

# MINDMAP

## 14 CHỦ ĐỀ THƯỜNG GẶP

### VSTEP B1, B2

Chào bạn!

Mình rất vui vì bạn đang xem tài liệu này. Đây là bộ Mindmap 14 chủ đề từ vựng thường gặp trong kỳ thi VSTEP mà mình đã đặt hết tâm huyết để thiết kế.

Chính nó đã mang lại hiệu quả cho nhiều bạn đã và đang ôn thi VSTEP, như một bạn dưới đây:

*“Cảm ơn anh ạ, nhờ học Mindmap vs Template Essay của anh mà em đã được điểm cao Writing dù chỉ có 2 ngày học, và học từ Template speaking của anh, em cũng vượt qua được Speaking :))) Mong mọi người sắp thi B1 B2 Vstep xem được tài liệu này của anh. 3-4 ngày có thể đậu B2 nha mọi người :)))”* - Tô Cát Tiên

Cơ mà, mọi thứ phải từ bản thân bạn mà ra thì mới mang lại kết quả được. Bạn hãy tham khảo, áp dụng và phát triển bộ từ vựng cho riêng mình nhen.

À, nếu bạn cần [Khóa học VSTEP B1, B2 giúp bạn rút ngắn thời gian đạt B1, B2 chỉ trong 6 giờ](#), hãy liên hệ mình ở đây nhé:







## Places

restaurants, cinemas, shopping malls, skyscrapers (tòa nhà chọc trời),...



## Disadvantages

The city environment is heavily polluted.

have polluted air

have fewer trees, rivers, mountains

the traffic is always heavy

the roads are in bad conditions



the cost of living in the city is expensive



spend more money

City life is more dangerous

Have more crimes

City people are easily attracted by social evils



drinking, drug, gambling,...



## Advantages

City life is interesting



have many entertainments



restaurants, parks, cinemas

City life is more convenient



live near hospitals, supermarkets, schools

have higher incomes



save more money

buy what I like

have more career opportunities (có nhiều cơ hội nghề nghiệp)





