

#DEFYHATENOW

# COMMON MEASURES AGAINST CORONA VIRUS



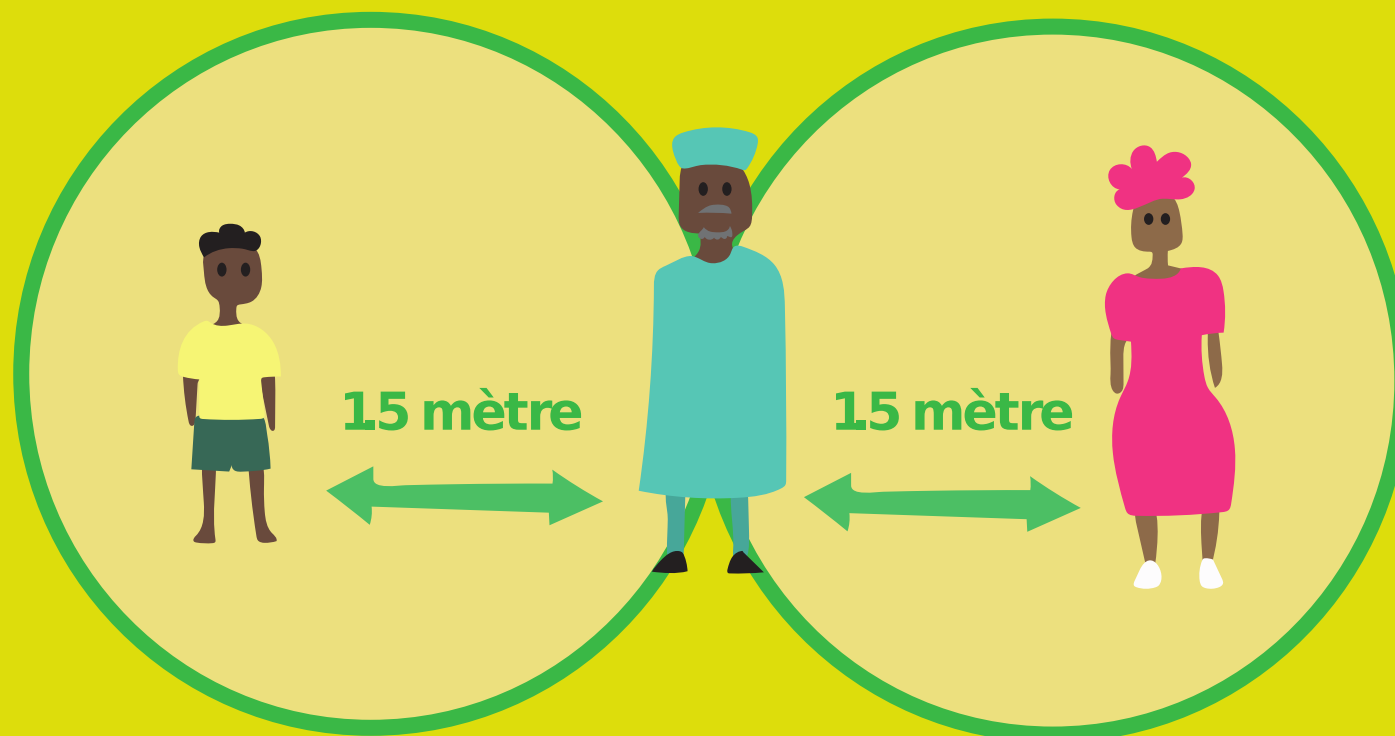
1. Wash your hands regularly with potable water and soap



2. Avoid touching eyes, nose and mouth



3. Use a hydro-alcoholic gel if you're out



4. Maintain social distancing of at least 15 meters



5. Cover your mouth and nose with your bent elbow or tissue when you cough



6. Stand against overloading in common transports



7. Stay at home and avoid public places