## **BACK ON TRACK**

Improving the lives of people with dementia and multiple sclerosis

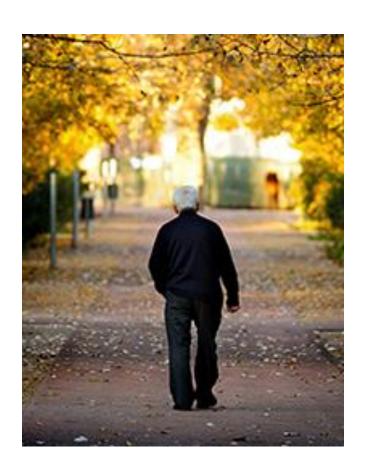
Team: BACK ON TRACK Austin Atmaja, David Zhang, Melissa Liu, Haebin Jung, Howard Yu,

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## **PROBLEM**

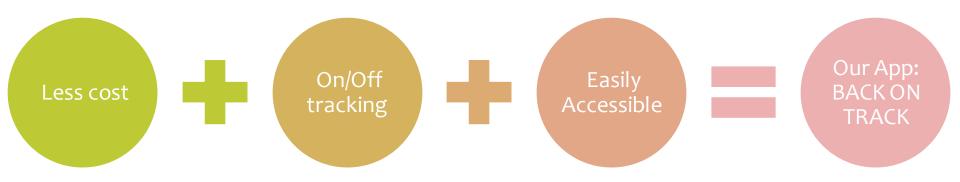


- Three out of five people with Alzheimer's Disease will wander [1]
- This leads to potential dangers and worry for caregivers



## OOO CURRENT BENCHMARKS OOO

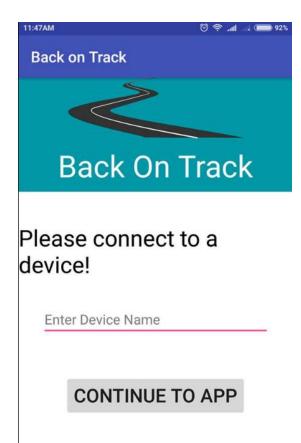
- Project Lifesaver
  - \$624 for tracking wristwatch [2]
    - → Expensive
- GPS SmartSole
  - \$365 per year
  - GPS tracker in shoe sole [3]
    - → Constant tracking is disliked by people
- Comfort Zone Check-In
  - Developed by Alzheimer's Association
    - → Only compatible with Sprint phones through text or email



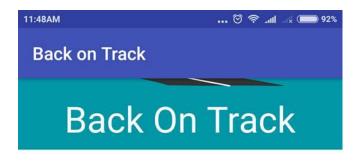


## **Features**





Prompts caregiver to connect to a device



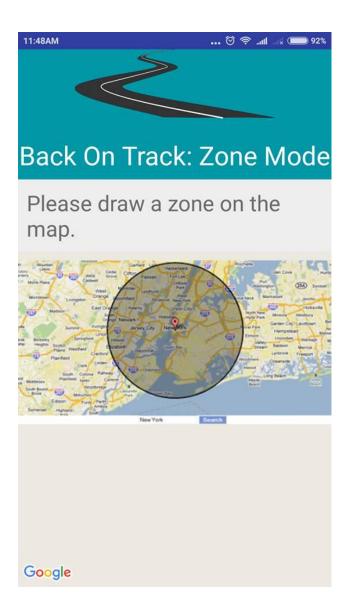
Welcome! Please select a mode.

