

$$= \sin 36^\circ$$

$$\boxed{\sin 144^\circ = \sqrt{\frac{10-2\sqrt{5}}{16}}} \quad \text{Ans.}$$

$$\cos 144^\circ = \cos (180^\circ - 36^\circ) = -\cos 36^\circ$$

$$\boxed{\cos 144^\circ = -\left(\frac{1+\sqrt{5}}{4}\right)} \quad \text{Ans.}$$

$$\text{Next } \cos 36^\circ \cdot \cos 72^\circ \cdot \cos 108^\circ \cdot \cos 144^\circ = \frac{1}{16}$$

$$\text{L.H.S.} = \cos 36^\circ \cos 72^\circ \cos (180^\circ - 72^\circ) \cos 144^\circ$$

$$= \cos 36^\circ \cos 72^\circ (-\cos 72^\circ) \cos 144^\circ$$

$$= \left(\frac{1+\sqrt{5}}{4}\right) \left(\frac{\sqrt{5}-1}{4}\right) \left(-\left(\frac{\sqrt{5}-1}{4}\right)\right) \left(\frac{1+\sqrt{5}}{4}\right)$$

$$= \left(\frac{1+\sqrt{5}}{4}\right)^2 \left(\frac{\sqrt{5}-1}{4}\right)^2$$

$$= \left[\frac{(1+\sqrt{5})(\sqrt{5}-1)}{16}\right]^2$$

$$= \left[\frac{(\sqrt{5})^2 - (1)^2}{16}\right]^2 = \left(\frac{5-1}{16}\right)^2$$

$$= \left(\frac{4}{16}\right)^2 = \left(\frac{1}{4}\right)^2 = \frac{1}{16} = \text{R.H.S.}$$

Hence proved.

EXERCISE 10.4

Q.1 Express the following product as sums and differences

(i) $2 \sin 3\theta \cos \theta$ (Lahore Board 2006)

(ii) $2 \cos 5\theta \sin 3\theta$

(iii) $\sin 5\theta \cos 2\theta$ (Gujranwala Board 2004)

(iv) $2 \sin 7\theta \sin 2\theta$

(v) $\cos (x+y) \sin (x-y)$

(vi) $\cos (2x+30) \cos (2x-30)$

(vii) $\sin 12^\circ \sin 46^\circ$

(viii) $\sin (x+45^\circ) \sin (x-45^\circ)$

Solutions:

(i) $2 \sin 3\theta \cos \theta$

$$= \sin (3\theta + \theta) + \sin (3\theta - \theta) \quad (\because 2\sin\alpha \cos\beta = \sin(\alpha + \beta) + \sin(\alpha - \beta))$$

$$= \sin 4\theta + \sin 2\theta \quad \text{Ans.}$$

(ii) $2 \cos 5\theta \sin 3\theta$

$$= \sin (5\theta + 3\theta) - \sin (5\theta - 3\theta) \quad (\because 2\cos\alpha \sin\beta = \sin(\alpha + \beta) - \sin(\alpha - \beta))$$

$$= \sin 8\theta - \sin 2\theta \quad \text{Ans.}$$

(iii) $\sin 5\theta \cos 2\theta$

(Gujranwala Board 2004)

multiple & divide by 2

$$= \frac{1}{2} [2 \sin 5\theta \cos 2\theta]$$

$$= \frac{1}{2} [\sin (5\theta + 2\theta) + \sin (5\theta - 2\theta)]$$

$$= \frac{1}{2} [\sin 7\theta + \sin 3\theta] \quad \text{Ans.}$$

(iv) $2 \sin 7\theta \sin 2\theta$

$$= -[-2 \sin 7\theta \sin 2\theta]$$

$$= -\cos [(7\theta + 2\theta) - \cos (7\theta - 2\theta)] \quad (\because -2 \sin\alpha \sin\beta = \cos(\alpha + \beta) - \cos(\alpha - \beta))$$

$$= -[\cos 9\theta - \cos 5\theta] \quad \text{Ans.}$$

(v) $\cos (x + y) \sin (x - y)$

multiply & dividing by 2

$$= \frac{1}{2} [2 \cos (x + y) \sin (x - y)] \quad (\because 2\cos\alpha \sin\beta = \sin(\alpha + \beta) - \sin(\alpha - \beta))$$

