7. Accelerated proximal gradient methods

- Nesterov's method

- analysis with fixed step size

- line search

Proximal gradient method

Results from lecture 4

- each proximal gradient iteration is a descent step (page 4.15 and 4.17):

$$f(x_{k+1}) < f(x_k), \qquad \|x_{k+1} - x^\star\|_2^2 \leq c \, \|x_k - x^\star\|_2^2$$

with $c = 1 - m/L$

- suboptimality after k iterations is $O(1/k)$ (page 4.16):

$$f(x_k) - f^\star \leq \frac{L}{2k} \|x_0 - x^\star\|_2^2$$

Accelerated proximal gradient methods

- to improve convergence, we add a momentum term

- we relax the descent properties

- originated in work by Nesterov in the 1980s

Assumptions

we consider the same problem and make the same assumptions as in lecture 4:

$$\text{minimize} \quad f(x) = g(x) + h(x)$$

- h is closed and convex (so that prox_{th} is well defined)

- g is differentiable with $\text{dom}\, g = \mathbf{R}^n$

- there exist constants $m \geq 0$ and $L > 0$ such that the functions

$$g(x) - \frac{m}{2}x^T x, \qquad \frac{L}{2}x^T x - g(x)$$

  are convex

- the optimal value $f^\star$ is finite and attained at $x^\star$ (not necessarily unique)

Nesterov's method

choose $x_0 = v_0$ and $\theta_0 \in (0, 1]$, and repeat the following steps for $k = 0, 1, \ldots$

- if $k \geq 1$, define θ_k as the positive root of the quadratic equation

$$\frac{\theta_k^2}{t_k} = (1 - \theta_k)\gamma_k + m\theta_k \qquad \text{where } \gamma_k = \frac{\theta_{k-1}^2}{t_{k-1}}$$

- update x_k and v_k as follows:

$$
\begin{aligned}
y &= x_k + \frac{\theta_k \gamma_k}{\gamma_k + m\theta_k}(v_k - x_k) \qquad (y = x_0 \text{ if } k = 0) \\
x_{k+1} &= \text{prox}_{t_k h}(y - t_k \nabla g(y)) \\
v_{k+1} &= x_k + \frac{1}{\theta_k}(x_{k+1} - x_k)
\end{aligned}
$$

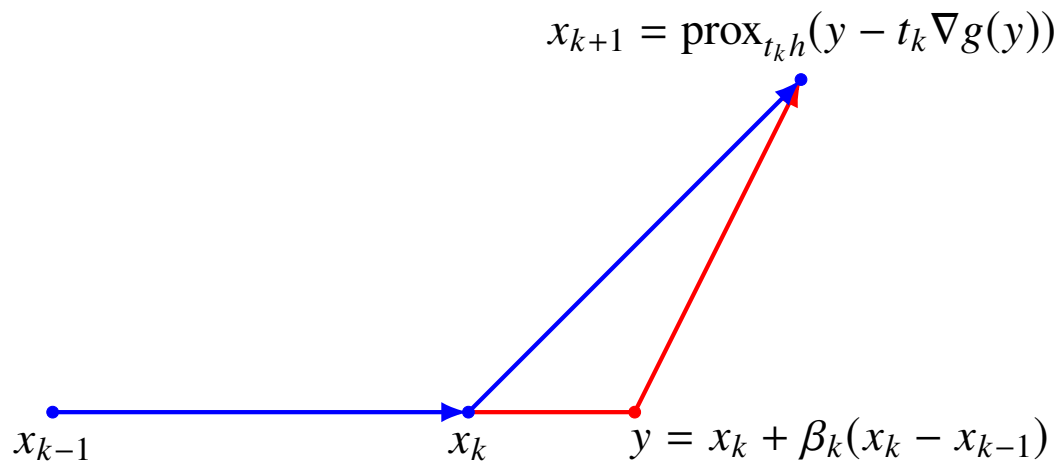stepsize t_k is fixed ($t_k = 1/L$) or obtained from line search

