

Wireframe - React Native - Plate Mate

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Plate Mate is a weight-loss app designed to give users control over their meal portions. It will take their initial biometrics (weight, height, age, gender) along with their desired weight goal. Then, the app will calculate the amount of calories the person must consume at each meal and then allow them to input the desired foods they plan on eating into the app with a weight amount for each item that will not exceed their allotted caloric intake for that meal.