$$= \frac{1}{2} [\sin (x + y + x - y) - \sin (x + y - x + y)]$$

$$= \frac{1}{2} [\sin (2x) - \sin 2y] \quad \text{Ans.}$$

(vi) $\cos (2x + 30^\circ) \cos (2x - 30^\circ)$

multiply & divide by 2

$$= \frac{1}{2} [2 \cos (2x + 30^\circ) \cos (2x - 30^\circ)] \quad (\because 2\cos\alpha \cos\beta = \cos(\alpha + \beta) + \cos(\alpha - \beta))$$

$$= \frac{1}{2} [\cos (2x + 30^\circ + 2x - 30^\circ) + \cos (2x + 30^\circ - 2x + 30^\circ)]$$

$$= \frac{1}{2} [\cos 4x + \cos 60^\circ] \quad \text{Ans.}$$

(vii) $\sin 12^\circ \sin 46^\circ$

multiply & divide by -2

$$= \frac{-1}{2} [-2 \sin 12^\circ \sin 46^\circ] \quad (\because -2\sin\alpha \sin\beta = \cos(\alpha + \beta) - \cos(\alpha - \beta))$$

$$= \frac{-1}{2} [\cos (12^\circ + 46^\circ) - \cos (12^\circ - 46^\circ)]$$

$$= \frac{-1}{2} [\cos 58^\circ - \cos (-34^\circ)]$$

$$= \frac{-1}{2} [\cos 58^\circ - \cos 34^\circ] \quad \text{Ans.} \quad (\because \cos(-\theta) = \cos \theta)$$

(viii) $\sin (x + 45^\circ) \sin (x - 45^\circ)$

multiply & dividing by -2

$$= \frac{-1}{2} [-2 \sin (x + 45^\circ) \sin (x - 45^\circ)] \quad (\because -2\sin\alpha \sin\beta = \cos(\alpha + \beta) - \cos(\alpha - \beta))$$

$$= \frac{-1}{2} [\cos (x + 45^\circ + x - 45^\circ) - \cos (x + 45^\circ - x + 45^\circ)]$$

$$= -\frac{1}{2} [\cos 2x - \cos 90^\circ]$$

Q.2 Express the following sums and differences as product

(i) $\sin 5\theta + \sin 3\theta$

(Lahore Board 2006,2007)

(ii) $\sin 8\theta - \sin 4\theta$

(iii) $\cos 6\theta + \cos 3\theta$

(iv) $\cos 7\theta - \cos \theta$

(Lahore Board 2009)

(v) $\cos 12^\circ + \cos 48^\circ$

(Lahore Board 2010)

(vi) $\sin (x + 30^\circ) + \sin (x - 30^\circ)$

Solution:

(i) $\sin 5\theta + \sin 3\theta$

$$= 2 \sin \frac{5\theta + 3\theta}{2} \cos \frac{5\theta - 3\theta}{2} \quad \left(\because \sin P + \sin Q = 2 \sin \frac{P+Q}{2} \cos \frac{P-Q}{2} \right)$$

$$= 2 \sin 4\theta \cos \theta \quad \text{Ans.}$$

(ii) $\sin 8\theta - \sin 4\theta$

$$= 2 \cos \frac{8\theta + 4\theta}{2} \sin \frac{8\theta - 4\theta}{2}$$

$$\therefore \left(\sin P - \sin Q = 2 \cos \frac{P+Q}{2} \sin \frac{P-Q}{2} \right)$$

$$= 2 \cos 6\theta \sin 2\theta \quad \text{Ans.}$$

(iii) $\cos 6\theta + \cos 3\theta$

$$= 2 \cos \frac{6\theta + 3\theta}{2} \cos \frac{6\theta - 3\theta}{2}$$

$$\therefore \left(\cos P + \cos Q = 2 \cos \frac{P+Q}{2} \cos \frac{P-Q}{2} \right)$$

$$= 2 \cos \frac{9\theta}{2} \cos \frac{3\theta}{2} \quad \text{Ans.}$$

(iv) $\cos 7\theta - \cos \theta$

(Lahore Board 2009)

$$= -2 \sin \frac{7\theta + \theta}{2} \cdot \sin \frac{7\theta - \theta}{2}$$

$$\therefore \left(\cos P - \cos Q = -2 \sin \frac{P+Q}{2} \sin \frac{P-Q}{2} \right)$$

$$= -2 \sin 4\theta \sin 3\theta \quad \text{Ans.}$$

(v) $\cos 12^\circ + \cos 48^\circ$

(Lahore Board 2010)

