



**RV Institute of Technology and Management®**  
**Department of Physical Education and Sports :**

Ref: RVITM/PES/ 40 /2022-23

Date: 20.06.2022

## **Circular**

### **Sub: -Conducting the International Day of Yoga-2022.**

We are extremely happy to inform that the International day of Yoga-2022(IYD) is organised by Department Physical Education and Sports on 21<sup>st</sup> June 2022 (Tuesday) at 7.00 AM in the college campus for a duration of one hour.

Please note that the following:

1. It is mandatory for all the 1st year students to attend the event as it is a part of Curriculum.
2. It is compulsory for all the NSS students of all semesters to attend the same.
3. Please wear comfortable clothes for practising yoga.
4. Its mandatory to bring your own yoga mat for practising.
5. This year Yoga theme is “YOGA FOR HUMANITY”

  
Principal  
Principal  
RV Institute of Technology and Management