

Sophie A volunteers story

Hi my name is Sophie, I am a new volunteer at Home-Start Nottingham. I decided I wanted to be a volunteer as I really want to help families through difficult times in their lives.

There have been times in my life that I wish I had the support from a volunteer, as Home-Start Nottingham is such a fantastic team.

I started the course at the beginning of this year, and it has given me the confidence to feel prepared whilst out in the community. The course is very in depth and the coordinators make you feel very well looked after and I feel that if I had any worries or concerns I can always rely on them to guide and reassure.

Thank you for giving me the opportunity to be a volunteer.