Places —○— rice fields, rivers, mountains,

Benefits —○— the cost of living is cheap —○— save a lot of money

bring me a clean environment —○—

have fresher air —○— enjoy the clean and fresh air

have many trees, rice fields, rivers

people are more friendly, opener —○—

live near each other

meet and talk to each other everyday

Drawbacks —○— have lower incomes

life is boring —○—

not have many places of  
conveniences and pleasures —○—

restaurants, public parks, cinemas,  
downtown boutiques





## Good habits

eat healthy food

eat more fruits, fish, vegetables

drink more water everyday

eat less meat and fat food, junk food

exercise everyday

have a regular health check-up

visit a doctor regularly to find out any diseases soon

benefits

stay healthy

keep fit

have a better immune system

make us strong and relaxed





## Bad habits

eat too much unhealthy food

fat food, junk food,

benefits

be fast and convenient

have affordable meals

have various choices of foods and drinks

enjoy comfortable and formal atmosphere

eat too much meat, eat less vegetables, less fruits

don't exercise regularly

Don't have a regular health check-up

## Problems

increase the risk of health problems

increase the cholesterol level in blood

can't focus on work or study

it is easy to get tired and ill

## Diseases

obesity: béo phì

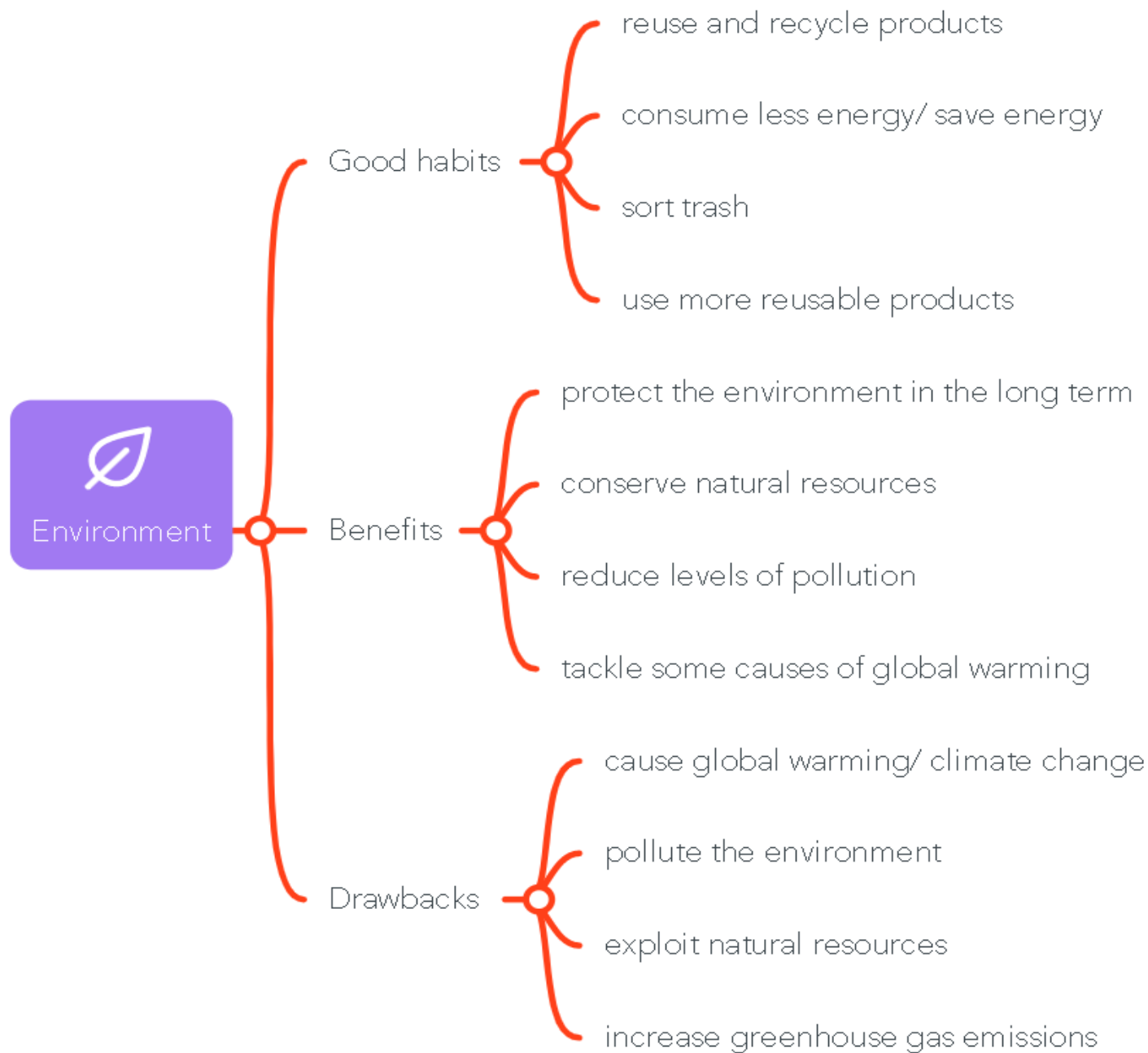
diabetes: tiểu đường

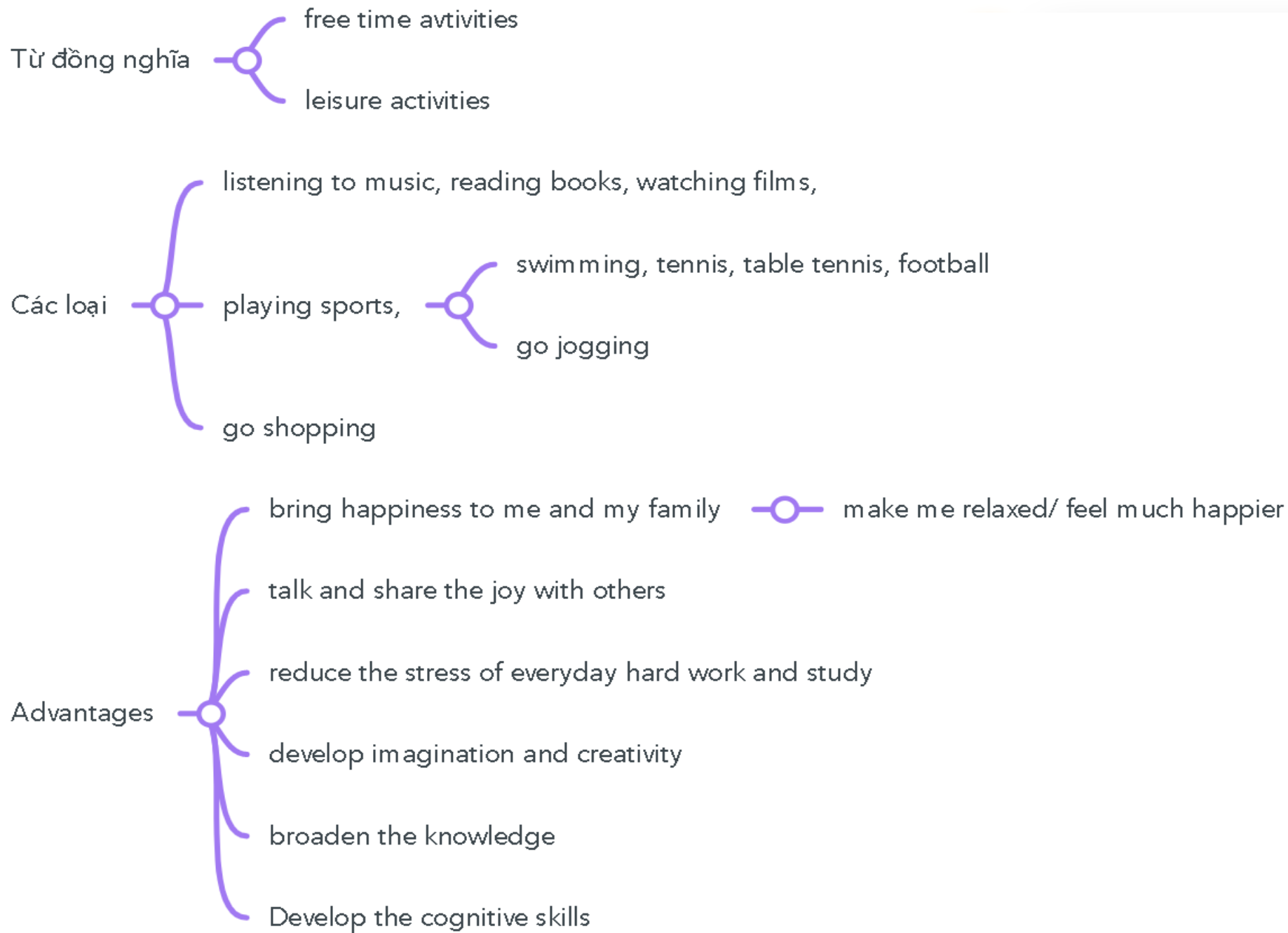
heart disease: bệnh về tim mạch

sleep disturbance: rối loạn giấc ngủ

high blood pressure: cao huyết áp











## Hobbies

Từ đồng nghĩa —○

Các loại —○

Advantages —○

Disadvantages —○

Games contain a great deal of violence

Increase aggressive feelings, thoughts and behaviors.

