Task1.2：@1. 亮明自己的观点

@2. explanation，解释自己的理由：I mean.....

@3. 举例说明，For example....

@4. 一定要两个观点以上!一般两个观点足够

@5. 语料库（看微信收藏）

Task3. @1.抄标题；主谓宾

@2.找两个原因；first、another。抄动词,宾语!

@3.注意细节：1.专有名词（人名，地，学科）

1. 数字
2. 人称代词
3. 因果，原因
4. 列举细节（3个中记两个就行）

@3.套魔板，结合笔记说句子，注意变换句型，要不然会说不完

@4.he和 she 要分清！

Task4. @1.对应标题找、在文中找关键词的解释，前后看句子，总结抄

@2.注意抄的细节：1.原因，因果

1. 分论点：such as
2. 并列关系
3. 比较关系（。。。Change）
4. 逻辑词！！

@3.听力时example 的主语以及后续事件的动词（与主要事件，主角无关的不写，因果关系要写）比较级的东西要写

结果

@3.套魔板说句子，注意变换句型。

Task5.@1.听学生的问题，记关键词。分两种；（1）there is a time conflict between A and B。

（2）the girl is supposed to do sth, but......

@2.注意听力里的细节；1.专有名词（人名，地，学科）

1. 数字
2. 人称代词
3. 因果，原因
4. 列举细节（3个中记两个就行）

@3.抓住空隙时间选择一个方案想好组织语言 套魔板说话，注意变换句型。

@4.注意she 和he！！注意时间分配。

Task6. @1.先听前后对比，记关键词。

@2.注意听解释记笔记以及细节；

两个原因（动宾）

每个原因的解释（主谓宾）

每个原因的例子（example的主语以及后续事件的动词）

每个例子的结果！！！AS a result。

每件事的目的（in order to.../can do...)

@3.套魔板说句子，注意变换句型。

语料库：

Studying alone can develop my independent skills.

I mean i can study alone without others help.

For example, i often go to study room alone so that every time i meet difficulties such as how to repair the broken computer or connect electronic wires, i would solve these problems by myself with reading technical books and searching it on the internet. As a result, it can leave me with deeper impression about the approach that I use to solve this kind of problem.

Studying together can develop my professional skills.

I mean if i am confused with something, i can ask it to my partners and they will teach me.

For example, Last year, i joined a study group and i didn’t know how to repair a computer, and my partners were friendly and they taught me how to repair it step by step, firstly I should turn off the power and then I should take the machine apart and stuff like that. As a result, i knew repairing skills in my professional filed.

Getting a part-time job can develop my professional skills.

I mean working can help us to accumulate practical experience.

For example, last year, i went to China bank to do an internship. I learned many skills such as counting money and custom service and so on. As a result all these can lay a solid foundation for my future career.

Improving presentation skills can lay a solid foundation for my future career.

I mean these presentation skills are useful.

For example, I can develop my presentation skills if I take that class. If I go to a company to do an internship and my boss ask me to make a brief introduction about the product that I seal, I can talk about every aspect about my products confidently such as its price, how long it can last and how many works it can finish. This is very important for me.

Volunteer activities can increase the awareness of environment protection.

I mean we can acquire lots of knowledge about environment protection by taking part in this activity

For example, Last year, my university organized us to plant green trees on labor day such as pine trees and willow, which made me know the meaning of planting trees. Trees can absorb carbon dioxide in atmosphere and convert it into oxygen, which can refresh the air. As a result, i will be more willing to plant trees in our environment.

They can share their joy and thinking with their friends.

I mean they can exchange their ideals with each other.

For example last year, i went to a concert with my friends and we heard a music named darling I thought the melody of this music is very peaceful and it can relive my pressure so i told this thinking to my friends. And surprisingly, my friends had the same feeling as me. We both felt excited about it.

I can share my joy and happiness with my friends.

I mean we can do many things together.

For example, last year, I had a birthday party with my friends, and we ate the birthday cake together and my friends sang a birthday song for me. Besides, we talked about many interesting things in our life. And that makes me feel very happy.

I can also make lots of friends.

I mean my friends may introduce other people to attend my birthday party so that I can meet them in person. And I have more opportunities to exchange my ideals and experiences with them. in this way it can expand my social circle.

Taking risks can help me make abundant new friends.

I mean if you choose to take risk. It means that you will enter into a new field that you have never been before, so that you will meet another new group of people and you can exchange your ideas and experiences with them. As a result, you can make friends with them.

It can also help you to be more enthusiastic

I mean you will be confronted with many challenges when you take risks so it will raise your interest and enthusiasms.

It can arouse my enthusiasm and passion for my life

I mean we always live in a routine life, so there is lack many interesting things in my life. If you climb the mount chimalaya, you will be confronted with many challenges. Such as steep cliffs and storms during the process of climbing, it is an exciting experience for me because I face a whole new situation that I have never faced before.