Selection of modes

**ZONE MODE** 

**PATH MODE** 

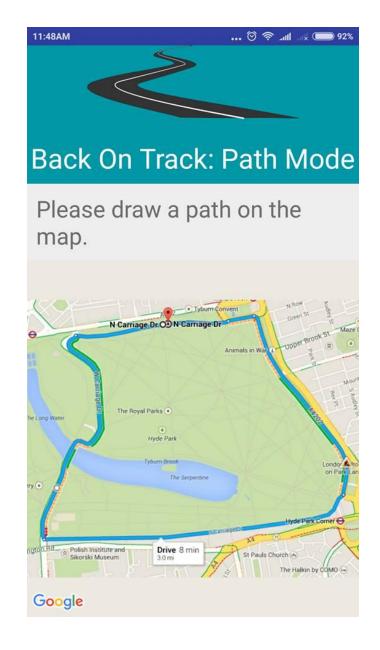
**VIEW MAP** 

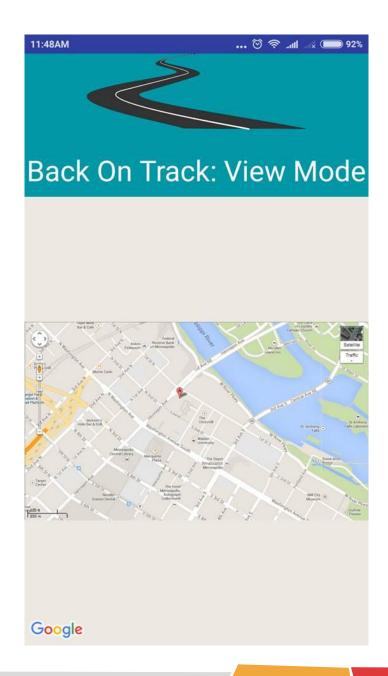


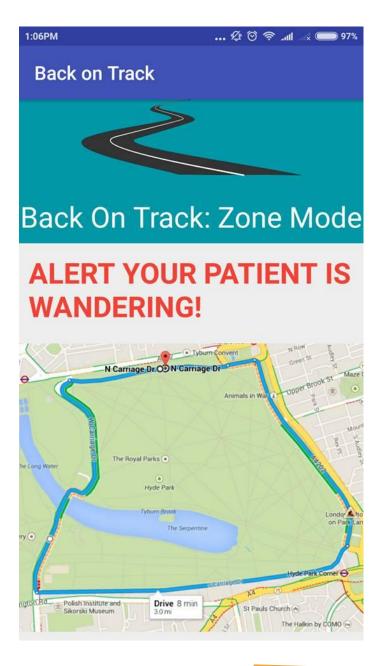
#### Zone Mode

- Allows caregiver or user to set a safe zone

# Path Mode - Allows user or caregiver to define a path







Back on Track

Apps Products Forum

#### **User Posts**

Bertha: What many don't know about Multiple Sclerosis is the fear of telling people. I was only 30 when I was diagnosed, and no one at my work would've believed me if I had told them. They attributed my fatigue to sleeping too late and "partying" which was completely not true. I felt so hopeless and didn't know who I could talk to. I hope I can use this website to connect with other people like me, and work together to spread awareness on how subtle the effects of MS can be.

Mark: The Back on Track application has saved me so many times. My entire life I've gone on the same neighbourhood walk, but after I was diagnosed with Dementia, I kept getting lost and forgetting where I was going. I even forgot that I could check my phone. Luckily, after straying too far away from my set path, my phone would alert me and instantly get me back onto my usual path. Thank you.

#### Hack4Health 2016 Project

Developed by Jerry Liu, Austin Atmaja, Haebin Jung, Howard Yu, David Zhang, Melissa Liu



## OOO CURRENT BENCHMARKS OOO

- Medication
  - Dimethyl Fumarate (Tecfidera)
  - → Weakens immune system, increases vulnerability to disease
- Exercise
  - Yoga, stretching
  - → Not possible for all patients, especially those with leg mobility issues

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## **Our Solution**

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- We propose a medical patch containing essential chemicals and materials to improve muscle signaling
- User centred no pain, and dosage will be customized based on current signal reading
- Ions to improve electrical conductivity, chemicals to prevent T-cells from attacking Myelin Sheath



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## References



- [1]Alzheimer's Association, "Three out of Five people with Alzheimer's disease will wander," 2016. [Online]. Available: <a href="http://www.alz.org/norcal/in\_my\_community\_18411.asp">http://www.alz.org/norcal/in\_my\_community\_18411.asp</a>. Accessed: Nov. 5, 2016.
- [2]"Project Lifesaver international," in *Project Lifesaver*, 2016. [Online]. Available: <a href="http://www.projectlifesaver.org/">http://www.projectlifesaver.org/</a>. Accessed: Nov. 5, 2016.
- [3]SafeTracks GPS Canada Inc, "Personal monitoring products," in *SafeTracks GPS Canada*, 2014. [Online]. Available: <a href="http://safetracksgps.ca/site/our\_products?cat=5&details=11">http://safetracksgps.ca/site/our\_products?cat=5&details=11</a>. Accessed: Nov. 5, 2016.
- [4] Alzheimer's Association, "Comfort Zone," 2016. [Online]. Available: <a href="http://www.alz.org/cleveland/in\_my\_community\_59702.asp">http://www.alz.org/cleveland/in\_my\_community\_59702.asp</a>. Accessed: Nov. 5, 2016.
- [5]A. Kalpana S Paudel, "Challenges and opportunities in dermal/transdermal delivery", PubMed Central (PMC), 2016. [Online]. Available: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2995530/. [Accessed: 06- Nov- 2016].
- [6]A. Kalpana S Paudel, "Challenges and opportunities in dermal/transdermal delivery", PubMed Central (PMC), 2016. [Online]. Available: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2995530/. [Accessed: 06- Nov- 2016].
- [7]L. Gray, "Multiple sclerosis study reveals how killer T cells learn to recognize nerve fiber insulators | UW Today", *Wa shington.edu*, 2016. [Online]. Available: http://www.washington.edu/news/2013/01/10/multiple-sclerosis-study-reveals-how-killer-t-cells-learn-to-recognize-nerve-fiber-insulators/. [Accessed: 06-Nov- 2016].