Not focus on their duties and study —○ perform worse and worse at school

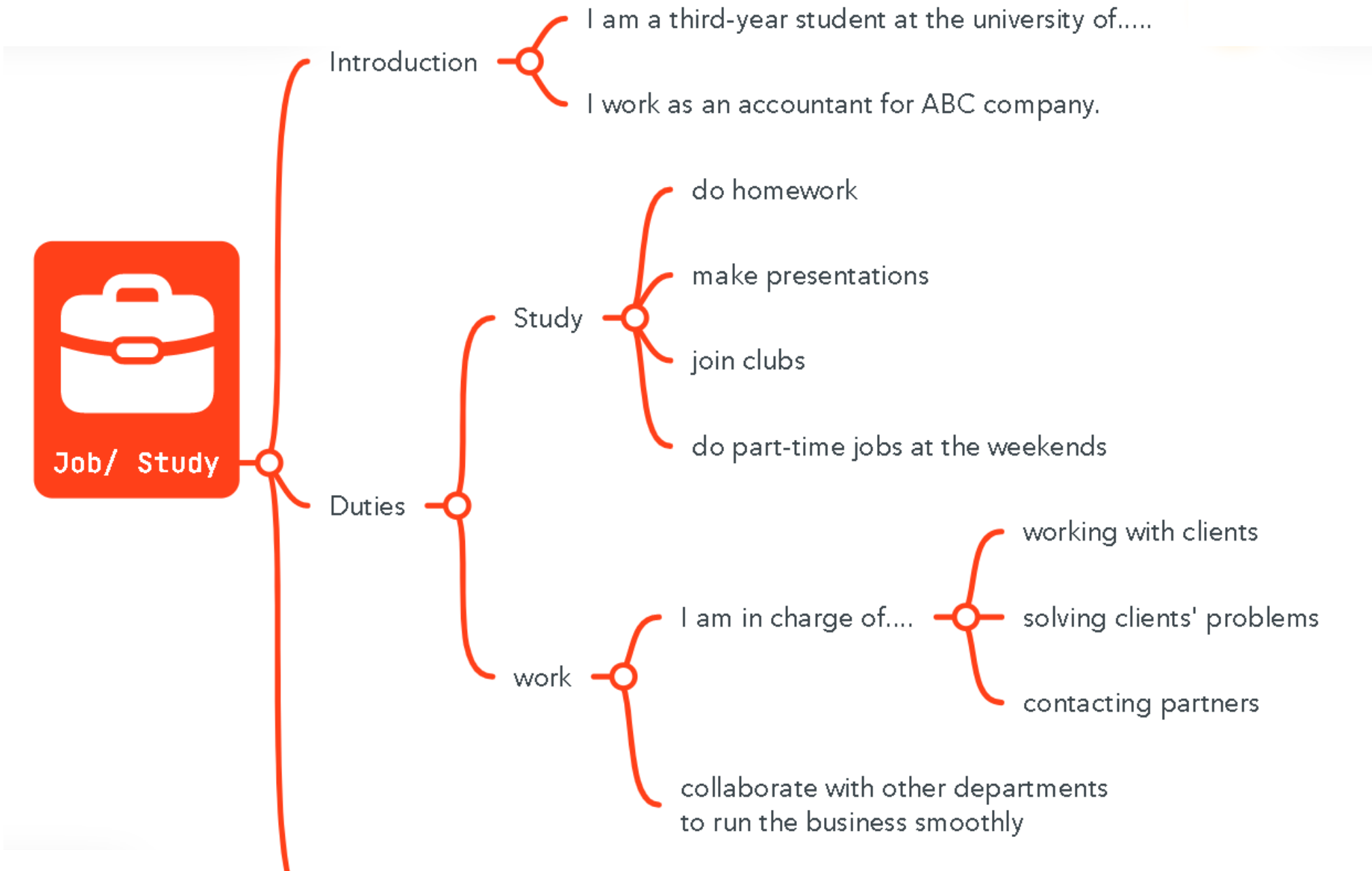
Solutions —○

choose suitable computer games

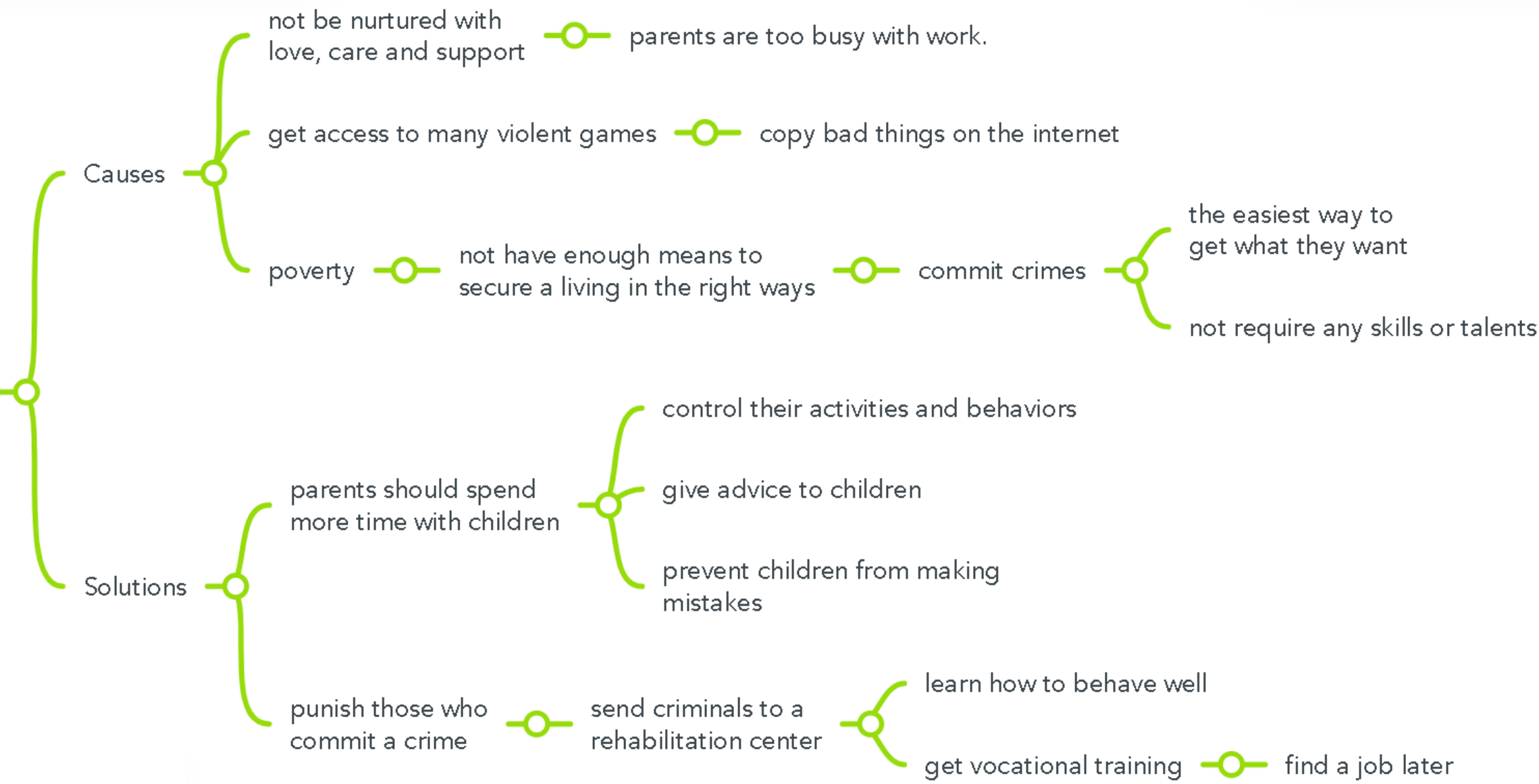
be not allowed to play violent games

set limits on the length of time for playing games











Rooms — Living room, bedroom, bathroom, garden, garage, balcony, toilet

Adj —  
— large, big, spacious  
— quiet, peaceful  
— pretty, beautiful,  
— stuffy (ngột ngạt)  
— drafty (nhiều gió lùa)  
— cramped (chật chội)

Furniture — table, TV, sofa, bookshelf, bed, wardrobe

Activities —  
— grow plants and flowers in the garden  
— read books, watch TV, welcome guests in the living room





Advantages —○— perform faster and more efficiently

Disadvantages —○—  
—○— have less social interactions  
—○— make people lazier —○— depend too much on machines —○— refuse to do tasks by hand  
—○— increase the unemployment rate

Solutions —○—  
—○— join social activities: team building, picnic, party  
—○— raise the sense of responsibility  
—○— take some programs or training courses to control modern machines  
—○— update themselves with the development of science and technology