As an old saying goes, safety always comes the first

I mean if you travel to the outer space, you will be confronted with many challenges, such as flying the aircraft and walking without gravitation and so on so that you can’t safeguard your safety when you travel to the outer space. I don’t think it is worthwhile when someone takes his or her life as price because life is very important for everyone.

It will render your family worried about you.

I mean you are important for your family members. And it is foolish for you to let your parents always be concerned with your situations when………

The advantage of eating in the class is that it can enhance your efficiency in studying

I mean if you eat food when you feel tired and sleepy in the class, this food will give you much more energy, for example, an egg can provide people with protein they need and vegetables can give people vitamin C and fiber. Those energy are very important for you, because they can let you feel refreshed and be more concentrated on your study so that you can get high efficiency in studying.

It can enhance your efficiency in working.

I mean if you have a friendly co-worker, you may be willing to communicate with her so that you can cooperate with her perfectly and that will improve your team work. As a result, it can help you get good mood and high efficiency.

The disadvantage of eating in the class is that it will disturb other students who sit around you.

I mean when you eat food, you must make some noise, that noise will interrupt others’ thinking when they study so that they cannot be more focused on their class when they hear the noise that you make.

It is very easy to find things on internet

You just have to input the key world into search engine on the website. The result will be listed on the screen immediately. Then you pick the one you needed and use the credit card to pay them. After a few days or so, the item will be delivered directly to your house or apartment.

History movie can let you embrace the new cultural.

I mean you can acquire lots of knowledge about other countries’ history.

For example, Last year, i went to see a movie named darling with my friends. And it is a documentary and i learned many things such as the history of Eiffel tower in Paris and the Reason for building the Statue of Liberty in America. As a result it can broaden my horizons.

It can provide me with a quiet environment

I mean I will never hear many noises made by phone call.

For example, I always be bothered by other’s loudly talking on phone call that I can’t fall asleep on a train or have a good rest on cars.

It can bond people together

If there are fewer people using cell phone or other technology, it will give them more opportunities to communicate with each other face in face so that they can know each other better and make friends with each other.

I think they should be In line with their own interest

I mean we should do something that we really like instead of listening to others to catch up with the trend of the world. If they are not interested in reading books, it would be difficult for us to finish a good job without interest and motivation.

I supposed that interest is the source of passion and enthusiasm

I mean we always live in a routine life so it is lack of many interesting things, if we do something that we inclined with, it will help us feel happier and work more efficiently.

The knowledge for university is very important for us

Since it is associated with our profession, we can use lots of knowledge in our future, so we may listen to profession speaking carefully, therefore, we can be more concentrated on our study, I mean the more focus we are, the easier it is for professor to teach us.

Reason 类：

An increasing number of people want to loose their weight.

I mean many people just eat fruit and vegetable to help they keep slim. Sometimes they don’t eat food and just drinking water instead, and i think lacking nutrients is not a healthy way for them.

People nowadays are very busy.

I mean they are busy with their work and they don’t have enough time to eat or prepare the healthy food.

For example, many people just get up early to catch the bus in time so they don’t have enough time to eat healthy breakfast. And short noon break just allows them to have a simple meal. So they may don’t have energy to prepare healthy supper.

I think if there is a public transportation station near houses is very important.

I mean it’s very convenient for me and it can save my time.

For example, there is a bus station near my house and it only takes me five minutes to walk to there. So it can save me a lot of time and i can use this time to do other meaningful things, such as reading and writing and so on.

They can enjoy their life after a life time of work.

I mean they have been working for a long time so they really need sometimes to take a break. After getting retirement, they will have lots of time to do other meaningful things such as doing exercise or playing sports and so on. Those things are better for their health.

Their family members don’t have to worry about them.

To tell you de truth, if old people work as long as young people do, their family members will definitely be concerned about their health conditions.

I hate rock and roll music, because they are too loud for me.

To tell the truth, I am under great pressure from studying tofel for 6 mouths, so I really need sometimes to take a break, however, every times I listen to rock and roll music, I will feel headache, because the melody of that kind of music is fast and I can’t stop my heart beating quickly, that annoyed me a lot, besides, when I listen to some peaceful music, I will feel relaxed and feel refreshed when I go back to study. So I think peaceful music is beneficial for us , not the rock and roll music.

Our country has already made lots of technological inventions and other countries just imitate our technology and improved them. Without our inventions, the world won’t be progressing at an unprecedented pace.

These technologies can also improve our human’s life standard

I mean there some inventions that very convenient for us

For example, many companies have made lots of self-driving cars, which means there is no need for us to drive by ourselves with this car.

The advertisement can give brief and exact information about their products.

I mean you may not be familiar with the product that you want to buy, but the advertisement will provide you with lot of information and the characteristic of their products such as the price it cost or the time it lasts. So you will be more likely to buy them when you know more about them through the advertisement.