

The website we decided to make was a workout tracking website call MyFitnessLog. The website is designed to log, monitor and manage their workouts all in one place. The site is made for users to stay consistent with their fitness goals.

The hero button on the homepage of the website allows for users to create new workout logs. Each log includes the exercise name, muscle group, number of reps/sets and how much weight was used along with the date. Users can add new workouts, view previous logs, edit details or delete entries following the CRUD functionality required.

Name	Task	
Arsalan	Create function, Read Function and view workout page	
Chadwick	Edit function, Delete function	
Honesty	CSS, basic website layout, HTML, Logo design, Landing page,	