

A survey on the general concept of diabetes among students of different universities in Bangladesh.

Declaration

This survey focuses on the attitude of students from different universities of Bangladesh towards diabetes and their daily activities, food habits and sleeping pattern. Your kind participation in this survey will help our research. This survey is expected to be spontaneous. You are requested to fill the given questions based on your won knowledge. All the information collected for this survey is highly confidential and will be used for research purpose only.

Participant's information:

Name: Age:

Gender: Contact No (Optional):

Email:

Year: Department:

Institution:

Students attitude				
1	Do you know about diabetes?	• Yes	• No	• Neutral
2	Do you have diabetes?	• Yes	• No	• Neutral
3	Have you ever attended any seminar or conference or other program related to diabetes	• Yes	• No	
4	Glucose level of diabetes patient?	• Increased	• Decreased	• Remains same
5	Range blood glucose level at fasting condition and after 2 hours of taking meal, for non-diabetic person?	• <5.5 and <7.8 mmol/L	• >5.5 and >7.8 mmol/L	• Neutral
6	Blood glucose level at fasting condition and after 2 hours of taking meal, for a diabetic patient?	• ≤7.2 and <10 mmol/L	• >7.2 and >10 mmol/L	• Neutral
7	Do you know about insulin?	• Yes	• No	• Neutral
8	Does children get affected by diabetes?	• Yes	• No	• Neutral
9	Do young adults get affected by diabetes? (Age <30)?	• Yes	• No	• Neutral
10	Do you know the relationship between obesity and diabetes?	• Yes	• No	• Neutral
11	Do you know that drugs can induce diabetes?	• Yes	• No	• Neutral
12	Is there any relationship	• Yes	• No	• Neutral

	between diabetes and pregnancy?			
13	Which is the possible complications of diabetes?	<ul style="list-style-type: none"> Cardiovascular disease 	<ul style="list-style-type: none"> Neuronal disease 	<ul style="list-style-type: none"> Kidney damage
14	Do you know about anti-diabetic drug?	<ul style="list-style-type: none"> Yes 	<ul style="list-style-type: none"> No 	<ul style="list-style-type: none"> Neutral
15	Any diabetic patient in your family history?	<ul style="list-style-type: none"> Yes 	<ul style="list-style-type: none"> No 	
16	Relationship with him/her?	<ul style="list-style-type: none"> Father 	<ul style="list-style-type: none"> Mother 	Other:
17	How old is she/he?	<ul style="list-style-type: none"> >40 years 	<ul style="list-style-type: none"> 40-50 years 	<ul style="list-style-type: none"> <50 years
18	What does he/she do to control diabetes?	<ul style="list-style-type: none"> Exercise (Regularly/ Sometimes) 	<ul style="list-style-type: none"> Taking medications 	<ul style="list-style-type: none"> Both
Dietary habit				
19	In a typical week, how many days do you eat fruit such as bananas, guava, mango, pineapple, apples, oranges, jack-fruit or other seasonal fruits?			No. of days:
20	In a typical week, how many days do you eat vegetables such as potatoes, potol, cauliflower, cabbage, beans, brinjal or ladiesfinger?			No. of days:
21	In a typical week, how many days do you eat fast foods ?			No. of days:
22	In a typical week, how many days do you eat meats ?			No. of days:
23	In a typical week, how many days do you eat fish ?			No. of days:
24	In a typical week, how many days do you eat milk ?			No. of days:
25	In a typical week, how many days do you eat Lentil ?			No. of days:
26	In a typical week, how many days do you usually drink carbonated bevarege , like Coke, FantaOrange, or 7-Up?			No. of days:
Physical activities				
27	In a typical week, on how many days do you do engaged-intensity activities as part of your work?			No. of days:
28	How much time do you spend doing engaged-intensity activities at work on a typical day?			Hours: Minutes:
29	Do you walk for at least 10 minutes continuously to get to and from places?			<ul style="list-style-type: none"> Yes No
30	In a typical week, on how many days do you walk for at least 10 minutes continuously to get to and from places?			No. of days:
31	In a typical week, on how many days do you do sports, fitness or recreational (leisure)activities?			Number of days:
32	How much time do you spend doing sports, fitness or recreational activities on a typical day?			Hours: Minutes:
Sleep				
33	How many hours sleep in a whole day?			Hours:
34	How many hours sleep in NIGHT time?			Hours:
35	How many hours sleep in NAP time?			Minute: Hours: