here's a concise version of using ethics to make decisions:

Analyze the Situation: Understand the decision and its context.

Gather Facts: Collect relevant information.

Identify Stakeholders: Consider who's affected.

Apply Principles:

Utilitarianism: Maximize good, minimize harm.

Deontology: Follow moral rules and intentions.

Virtue Ethics: Act with good character.

Rights-Based: Respect rights and dignity.

Evaluate Options: List possible choices.

Predict Outcomes: Assess consequences, short and long term.

Choose Ethically: Pick the option aligned with principles and

stakeholders.

Seek Advice: Consult trusted others if needed.

Reflect: Consider personal comfort and public perception.

Own Your Decision: Take responsibility for the choice.

Learn and Grow: Analyze outcomes for future improvements.