## Learning foreign languages

### Benefits

helps us learn and get  
information in the world

many books are written in English

helps us feel more confident  
when travelling abroad

talk easily with foreigners

work and do business  
without an interpreter

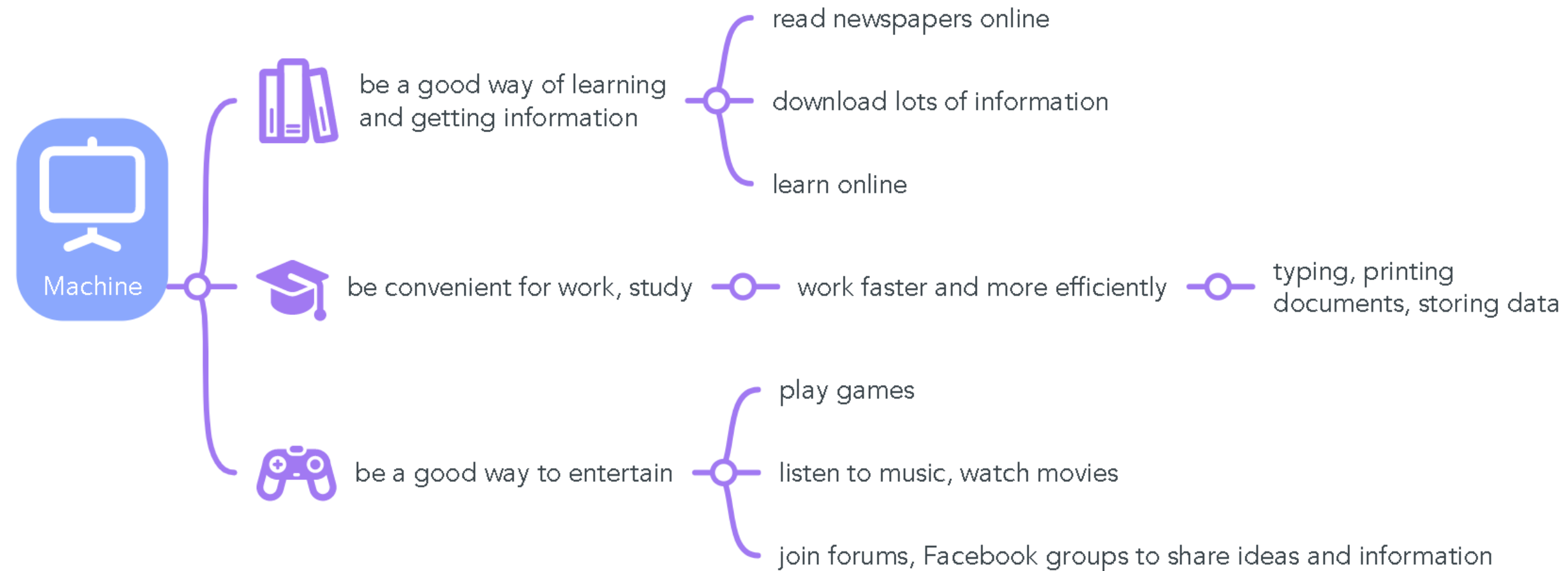
learn more about that country

culture, people, society,  
customs and traditions

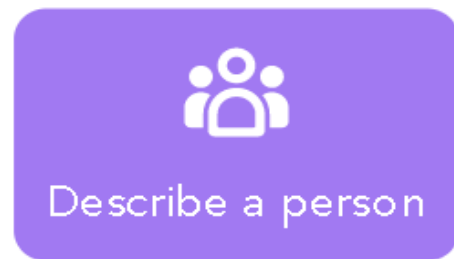
become friends with many  
people around the world

