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This therapist manual describes the general strategies used in the treatment of anxiety in children (e.g., exposure tasks, homework, changing anxious self-talk, etc.). The treatment manual is coordinated with the Brief Coping Cat: The 8-Session Coping Cat Workbook. There is a chapter devoted to each of the sessions that appear in the ...

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WORKBOOK PUBLISHING, Inc. is dedicated to offering well-researched, empirically-supported, and practical books, software, computer and audiovisual programs to provide mental health professionals and educators with treatments for working with children and adolescents. Treatment manuals for therapists and workbooks for the participant youth are available, including The Coping Cat treatment ...

### **Coping Cat - Workbook Publishing , Inc.**

The Coping Cat Therapist: Session-By-Session Guide [DVD] Practice Parameters The American Academy of Child & Adolescent Psychiatry (AACAP) publishes Practice Parameters on various conditions in child mental health.

### **Child Anxiety Tales - Therapist Training Resources**

There is formal support available for implementation of Coping Cat as listed below: Supervisory phone consultation is available. Fidelity Measures. There are fidelity measures for Coping Cat as listed below: The therapist manual describes session-by-session content. Each session's description begins with the goals/targets for that session.

### **CEBC » Coping Cat » Program » Detailed - cebc4cw.org**

Coping Cat Workbook, Second Edition (Child Therapy Workbooks Series) [Philip C. Kendall, Kristina A. Hedtke] on Amazon.com. \*FREE\* shipping on qualifying offers. Empirically-supported CBT to

reduce anxious distress in youth. This newest edition is a revision of the original Coping Cat Workbook by Philip Kendall that has been in use since 1992.

### **Coping Cat Workbook, Second Edition (Child Therapy ...**

Program description of Coping Cat. The Programs that Work section of the Promising Practices Network (PPN) site features descriptions of evaluated programs that improve outcomes for children. PPN programs are organized by four major outcome areas, and sub-categorized by indicators within each outcome area. Programs are also categorized by topic area and by evidence level.

### **Coping Cat - Promising Practices**

The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from 7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C. Kendall, PhD, ABPP, and colleagues at the Child and Adolescent Anxiety Disorders Clinic at Temple University.

### **Coping Cat - Wikipedia**

Cognitive-Behavior Therapywith Youth Workshop,June21,2002 Perth, Australia Philip C. Kendall, Ph.D., ABPP ... THERAPIST MANUAL FOR "TAKING ACTION" Session loic Table I ... Coping EmotionPictionary Coping Thoughtsthatinterfere withcoping

### **Cognitive-Behavior Therapywith Youth**

To bring the concept of flexibility within fidelity to life, we draw examples from the Coping Cat program. The Coping Cat program is one example of CBT for youth anxiety: it consists of 16 sessions, follows a therapist manual (Kendall & Hedtke, 2006a) and uses a client workbook (Kendall & Hedtke, 2006b).

### **Flexible Applications of the Coping Cat Program for ...**

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