup>  
(No Classes on December 26 and January 2<sup>nd</sup>)

#### ALL ABOUT DANCEKIDS:

The Dancekids Program has been in the Bay Area for over twenty-five years and is excited to bring DanceKids to the Santa Barbara County!

The popular dance and fitness program is offered in preschools, elementary schools, community centers and daycares. Our program has been incorporated into the curriculum of many schools to educate children on the importance of exercise and healthy lifestyle.



**All About Leslie Sokol:** Leslie has been teaching dance and fitness to children for over 30 years. She is certified through Dance Masters of America and is a member of the International Dance and Exercise Association. Leslie is presently very active speaking at assemblies and presentations throughout California. Her mission is to motivate children to believe in themselves and to have fun with dance and exercise.

## Dancekids Class Schedule

First class December 5<sup>th</sup>, Thursday - 10 weeks / lessons

### 2:00 - 3:00pm Kindergarten ..... Jazz dance/Fitness

**Class Description** - This combination class is the best of both worlds. Your child will learn basic Jazz dance steps and routines. Ballet positions and movements will be taught to beautiful classical music. The students will dance with princess crowns, wands, scarves and streamers! A Jazz dance and Ballet dance will be taught to show to the parents at the end of the session.

**Note:** ( Dance attire, socks, sneakers and Ballet slippers required.)

### 3:00 - 4:00pm 1<sup>st</sup> 4<sup>th</sup> Grade ..... Jazz dance/HipHop Fitness

**Class Description** - Your child will love this high energy and fun dance class. Learn basic Jazz, dance and hip hop step moves and routines. Warm-ups and cooldown exercises will be taught. This class will improve your child's coordination, flexibility, strength, rhythm and confidence. Most of all they will have so much fun dancing to lively upbeat music with their friends.

**Total \$150 includes  
Dancekids water Bottle and T-Shirt**

For Payment click here

[www.DanceKidsFun.com](http://www.DanceKidsFun.com)