Momentum interpretation

- the first iteration ($k = 0$) is a proximal gradient step at $y = x_0$

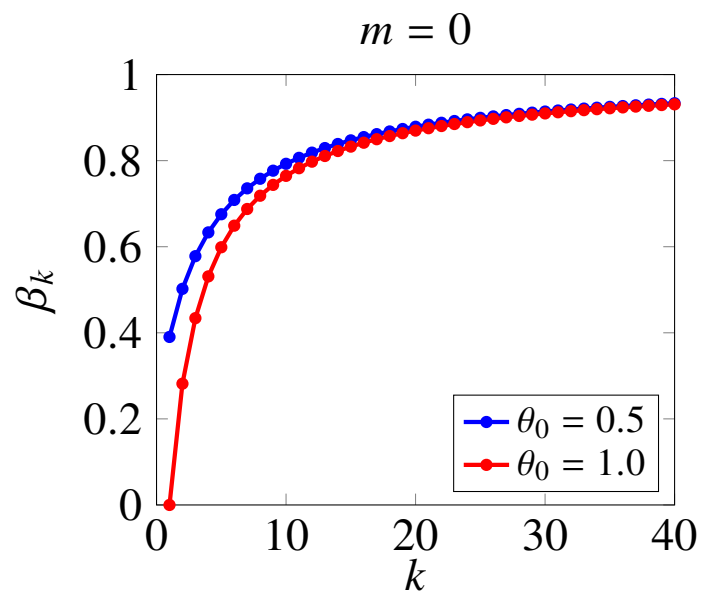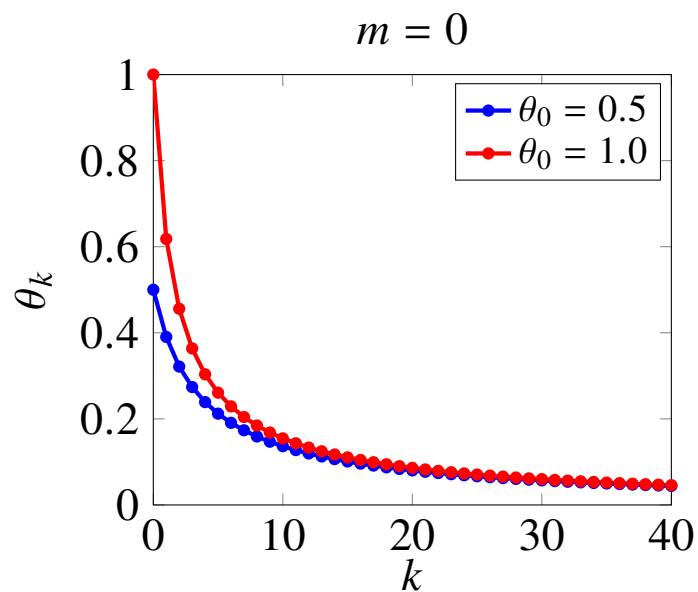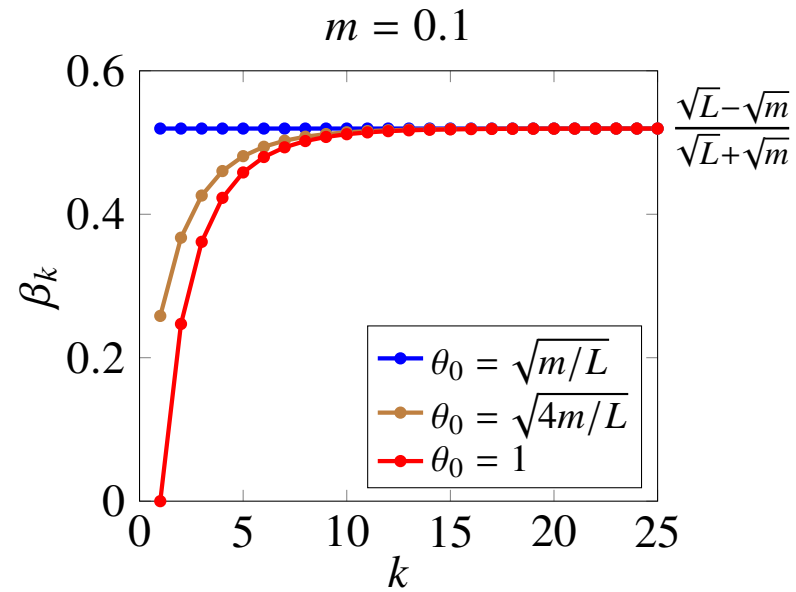- next iterations are proximal gradient steps at extrapolated points y:

