

# *Regularization and the Bias-Variance Tradeoff*

**TM Quest**

# Overview

## What Will we Learn in This Module?

- What is **regularization** (or **shrinkage**)?
  - How to implement **Ridge regression**.
  - How to implement **Lasso regression**.
  - What are the advantages of regularization?
- What is **bias** and **variance**?
  - What is the **bias-variance tradeoff**?
  - How should the bias-variance tradeoff affect our decisions?

*Regularization (or Shrinkage)*

# Motivation

## Linear Regression Advantages

- It is simple to understand.
- It runs quickly.
- It is easy to interpret the results.

## Linear Regression Disadvantage

- It often performs worse than a complex model such as a random forest.

**Solution:** Improve linear regression!

# Regularizing Linear Regression

## The Idea of Regularization

The idea behind regularization is to **shrink the parameters** in a linear regression model so that the most prominent parameters stand out.

Say you have a linear regression model

$$a_1x_1 + a_2x_2 + a_3x_3 = y,$$

and when fitting it to your dataset you get

$$1.7x_1 + 0.2x_2 + 3.1x_3 = y.$$

Setting  $a_2 = 0$  gives the **regularized model**

$$1.7x_1 + 3.1x_3 = y.$$

# More Sophisticated Regularization

## Lasso and Ridge Regression

**Lasso regression** and **Ridge regression** are two regularization techniques for linear regression.

### Facts

#### ■ Similarities

- Are **built into scikit-learn** and are easy to use.
- Have a **hyperparameter** that determines the level of shrinkage.

#### ■ Differences

- **Lasso regression** will typically set some of the parameters to zero.
- **Ridge regression** shrinks parameters but doesn't set them to zero.

# *Bias and Variance Tradeoff*

# *Explaining Bias and Variance*

## Bias

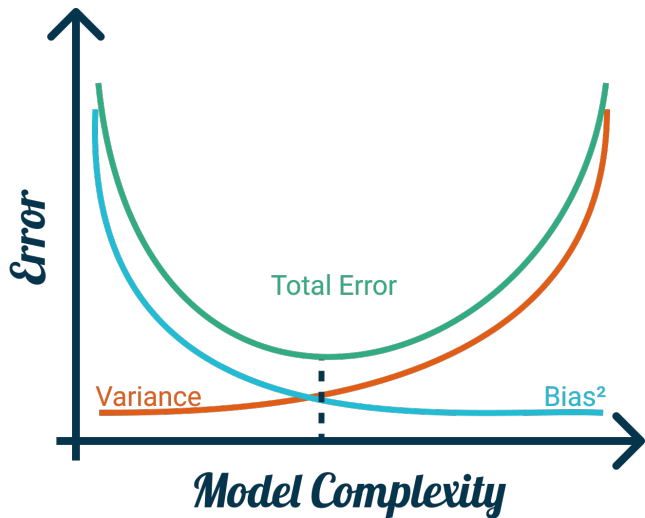
- The **bias error** is an error arising from wrong assumptions in the model.
- An example of **high bias error** is using a linear model when the data is highly non-linear (**underfitting**)

## Variance

- The **variance error** is an error arising from sensitivity to small fluctuations in the training set.
- An example of **high variance error** is using a complex model that picks up random noise in the training set (**overfitting**).



# Bias-Variance Tradeoff



- Our goal is to reduce the **total error**.
- Want to simultaneously reduce the **bias error** and **variance error** as much as possible.
- The **bias-variance tradeoff** states that lowering the bias error often increases the variance error and vice versa.

# *Bias-Variance in Regularized Models*

## The $\alpha$ Hyperparameter

Lasso regression and Ridge regression have a hyperparameter  $\alpha$ .

- When  $\alpha = 0$  we have the usual linear regression.
- When  $\alpha \rightarrow \infty$  all the parameters go to zero.

## What is happening?

- Increasing  $\alpha$  lowers the variance error but increases the bias error.
- Decreasing  $\alpha$  increases the variance error but decreases the bias error.
- The best  $\alpha$  finds a **sweet spot** where the total error is lowest.