



Professional ADHD Self-Assessment

Participant Information

Full Name

sss

Date of Birth

08/10/2025

Sex

Male

Assessment Date

10/30/2025

Assessment Time

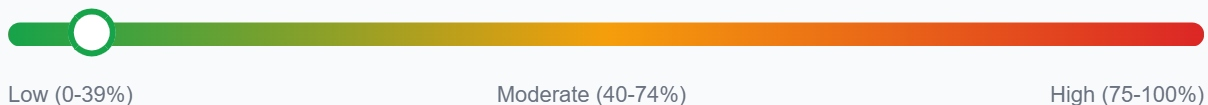
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ADHD Trait Likelihood Assessment

0%

Low likelihood of ADHD traits

Low Risk



Understanding Your Results

This assessment combines responses to questions related to attention, hyperactivity, and impulsivity.

Your result indicates a low probability of experiencing clinically significant ADHD symptoms based on this self-assessment.

Your responses suggest minimal challenges in areas commonly affected by ADHD.

Recommended Next Steps & Strategies

Consult a Professional: Discuss these results with a psychiatrist or psychologist for a comprehensive evaluation.

Behavioral Strategies: Explore time management, focus techniques, and structured

organization systems.

Lifestyle Adjustments: Regular exercise, balanced nutrition, and proper rest can improve mental focus.

Important Disclaimers

Screening Tool Only: This self-assessment is for informational purposes only and does not replace professional advice.

Professional Evaluation Required: Please consult a licensed clinician for a confirmed diagnosis.

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Generated using clinically validated ADHD screening tools:

Adult ADHD Self-Report Scale (ASRS) DSM-5 ADHD Criteria Conners' Adult ADHD Rating Scales (CAARS)

Barkley Adult ADHD Rating Scale (BAARS-IV)

This report is confidential and intended solely for the assessed individual's review.

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