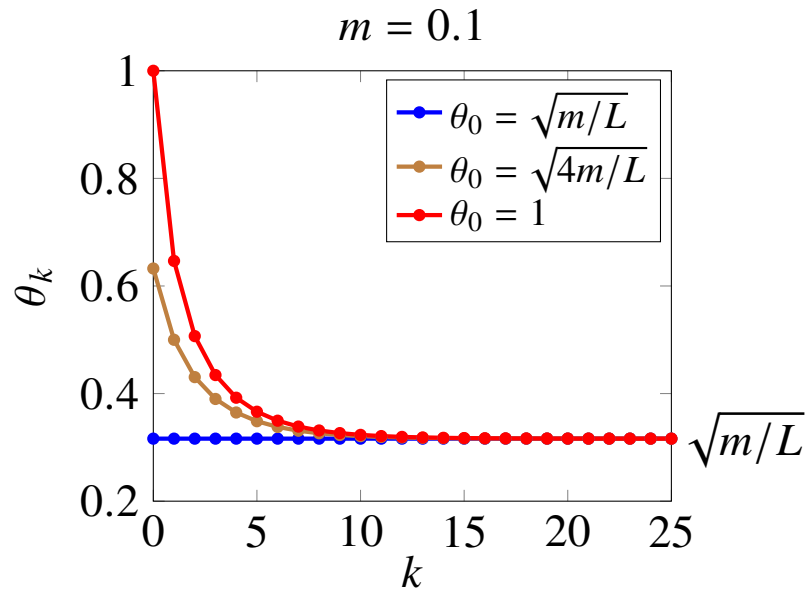$$y = x_k + \frac{\theta_k \gamma_k}{\gamma_k + m\theta_k}(v_k - x_k) = x_k + \beta_k(x_k - x_{k-1})$$

where

$$\beta_k = \frac{\theta_k \gamma_k}{\gamma_k + m\theta_k}\left(\frac{1}{\theta_{k-1}} - 1\right) = \frac{t_k \theta_{k-1}(1 - \theta_{k-1})}{t_{k-1}\theta_k + t_k\theta_{k-1}^2}$$

$$x_{k+1} = \operatorname{prox}_{t_k h}(y - t_k \nabla g(y))$$

x_{k-1} x_k $y = x_k + \beta_k(x_k - x_{k-1})$

Parameters θ_k and β_k (for fixed stepsize $t_k = 1/L = 1$)

Parameter θ_k

- for $k \geq 1$, θ_k is the positive root of the quadratic equation

$$\frac{\theta_k^2}{t_k} = (1 - \theta_k)\frac{\theta_{k-1}^2}{t_{k-1}} + m\theta_k$$

- if $m > 0$ and $\theta_0 = \sqrt{mt_0}$, then $\theta_k = \sqrt{mt_k}$ for all k

- $\theta_k < 1$ if $mt_k < 1$

- for constant t_k, sequence θ_k is completely determined by θ_0

FISTA

if we take $m = 0$ on page 7.4, the expression for y simplifies:

$$
\begin{aligned}
y &= x_k + \theta_k(v_k - x_k) \\
x_{k+1} &= \mathrm{prox}_{t_k h}(y - t_k \nabla g(y)) \\
v_{k+1} &= x_k + \frac{1}{\theta_k}(x_{k+1} - x_k)
\end{aligned}
$$

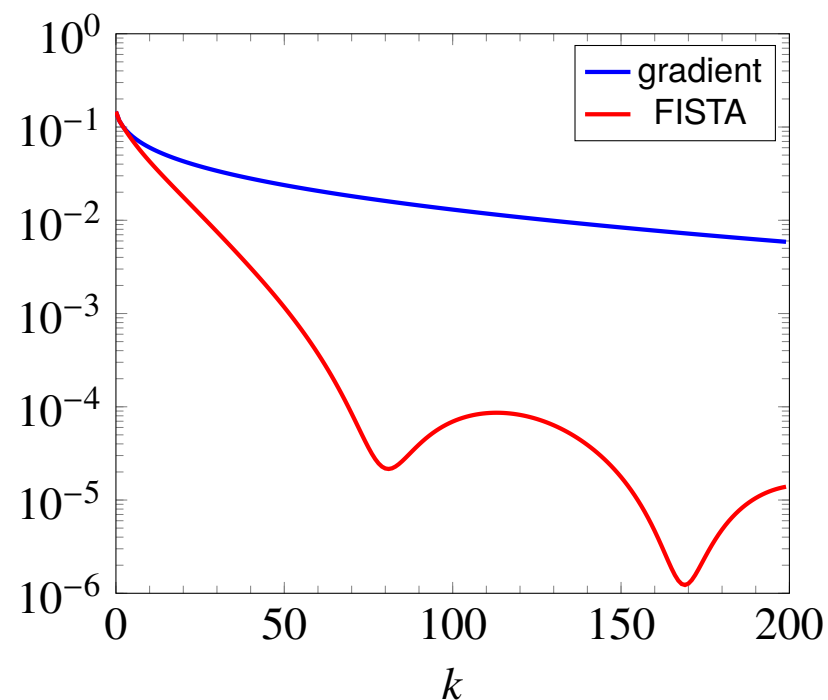eliminating the variables $v^{(k)}$ gives the equivalent iteration