$$= 2 \cos \frac{12^\circ + 48^\circ}{2} \cos \frac{12^\circ - 48^\circ}{2}$$

$$= 2 \cos \frac{60^\circ}{2} \cos \frac{-36^\circ}{2}$$

$$(\because \cos(-\theta) = \cos \theta)$$

$$= 2 \cos 30^\circ \cos 18^\circ \quad \text{Ans.}$$

(vi) $\sin(x + 30^\circ) + \sin(x - 30^\circ)$

$$= 2 \sin \frac{x + 30^\circ + x - 30^\circ}{2} \cos \frac{x + 30^\circ - x + 30^\circ}{2}$$

$$= 2 \sin \frac{2x}{2} \cos \frac{60^\circ}{2}$$

$$= 2 \sin x \cos 30^\circ \quad \text{Ans.}$$

Q.3 Prove the following identities

(i)
$$\frac{\sin 3x - \sin x}{\cos x - \cos 3x} = \cot 2x$$

(ii)
$$\frac{\sin 8x + \sin 2x}{\cos 8x + \cos 2x} = \tan 5x$$

(iii)
$$\frac{\sin \alpha - \sin \beta}{\sin \alpha + \sin \beta} = \tan \left(\frac{\alpha - \beta}{2} \right) \cot \left(\frac{\alpha + \beta}{2} \right)$$

(Lahore Board 2007)

Solution:

$$(i) \quad \frac{\sin 3x - \sin x}{\cos x - \cos 3x} = \cot 2x$$

$$\begin{aligned} \text{L.H.S.} &= \frac{\sin 3x - \sin x}{-(\cos 3x - \cos x)} \quad \left(\because \sin P - \sin Q = 2\cos\left(\frac{P+Q}{2}\right)\sin\left(\frac{P-Q}{2}\right) \right) \\ &= \frac{2\cos\frac{3x+x}{2}\sin\frac{3x-x}{2}}{-\left(-2\sin\frac{3x+x}{2}\sin\frac{3x-x}{2}\right)} \quad \left(\because \cos P - \cos Q = -2\sin\left(\frac{P+Q}{2}\right)\sin\left(\frac{P-Q}{2}\right) \right) \\ &= \frac{2\cos 2x \sin x}{2\sin 2x \sin x} = \frac{\cos 2x}{\sin 2x} = \cot 2x = \text{R.H.S.} \end{aligned}$$

Hence proved.

$$(ii) \quad \frac{\sin 8x + \sin 2x}{\cos 8x + \cos 2x} = \tan 5x$$

$$\begin{aligned} \text{L.H.S.} &= \frac{\sin 8x + \sin 2x}{\cos 8x + \cos 2x} \quad \left(\because \sin P + \sin Q = 2\sin\left(\frac{P+Q}{2}\right)\sin\left(\frac{P-Q}{2}\right) \right) \\ &= \frac{2\sin\frac{8x+2x}{2}\cos\frac{8x-2x}{2}}{2\cos\frac{8x+2x}{2}\cos\frac{8x-2x}{2}} \quad \left(\because \cos P + \cos Q = 2\cos\left(\frac{P+Q}{2}\right)\cos\left(\frac{P-Q}{2}\right) \right) \\ &= \frac{2\sin 5x \cos 3x}{2\cos 5x \cos 3x} = \frac{\sin 5x}{\cos 5x} = \tan 5x = \text{R.H.S.} \end{aligned}$$

Hence proved.

$$(iii) \quad \frac{\sin \alpha - \sin \beta}{\sin \alpha + \sin \beta} = \tan \frac{\alpha - \beta}{2} \cot \frac{\alpha + \beta}{2} \quad (\text{Lahore Board 2007})$$

$$\begin{aligned} \text{L.H.S.} &= \frac{\sin \alpha - \sin \beta}{\sin \alpha + \sin \beta} \quad \left(\because \sin P - \sin Q = 2\cos\left(\frac{P+Q}{2}\right)\sin\left(\frac{P-Q}{2}\right) \right) \\ &= \frac{2\cos\frac{\alpha+\beta}{2}\sin\frac{\alpha-\beta}{2}}{2\sin\frac{\alpha+\beta}{2}\cos\frac{\alpha-\beta}{2}} \quad \left(\because \sin P + \sin Q = 2\sin\left(\frac{P+Q}{2}\right)\cos\left(\frac{P-Q}{2}\right) \right) \\ &= \cot \frac{\alpha + \beta}{2} \cdot \tan \frac{\alpha - \beta}{2} = \text{R.H.S.} \end{aligned}$$

Hence the proof.