open a new door to the world









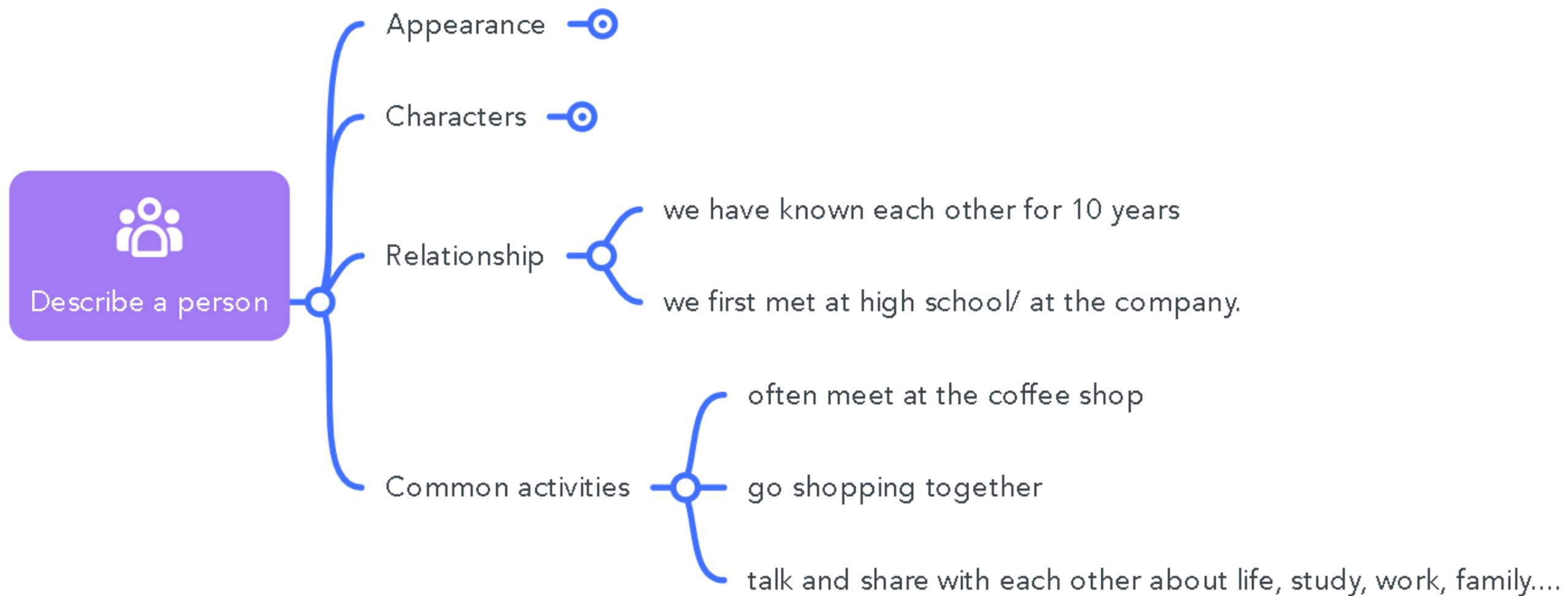
## Appearance

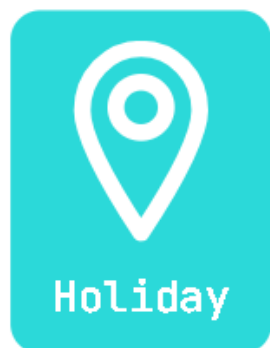
- Tall, short, old, young, medium-height, middle-aged
- beautiful, pretty, handsome, good-looking,
- have short/long black hair
- have a sunny smile

## Characters

- Good
  - sincere = honest (thật thà)
  - helpful, kind, nice
  - generous (hào phóng)
- Bad
  - talkative
  - awful, terrible, bad
  - selfish (ích kỷ)







Likes

the scenery is magnificent.



there are breathtaking views of the mountains and rivers

enjoy fresh and pure air



the local cuisine is fresh and delicious but not expensive

have a variety of food — crab, lobsters, seashells

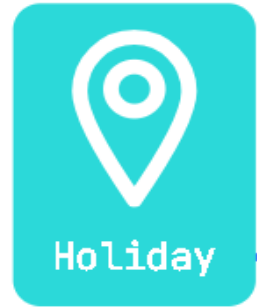


people are friendly, sociable, polite



enjoy many activities





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people are friendly, sociable, polite



enjoy many activities

swim in the blue and clear seawater

do sunbathing on the soft sand beach under the yellow and warm sunshine

play football on the beach

build sandcastles on the beach

watch the sunrise/ sunset