$$
\begin{aligned}
y &= x_k + \theta_k(\frac{1}{\theta_{k-1}} - 1)(x_k - x_{k-1}) \qquad (y = x_0 \text{ if } k = 0) \\
x_{k+1} &= \mathrm{prox}_{t_k h}(y - t_k \nabla g(y))
\end{aligned}
$$

this is known as **FISTA** (Fast Iterative Shrinkage-Thresholding Algorithm)

Example

$$\text{minimize} \quad \log \sum_{i=1}^{p} \exp(a_i^T x + b_i)$$

- two randomly generated problems with $p = 2000$, $n = 1000$

- same fixed step size used for gradient method and FISTA

- figures show $(f(x^{(k)}) - f^\star)/f^\star$
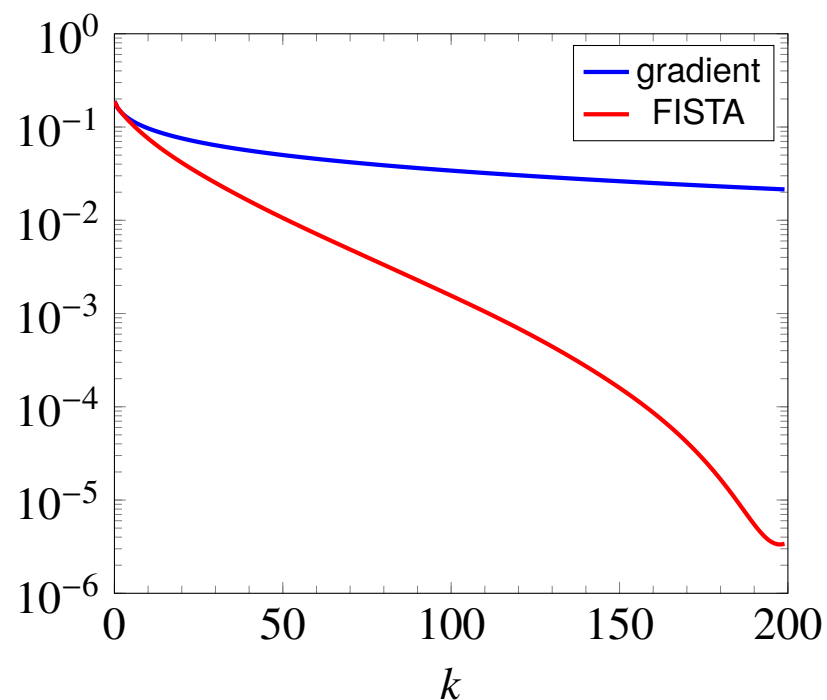
A simplification for strongly convex problems

- if $m > 0$ and we choose $\theta_0 = \sqrt{m t_0}$, then

$$\gamma_k = m, \qquad \theta_k = \sqrt{m t_k} \qquad \text{for all } k \geq 1$$

- the algorithm on page 7.4 and page 7.5 simplifies:

$$y \quad = \quad x_k + \frac{\sqrt{t_k}}{\sqrt{t_{k-1}}} \frac{1 - \sqrt{m t_{k-1}}}{1 + \sqrt{m t_k}} (x_k - x_{k-1}) \qquad (y = x_0 \text{ if } k = 0)$$

$$x_{k+1} \quad = \quad \text{prox}_{t_k h}(y - t_k \nabla g(y))$$

- with constant stepsize $t_k = 1/L$, the expression for y reduces to

$$y = x_k + \frac{1 - \sqrt{m/L}}{1 + \sqrt{m/L}} (x_k - x_{k-1}) \qquad (y = x_0 \text{ if } k = 0)$$