Q.4 Prove that

(i) $\cos 20^\circ + \cos 100^\circ + \cos 140^\circ = 0$ (Lahore Board 2008)

(ii) $\sin\left(\frac{\pi}{4} - \theta\right) \sin\left(\frac{\pi}{4} + \theta\right) = \frac{1}{2} \cos 2\theta$ (Lahore Board 2005)

(iii) $\frac{\sin \theta + \sin 3\theta + \sin 5\theta + \sin 7\theta}{\cos \theta + \cos 3\theta + \cos 5\theta + \cos 7\theta} = \tan 4\theta$

Solution:

(i) $\cos 20^\circ + \cos 100^\circ + \cos 140^\circ = 0$

$$\begin{aligned} \text{L.H.S.} &= \cos 20^\circ + \cos 100^\circ + \cos 140^\circ \\ &= [\cos 140^\circ + \cos 20^\circ] + \cos 100^\circ \left(\because \cos P + \cos Q = 2 \cos \left(\frac{P+Q}{2} \right) \cos \left(\frac{P-Q}{2} \right) \right) \\ &= 2 \cos \frac{140^\circ + 20^\circ}{2} \cos \frac{140^\circ - 20^\circ}{2} + \cos 100^\circ \\ &= 2 \cos 80^\circ \cos 60^\circ + \cos 100^\circ \\ &= 2 \cos 80^\circ \frac{1}{2} + \cos 100^\circ \\ &= \cos 80^\circ + \cos 100^\circ \\ &= 2 \cos \frac{80^\circ + 100^\circ}{2} \cos \frac{80^\circ - 100^\circ}{2} \\ &= 2 \cos 90^\circ \cos (-10^\circ) \\ &= 2 \times 0 \times \cos 10^\circ \\ &= 0 = \text{R.H.S.} \end{aligned}$$

Hence proved.

(ii) $\sin\left(\frac{\pi}{4} - \theta\right) \sin\left(\frac{\pi}{4} + \theta\right) = \frac{1}{2} \cos 2\theta$

$$\begin{aligned} \text{L.H.S.} &= \sin\left(\frac{\pi}{4} - \theta\right) \sin\left(\frac{\pi}{4} + \theta\right) \quad \left(\because \begin{aligned} \sin(\alpha - \beta) &= \sin\alpha \cos\beta - \cos\alpha \sin\beta \\ \sin(\alpha + \beta) &= \sin\alpha \cos\beta + \cos\alpha \sin\beta \end{aligned} \right) \\ &= \left(\sin \frac{\pi}{4} \cos \theta - \cos \frac{\pi}{4} \sin \theta \right) \left(\sin \frac{\pi}{4} \cos \theta + \cos \frac{\pi}{4} \sin \theta \right) \\ &= \left(\frac{1}{\sqrt{2}} \cos \theta - \frac{1}{\sqrt{2}} \sin \theta \right) \left(\frac{1}{\sqrt{2}} \cos \theta + \frac{1}{\sqrt{2}} \sin \theta \right) \\ &= \frac{1}{\sqrt{2}} \times \frac{1}{\sqrt{2}} (\cos \theta - \sin \theta) (\cos \theta + \sin \theta) \\ &= \frac{1}{2} (\cos^2 \theta - \sin^2 \theta) \\ &= \frac{1}{2} \cos 2\theta = \text{R.H.S.} \quad \text{Hence proved.} \end{aligned}$$

$$(iii) \quad \frac{\sin \theta + \sin 3\theta + \sin 5\theta + \sin 7\theta}{\cos \theta + \cos 3\theta + \cos 5\theta + \cos 7\theta} = \tan 4\theta$$

