



## A year in numbers 2020-2021

- 98 families supported through home visiting and group
- 54% of parents referred for support said they felt isolated
- 33 families needed help with childrens behaviour
- 19 families needed help with budgeting
- 48 families needed help with own mental health and 25 families needed help with children's mental health
- 924 volunteer and paid worker face to face or virtual visits took place
- 212 children supported
- It costs £1,296 a year to support one family

Home-Start Nottingham offers confidential support, friendship and practical help to families with at least one child under five, who are going through a difficult time.

The areas covered by the scheme include: Nottingham City and the County Boroughs of Ashfield, Broxtowe, Gedling and Rushcliffe.

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