Outline

- Nesterov's method

- **analysis with fixed step size**

- line search

Overview

- we show that if $t_i = 1/L$, the following inequality holds at iteration i:

$$f(x_{i+1}) - f^\star + \frac{\gamma_{i+1}}{2}\|v_{i+1} - x^\star\|_2^2$$

$$\leq \quad (1 - \theta_i)(f(x_i) - f^\star) + \frac{\gamma_{i+1} - m\theta_i}{2}\|v_i - x^\star\|_2^2$$

$$= \quad (1 - \theta_i)\left(f(x_i) - f^\star) + \frac{\gamma_i}{2}\|v_i - x^\star\|_2^2\right) \qquad \text{if } i \geq 1$$

- combining the inequalities from $i = 0$ to $i = k - 1$ shows that

$$f(x_k) - f^\star \quad \leq \quad \lambda_k\left((1 - \theta_0)(f(x_0) - f^\star) + \frac{\gamma_1 - m\theta_0}{2}\|x_0 - x^\star\|_2^2\right)$$

$$\leq \quad \lambda_k\left((1 - \theta_0)(f(x_0) - f^\star) + \frac{\theta_0^2}{2t_0}\|x_0 - x^\star\|_2^2\right)$$

where $\lambda_1 = 1$ and $\lambda_k = \prod_{i=1}^{k-1}(1 - \theta_i)$ for $k > 1$

(here we assume $x_0 \in \operatorname{dom} f$)

Notation for one iteration

quantities in iteration i of the algorithm on page 7.4

- define $t = t_i$, $\theta = \theta_i$, $\gamma^+ = \gamma_{i+1} = \theta^2/t$

- if $i \geq 1$, define $\gamma = \gamma_i$ and note that $\gamma^+ - m\theta = (1 - \theta)\gamma$

- define $x = x_i$, $x^+ = x_{i+1}$, $v = v_i$, and $v^+ = v_{i+1}$:

$$
\begin{aligned}
y &= \frac{1}{\gamma + m\theta} \left(\gamma^+ x + \theta\gamma v \right) && (y = x = v \text{ if } i = 0) \\
x^+ &= y - tG_t(y) \\
v^+ &= x + \frac{1}{\theta}(x^+ - x)
\end{aligned}
$$

- v^+, v, and y are related as

$$
\gamma^+ v^+ = \gamma^+ v + m\theta(y - v) - \theta G_t(y) \tag{1}
$$

Proof (last identity):

- combine v and x updates and use $\gamma^+ = \theta^2/t$:

$$
\begin{aligned}
v^+ &= x + \frac{1}{\theta}(y - tG_t(y) - x) \\
&= \frac{1}{\theta}(y - (1-\theta)x) - \frac{\theta}{\gamma^+}G_t(y)
\end{aligned}
$$

- for $i = 0$, the equation (1) follows because $y = x = v$

- for $i \geq 1$, multiply with $\gamma^+ = \gamma + m\theta - \theta\gamma$:

$$
\begin{aligned}
\gamma^+ v^+ &= \frac{\gamma^+}{\theta}(y - (1-\theta)x) - \theta G_t(y) \\
&= \frac{(1-\theta)}{\theta}((\gamma + m\theta)y - \gamma^+ x) + \theta m y - \theta G_t(y) \\
&= (1-\theta)\gamma v + \theta m y - \theta G_t(y) \\
&= (\gamma^+ - m\theta)\gamma v + \theta m y - \theta G_t(y)
\end{aligned}
$$

Bound on objective function

recall the results on the proximal gradient update (page 4.13):

- if $0 < t \le 1/L$ then $g(x^+) = g(y - tG_t(y))$ is bounded by

$$g(x^+) \le g(y) - t\nabla g(y)^T G_t(y) + \frac{t}{2}\|G_t(y)\|_2^2 \qquad (2)$$

- if the inequality (2) holds, then $mt \le 1$ and, for all z,

$$f(z) \ge f(x^+) + \frac{t}{2}\|G_t(y)\|_2^2 + G_t(y)^T(z - y) + \frac{m}{2}\|z - y\|_2^2$$

- add $(1 - \theta)$ times the inequality for $z = x$ and θ times the inequality for $z = x^\star$:

$$f(x^+) - f^\star \le (1 - \theta)(f(x) - f^\star) - G_t(y)^T\left((1 - \theta)x + \theta x^\star - y\right)$$
$$- \frac{t}{2}\|G_t(y)\|_2^2 - \frac{m\theta}{2}\|x^\star - y\|_2^2$$