$$\begin{aligned} \text{L.H.S.} &= \frac{\sin \theta + \sin 3\theta + \sin 5\theta + \sin 7\theta}{\cos \theta + \cos 3\theta + \cos 5\theta + \cos 7\theta} \left(\begin{array}{l} \because \sin P + \sin Q = 2\sin\left(\frac{P+Q}{2}\right)\cos\left(\frac{P-Q}{2}\right) \\ \cos P + \cos Q = 2\cos\left(\frac{P+Q}{2}\right)\cos\left(\frac{P-Q}{2}\right) \end{array} \right) \\ &= \frac{[\sin 7\theta + \sin \theta] + [\sin 5\theta + \sin 3\theta]}{[\cos 7\theta + \cos \theta] + [\cos 5\theta + \cos 3\theta]} \\ &= \frac{2\sin\frac{(7\theta + \theta)}{2}\cos\frac{7\theta - \theta}{2} + 2\sin\frac{5\theta + 3\theta}{2}\cos\frac{5\theta - 3\theta}{2}}{2\cos\frac{7\theta + \theta}{2}\cos\frac{7\theta - \theta}{2} + 2\cos\frac{5\theta + 3\theta}{2}\cos\frac{5\theta - 3\theta}{2}} \\ &= \frac{2\sin 4\theta \cos 3\theta + 2\sin 4\theta \cos \theta}{2\cos 4\theta \cos 3\theta + 2\cos 4\theta \cos \theta} \\ &= \frac{2\sin 4\theta (\cos 3\theta + \cos \theta)}{2\cos 4\theta (\cos 3\theta + \cos \theta)} \\ &= \frac{\sin 4\theta}{\cos 4\theta} = \tan 4\theta = \text{R.H.S.} \end{aligned}$$

Hence proved.

Q.5 Prove that

$$(i) \quad \cos 20^\circ \cos 40^\circ \cos 60^\circ \cos 80^\circ = \frac{1}{16}$$

(Gujranawala Board 2004, Lahore Board 2008)

$$(ii) \quad \sin \frac{\pi}{9} \sin \frac{2\pi}{9} \sin \frac{\pi}{3} \sin \frac{4\pi}{9} = \frac{3}{16}$$

$$(iii) \quad \sin 10^\circ \sin 30^\circ \sin 50^\circ \sin 70^\circ = \frac{1}{16} \quad (\text{Lahore Board 2011})$$

Solution:

$$(i) \quad \cos 20^\circ \cos 40^\circ \cos 60^\circ \cos 80^\circ = \frac{1}{16}$$

$$\begin{aligned} \text{L.H.S.} &= \cos 20^\circ \cos 40^\circ \cos 60^\circ \cos 80^\circ \\ &= \frac{1}{2} \cos 40^\circ \cos 20^\circ \cos 80^\circ \\ &= \frac{1}{2} [\cos 40^\circ \cos 20^\circ] \cos 80^\circ \quad (\because 2\cos\alpha \cos\beta = \cos(\alpha + \beta) + \cos(\alpha - \beta)) \end{aligned}$$

$$\begin{aligned}
&= \frac{1}{2} \left[\frac{2}{2} \cos 40^\circ \cos 20^\circ \right] \cos 80^\circ \\
&= \frac{1}{2} \times \frac{1}{2} [\cos (40^\circ + 20^\circ) + \cos (40^\circ - 20^\circ)] \cos 80^\circ \\
&= \frac{1}{4} [\cos 60^\circ + \cos 20^\circ] \cos 80^\circ \\
&= \frac{1}{4} \left[\frac{1}{2} + \cos 20^\circ \right] \cos 80^\circ \\
&= \frac{1}{4} \left[\frac{1}{2} \cos 80^\circ + \cos 80^\circ \cos 20^\circ \right] (\because 2\cos\alpha \cos\beta = \cos(\alpha + \beta) + \cos(\alpha - \beta)) \\
&= \frac{1}{4} \left[\frac{1}{2} \cos 80^\circ + \frac{2}{2} \cos 80^\circ \cos 20^\circ \right] \\
&= \frac{1}{4} \left[\frac{1}{2} \cos 80^\circ + \frac{1}{2} \{ \cos (80^\circ + 20^\circ) + \cos (80^\circ - 20^\circ) \} \right] \\
&= \frac{1}{4} \left[\frac{1}{2} \cos 80^\circ + \frac{1}{2} \cos 100^\circ + \frac{1}{2} \cos 60^\circ \right] \\
&= \frac{1}{8} [\cos 80^\circ + \cos 100^\circ + \cos 60^\circ] \\
&= \frac{1}{8} [\cos 80^\circ + \cos (180^\circ - 80^\circ) + \cos 60^\circ] (\because \cos(\pi - \theta) = -\cos\theta) \\
&= \frac{1}{8} [\cos 80^\circ - \cos 80^\circ + \cos 60^\circ] \\
&= \frac{1}{8} [\cos 60^\circ] \\
&= \frac{1}{8} \left[\frac{1}{2} \right] = \frac{1}{16} = \text{R.H.S.}
\end{aligned}$$

Hence proved.

$$(ii) \quad \sin \frac{\pi}{9} \sin \frac{2\pi}{9} \sin \frac{\pi}{3} \sin \frac{4\pi}{9} = \frac{3}{16}$$

