

AICTE SPONSORED (ATAL)

FIVE DAY FDP

ON EMOTIONAL INTELLIGENCE (ONLINE MODE)

2020

ORGANIZED

INDIAN INSTITUTE OF INFORMATION TECHNOLOGY,
PRAYAGRAJ

AT

(AN EVENT UNDER IIIT-A BEYOND 20 BY 2020)

DATE

13-09-2020 to 17-09-2020

Course Co-ordinator

Dr. Pragya Singh,
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Introduction

Emotional intelligence (otherwise known as emotional quotient or EQ) is the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

It is the capability of individuals to recognize their own emotions and those of others, discern between different feelings and label them appropriately, use emotional information to guide thinking and behavior, and manage and/or adjust emotions to adapt to environments or achieve one's goal.

It is one of the booming topics in the field of Life Skill Management.



Chief Patron



Prof. P. Nagabhushan

Director, IIITA
B.E., M.Tech., Ph.D., FIE, FIETE

Distinguished Speakers



Prof. K. Chidananda Gowda

Former Vice-Chancellor,
Kuvempu University, Karnataka



Prof. Uma Shanker Tiwary

Dean Human Affairs , IIITA
Ph.D.



Prof. Rajbir Singh

Professor , Behavioural Sciences
Shree Guru Gobind Singh
Tricentenary University



Prof. Sudhir Chandra Das

Professor of OB & HR,
Department of Commerce,
Banaras Hindu University, Varanasi



Prof. Ashutosh Singh
Professor of OB & HR,
Govind Ballabh Pant University
Of Agriculture & Technology



Dr. Banani Chakraborty
DNA Scientist
Department of Chemical Engineering,
IISc Bangalore

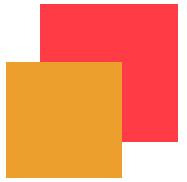


Dr. Shefali Nandan
Assistant Professor, MONIRBA
University Of Allahabad

Course Coordinator



Dr. Pragya Singh
Asst. Professor,
Department of Management Studies, IIITA



Objective Of Workshop

To have basic understanding of emotional intelligence

Understanding implementation of emotional intelligence in varied situations and environment.

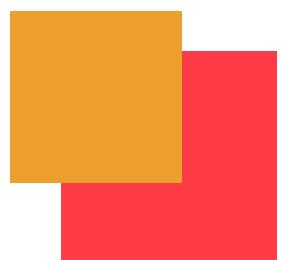
Course Learning Outcomes

Enhancement of the emotional quotient which is quite important than IQ.

To think critically and strategically and to develop the ability to identify emotional steps and design appropriate courses of action.

Course Structure

- Introduction to EQ
- Emotions and the Tripartite Brain
- Emotional Competencies
- Executive EQ
- Emotions and Enneagram
- Rational Emotive Therapy
- Emotional Transformation
- Script Analysis using Enneagram
- Measuring Emotional Intelligence
- Role of Emotions
- Emotions and Attitudes

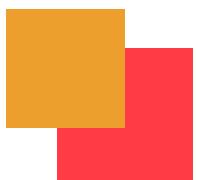


Schedule

COURSE COORDINATOR : -

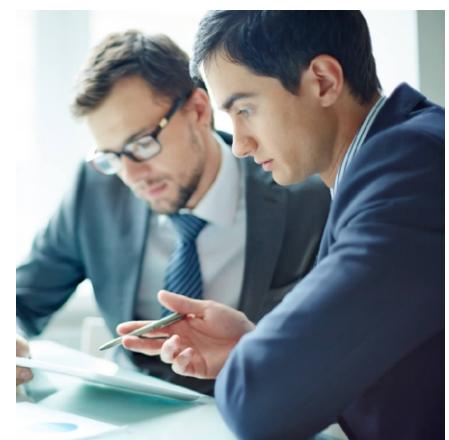
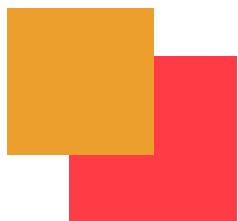
Dr. Pragya Singh, Assistant Professor, IIIT Allahabad

DATES	10.00 AM to 11.30 AM	11.30 AM to 12.00 PM	12.00 PM to 1.30 PM	1.30 PM to 2.30 PM	2.30 PM to 4.00 PM	4.15 PM to 4.45 PM
13-09-2020 (Sunday)	Registration & Inauguration	TEA	Introduction to Emotional Quotient	LUNCH	Emotions & Tripartite Brain	TEA
14-09-2020 (Monday)	Emotional Competencies and Mapping	TEA	Executive Emotional Quotient	LUNCH	Emotions & Enneagram	TEA
15-09-2020 (Tuesday)	Rational emotive therapy	TEA	Emotional transformation	LUNCH	Problem solving session	TEA
16-09-2020 (Wednesday)	Measuring emotional intelligence	TEA	Emotions and childhood	LUNCH	Role of emotions	TEA
17-09-2020 (Thursday)	Emotions & Attitudes	TEA	Emotions & Attitudes	LUNCH	Feedback & Valedictory Session	TEA



Who Can Attend ?

- *Faculty Members from all Academic Institutions.*
- *Industry Professionals*
- *Officers and Staff of IIIT Allahabad*
- *Research Scholars of IIIT Allahabad*
- *Students of IIIT Allahabad*



Registration

01.

Faculty Members from any Academic Institution can register through the link given below :

Link : <https://www.aicte-india.org/atal>

02.

1. *Industry Professionals / Officers & Staff (IIITA)*
2. *Research Scholars & Students of IIITA*
who are interested in attending the program
are required to fill the form below :

Form : <https://forms.gle/u7ywZT5u9fm5iUmV9>

Registration: The registration to this program will be through online mode only.

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About IIIT-A

Established in 1999, as a center of excellence in Information Technology and allied areas. Institute was conferred the Deemed University status by Govt. of India in the year 2000.

The beautiful 100-acre campus, situated at Devghat, Jhalwa, designed meticulously on the Penrose Geometry pattern, is being further topped by fine landscaping to give an all-round soothing effect to create a stimulating learning environment for everyone.