Bound on distance to optimum

- it follows from (1) that

$$\frac{\gamma^+}{2}\|v^+ - x^\star\|_2^2 \;=\; \frac{\gamma^+ - m\theta}{2}\|v - x^\star\|_2^2 + \theta G_t(y)^T(x^\star - v - \frac{m\theta}{\gamma^+}(y - v))$$

$$-\frac{m\theta(\gamma^+ - m\theta)}{2\gamma^+}\|y - v\|_2^2 + \frac{t}{2}\|G_t(y)\|_2^2 + \frac{m\theta}{2}\|x^\star - y\|_2^2$$

$$\leq\; \frac{\gamma^+ - m\theta}{2}\|v - x^\star\|_2^2 + \theta G_t(y)^T(x^\star - v - \frac{m\theta}{\gamma^+}(y - v))$$

$$+\frac{t}{2}\|G_t(y)\|_2^2 + \frac{m\theta}{2}\|x^\star - y\|_2^2$$

- γ^+ and y are chosen so that $\theta(\gamma^+ - m\theta)(y - v) = \gamma^+(1 - \theta)(x - y)$; hence

$$\frac{\gamma^+}{2}\|v^+ - x^\star\|_2^2 \;\leq\; \frac{\gamma^+ - m\theta}{2}\|v - x^\star\|_2^2 + G_t(y)^T(\theta x^\star + (1 - \theta)x - y)$$

$$+\frac{t}{2}\|G_t(y)\|_2^2 + \frac{m\theta}{2}\|x^\star - y\|_2^2$$

Progress in one iteration

- combining the bounds on page 7.15 and 7.16 gives

$$f(x^+) - f^\star + \frac{\gamma^+}{2}\|v^+ - x^\star\|_2^2$$

$$\leq \quad (1-\theta)(f(x) - f^\star) + \frac{\gamma^+ - m\theta}{2}\|v - x^\star\|_2^2$$

  this is the first inequality on page 7.12

- if $i \geq 1$, we use $\gamma^+ - m\theta = (1-\theta)\gamma$ to write this as

$$f(x^+) - f^\star + \frac{\gamma^+}{2}\|v^+ - x^\star\|_2^2$$

$$\leq \quad (1-\theta)\left(f(x) - f^\star + \frac{\gamma}{2}\|v - x^\star\|_2^2\right)$$

Analysis for fixed step size

the product $\lambda_k = \prod_{i=1}^{k-1}(1 - \theta_i)$ determines the rate of convergence (page 7.12)

- the sequence λ_k satisfies the following bound (proof on next page)

$$\lambda_k \leq \frac{4}{(2 + \sqrt{\gamma_1} \sum\limits_{i=1}^{k-1} \sqrt{t_i})^2} = \frac{4t_0}{(2\sqrt{t_0} + \theta_0 \sum\limits_{i=1}^{k-1} \sqrt{t_i})^2} \qquad (3)$$

- for constant step size and $\theta_0 = 1$, we obtain

$$\lambda_k \leq \frac{4}{(k + 1)^2}$$

- with $t_0 = 1/L$, the inequality on page 7.12 shows a $1/k^2$ convergence rate

$$f(x_k) - f^\star \leq \frac{2L}{(k + 1)^2} \|x_0 - x^\star\|_2^2$$

Proof.

- recall that for $k \geq 1$,

$$\gamma_{k+1} = (1 - \theta_k)\gamma_k + \theta_k m, \qquad \gamma_k = \theta_{k-1}^2 / t_{k-1}$$

- we first note that $\lambda_k \leq \gamma_k / \gamma_1$; this follows from

$$\lambda_{i+1} = (1 - \theta_i)\lambda_i = \frac{\gamma_{i+1} - \theta_i m}{\gamma_i} \lambda_i \leq \frac{\gamma_{i+1}}{\gamma_i} \lambda_i$$

