

FEELING CHECK

(Listing social, political, spiritual, ethical, leisure values which recently are important may help the patient to know if indeed they are a feeling type, what is leading)

T % F

- intellectual argument to support a conviction
 - a ground or inference assists as proof of the conviction
 - values without the intellect to defend them, are powerless
- eg. smoking causes cancer AND SO it's bad.

S % F

- experience supports conviction
 - you know the value is good because of personal experience or is a fact of tangible reality
- eg. smoking smells bad, it makes me cough.

N % F

- intuition supports conviction
- eg. trust me the boys are gonna love this color on you

Fi % Fe

- personal values support objective values
 - when objective value ego seeks to be original (Demi Livato trying to be edgy)
- eg. Usually met with a sarcastic comment like, "ooo you rebel, you."

Fe % Fi

- when personal value tries to become objective value
- eg. every time a person attempts to turn something innovative/original into an accepted trend

THINKING CHECK

F % T

- values/convictions support intellectual argument
 - intellect without values to defend is pointless or evil
 - attempting to justify your intellectual goal inline with proper value of some sort / you know it is the smart path but it may be gray area
 - finding boundaries for your cleverness
 - researching ethical grounds for intellectual decision
- eg. "By not providing free grocery bags, we are actually SAVING the environment."

S % T

- senses support intellectual argument
 - you know the inference is true because of what you sense
- eg. "I know this meat is chicken because it looks, smells and tastes like chicken"

N % T

- intuition supports intellectual argument
 - you know the inference is true because of a hunch
- eg. Trust me, A is definitely equal to B.

Ti % Te

- theoretical reasoning supports objective reasoning
 - When objective intellect awkwardly attempts to come up with original idea
- eg. "What the data is telling us is that the data says what it says."

Te % Ti

- objective reasoning supports theoretical reasoning
 - you know the theory is true because objective facts support it
 - seeking objective facts to support an idea
 - whenever attempt is made to make original theory accepted fact
- eg. "Gender is non-binary!"

SENSING CHECK

N % S

- intuition supports tangible experience
- eg.

F % S

- convictions support tangible experience
- eg.

T % S

- inferences support tangible experience
- eg.

Si % Se

- When Se ego awkwardly attempts to
- eg.

Se % Si

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- When Si ego awkwardly attempts to make their subjective experience
- eg.

INTUITION CHECK

S % N

F % N

T % N

Ni % Ne

Ne % Ni