(Lahore Board 2011)

$$\begin{aligned}
\text{L.H.S.} &= \sin \frac{\pi}{9} \sin \frac{2\pi}{9} \sin \frac{\pi}{3} \sin \frac{4\pi}{9} \\
&= \sin \frac{\pi}{9} \sin \frac{2\pi}{9} \frac{\sqrt{3}}{2} \sin \frac{4\pi}{9} \\
&= \frac{\sqrt{3}}{2} \sin 20^\circ \sin 40^\circ \sin 80^\circ \\
&= \frac{\sqrt{3}}{2} [\sin 40^\circ \sin 20^\circ] \sin 80^\circ (\because -2 \sin\alpha \sin\beta = \cos(\alpha + \beta) - \cos(\alpha - \beta))
\end{aligned}$$

$$\begin{aligned}
&= \frac{\sqrt{3}}{2} \left[\frac{-2}{-2} \sin 40^\circ \sin 20^\circ \right] \sin 80^\circ \\
&= \frac{-\sqrt{3}}{2} \left[\frac{1}{2} \{ \cos (40^\circ + 20^\circ) - \cos (40^\circ - 20^\circ) \} \sin 80^\circ \right] \\
&= \frac{-\sqrt{3}}{4} [\{ \cos 60^\circ - \cos 20^\circ \} \sin 80^\circ] \\
&= \frac{-\sqrt{3}}{4} \left[\left\{ \frac{1}{2} - \cos 20^\circ \right\} \sin 80^\circ \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \sin 80^\circ \cos 20^\circ \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \frac{2}{2} \sin 80^\circ \cos 20^\circ \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \frac{1}{2} \sin (80^\circ + 20^\circ) + \sin (80^\circ - 20^\circ) \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \frac{1}{2} \sin 100^\circ - \frac{1}{2} \sin 60^\circ \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \frac{1}{2} \sin (180^\circ - 80^\circ) - \frac{1}{2} \cdot \frac{\sqrt{3}}{2} \right] \\
&= \frac{-\sqrt{3}}{4} \left[\frac{1}{2} \sin 80^\circ - \frac{1}{2} \sin 80^\circ - \frac{\sqrt{3}}{4} \right] \\
&= \frac{-\sqrt{3}}{4} \left(-\frac{\sqrt{3}}{4} \right) \\
&= \frac{3}{16} = \text{R.H.S}
\end{aligned}$$

Hence proved.

(iii) $\sin 10^\circ \sin 30^\circ \sin 50^\circ \sin 70^\circ = \frac{1}{16}$

$$\begin{aligned}
\text{L.H.S.} &= \sin 10^\circ \sin 30^\circ \sin 50^\circ \sin 70^\circ \\
&= \frac{1}{2} \sin 10^\circ \sin 50^\circ \sin 70^\circ \\
&= \frac{-1}{2 \times 2} [(-2 \sin 10^\circ \sin 50^\circ) \cdot \sin 70^\circ] \\
&= \frac{-1}{4} [\{ \cos (10^\circ + 50^\circ) - \cos (10^\circ - 50^\circ) \} \sin 70^\circ] \\
&= \frac{-1}{4} [(\cos 60^\circ - \cos 40^\circ) \sin 70^\circ]
\end{aligned}$$

$$\begin{aligned} &= \frac{-1}{8} [2 \cos 60^\circ \sin 70^\circ - 2 \cos 40^\circ \sin 70^\circ] \because 2 \cos \alpha \sin \beta = \sin(\alpha + \beta) - \sin(\alpha - \beta) \\ &= \frac{-1}{8} \left[2 \frac{1}{2} \sin 70^\circ - \{ \sin (40^\circ + 70^\circ) - \sin (40^\circ - 70^\circ) \} \right] \\ &= \frac{-1}{8} [\sin 70^\circ - \{ \sin 110^\circ - \sin (-30^\circ) \}] \\ &= \frac{-1}{8} [\sin 70^\circ - \{ \sin 110^\circ + \sin 30^\circ \}] \\ &= \frac{-1}{8} [\sin (180^\circ - 110^\circ) - \sin 110^\circ - \sin 30^\circ] \\ &= \frac{-1}{8} [\sin 110^\circ - \sin 110^\circ - \sin 30^\circ] \\ &= \frac{-1}{8} \left[-\frac{1}{2} \right] \\ &= \frac{1}{16} = \text{R.H.S.} \end{aligned}$$

Hence proved.