- the inequality (3) follows by combining from $i = 1$ to $i = k - 1$ the inequalities

$$\frac{1}{\sqrt{\lambda_{i+1}}} - \frac{1}{\sqrt{\lambda_i}} \quad \geq \quad \frac{\lambda_i - \lambda_{i+1}}{2\lambda_i \sqrt{\lambda_{i+1}}}$$

$$= \quad \frac{\theta_i}{2\sqrt{\lambda_{i+1}}}$$

$$\geq \quad \frac{\theta_i}{2\sqrt{\gamma_{i+1}/\gamma_1}}$$

$$= \quad \frac{1}{2}\sqrt{\gamma_1 t_i}$$

Strongly convex functions

the following bound on λ_k is useful for strongly convex functions ($m > 0$)

- if $\theta_0 \geq \sqrt{mt_0}$, then $\theta_k \geq \sqrt{mt_k}$ for all k and

$$\lambda_k \leq \prod_{i=1}^{k-1}(1 - \sqrt{mt_i})$$

  (proof on next page)

- for constant step size $t_k = 1/L$, we obtain

$$\lambda_k \leq \left(1 - \sqrt{m/L}\right)^{k-1}$$

- combined with the inequality on page 7.12, this shows linear convergence

$$f(x_k) - f^\star \leq \left(1 - \sqrt{\frac{m}{L}}\right)^{k-1}\left((1 - \theta_0)(f(x_0) - f^\star) + \frac{\theta_0^2}{2t_0}\|x_0 - x^\star\|_2^2\right)$$

Proof.

- if $\theta_{k-1} \geq \sqrt{mt_{k-1}}$, then $\theta_k \geq \sqrt{mt_k}$:

$$
\begin{aligned}
\frac{\theta_k^2}{t_k} &= (1 - \theta_k)\frac{\theta_{k-1}^2}{t_{k-1}} + m\theta_k \\
&\geq (1 - \theta_k)m + m\theta_k \\
&= m
\end{aligned}
$$

- if $\theta_0 \geq \sqrt{mt_0}$, then $\theta_k \geq \sqrt{mt_k}$ for all k and

$$
\lambda_k = \prod_{i=1}^{k-1}(1 - \theta_i) \leq \prod_{i=1}^{k-1}(1 - \sqrt{mt_i})
$$

Outline

- Nesterov's method

- analysis with fixed step size

- **line search**

Line search

- the analysis for fixed step size starts with the inequality (2):

$$g(x - tG_t(y)) \leq g(y) - t\nabla g(y)^T G_t(y) + \frac{t}{2}\|G_t(y)\|_2^2$$

  this inequality is known to hold for $0 \leq t \leq 1/L$

- if L is not known, we can satisfy (2) by a backtracking line search:

  start at some $t := \hat{t} > 0$ and backtrack ($t := \beta t$) until (2) holds

- step size selected by the line search satisfies $t \geq t_{\min} = \min\{\hat{t}, \beta/L\}$

- for each tentative t_k we need to recompute θ_k, y, x_{k+1} in the algorithm on p. 7.4

- requires evaluations of ∇g, prox_{th}, and g (twice) per line search iteration

Analysis with line search

- from page 7.18, if $\theta_0 = 1$:

$$\lambda_k \leq \frac{4t_0}{(2\sqrt{t_0} + \sum\limits_{i=1}^{k-1} \sqrt{t_i})^2} \leq \frac{4\hat{t}/t_{\min}}{(k+1)^2}$$

- from page 7.20, if $\theta_0 \geq \sqrt{mt_0}$:

$$\lambda_k \leq \prod_{i=1}^{k-1}(1 - \sqrt{mt_i}) \leq \left(1 - \sqrt{mt_{\min}}\right)^{k-1}$$

- therefore the results for fixed step size hold with $1/t_{\min}$ substituted for L

References

Most of the material in the lecture is from §2.2 in Nesterov's *Lectures on Convex Optimization*.

FISTA

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Accelerated proximal gradient methods

- S. Bubeck, *Convex Optimization: Algorithms and Complexity*, Foundations and Trends in Machine Learning (2015), §3.7.
- P. Tseng, *On accelerated proximal gradient methods for convex-concave optimization* (2008).

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Implementation

- S. Becker, E.J. Candès, M. Grant, *Templates for convex cone problems with applications to sparse signal recovery*, Mathematical Programming Computation (2011).
- B. O'Donoghue, E. Candès, *Adaptive restart for accelerated gradient schemes*, Foundations of Computational Mathematics (2015).
- T. Goldstein, C. Studer, R. Baraniuk, *A field guide to forward-backward splitting with a FASTA implementation,* arXiv:1411.3406 (2016).