

$\langle \text{cont}, \langle \text{throw}, e, \eta \rangle, a \rangle$
 $\rightarrow \langle e, \eta, a \rangle$ if $a \in \widehat{V}_{\text{cont}}$

$\langle \text{cont}, \langle \text{mutcont} \rangle, a \rangle$
 $\rightarrow a$

$\langle \text{apply}, \langle \text{abstract}, v, e, \eta \rangle, a, \kappa \rangle$
 $\rightarrow \langle e, \langle \text{extend}, v, a, \eta \rangle, \kappa \rangle$

We use the definition of get for environments in \widehat{E} .