

HAMPDEN PARK TENNIS CLUB

MARCH 2021

CLUB COACH JENNY HUGHES
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JUNIOR NEWSLETTER

JUNIOR MEMBERSHIP

If you're not already a member come and join our thriving junior section of the popular Hampden Park Tennis club. For only £40 you can play all year long and will receive a free new racket dampener. Play whenever the courts are free, as often as you like and your parent/s can play with you too (see below). The only times you will not be able to play are during adult club sessions if all the courts are required and if the courts are being used for matches or tournaments (some of which are for Juniors).



Register your Hampden Park membership with the LTA to receive your British Tennis Membership as well and receive all sorts of fantastic benefits and special offers. More information further on in the newsletter.

You will also be able to purchase Branded Club clothing which you can personalise and there are opportunities to try and buy new rackets at reduced prices.

FREE PARENT MEMBERSHIP!

If your parent/s would like to come and **only** play or practice with you they can do so for no charge when the courts are free, that is, club sessions, matches & tournaments etc have priority. Full members always have priority too! More information later on.

1ST APRIL ONLINE MEMBERSHIP RENEWAL

Please renew your membership, collect your new racket dampener as proof of membership & sign up for the appropriate coaching sessions & tournaments etc. as soon as possible! It would be very much appreciated if you could go online to the club website www.hampdenparktennisclub.co.uk to renew your details & arrange a bank transfer to our

Club account Sort code 30 98 90 Account No. 15344868

EASTER HOLIDAY 3 DAY COACHING COURSE

MONDAY 12th APRIL - WEDNESDAY 14th APRIL
10.00 – 12.00 noon each day

COST: Members £36 Non-members £42



EASTER HOLIDAY FUN TOURNAMENT

Tuesday 13th April 12.30 – 2.30pm

All ages, all standards welcome.

Format depending on entries and numbers

Cost **£5.00** each

Book **ASAP** before the day with
Jenny Hughes 01323 655567 / 07831097864



JUNIOR GROUP COACHING **starts again from MONDAY 29th MARCH**

Group coaching is paid for separately at a cost of **£6** per hour which you attend. There will be a maximum of 12 juniors in a group.

To gain your place you will need to reserve a space in the groups on the days of your choice. Payment is required in advance for a half term block of lessons.

If you are currently in a group your space will be reserved but please confirm you still want it when renewing.

If you miss any lessons through illness or holiday etc. and they have already been paid for, you can do a double session to make up for it, as long as you let Jenny know beforehand.

During school holidays tennis courses & tournaments will be run midweek during the day.

JUNIOR GROUP COACHING SESSIONS



SATURDAYS 9-10am Young beginners Mini Tennis Red
from 10th April 10-11am Beginners/Int Mini Tennis
Orange/Green
11-12pm Intermediate Yellow Ball
12-1pm Advanced Yellow Ball

MONDAYS	5.30-6.30pm	Advanced
from 29 th March	6.30-7.30pm	Cardio Tennis

TUESDAYS	4.30-5.30pm	Beginners/Int	MiniTennis
From 30th March			
Red/Orange	5.30-6.30pm	Intermediate	Yellow Ball

All of the coaching squads are subject to demand. Floodlights will be used if necessary.

CARDIO TENNIS

MONDAYS 6.30 – 7.30pm – check website and Facebook page for dates

COST: £6 Members £7 Non members

Juniors & parents welcome!

Cardio Tennis is a series of tennis based activities played to up tempo music on the court! It does not require great tennis skills but is all about keeping your heart rate up, burning calories & having fun. Whether the ball goes in or out is irrelevant as the main purpose is to get fit!!!! However do not be surprised if some of your tennis skills improve too and who doesn't love trying to hit cones!



INDIVIDUAL TENNIS LESSONS

with Jenny Hughes –
07831097864



COST: still only £25.00 per hour or £12.50 per half hour

- Our very own club coach Jenny won the Tennis Sussex Adult Outstanding Achievement Award 2019!

TOURNAMENT DATES TO REMEMBER THROUGHOUT THE YEAR!

FREE Annual Parent & Child Tournament is on
Saturday 17th July 4-6pm

Every school holiday we hold Fun Tournaments each lasting 2 hours for £5 only, sometimes team or individual events with a mixture of doubles & singles!

Our FREE popular Len Travis Adult & Junior Tournament is on
Sunday 23rd May 2021, 2-5pm



The always well attended **FREE Kelvin Inman Adult Junior Tournament** is on **Sunday 3rd October 2021, 2-5pm**

The thriving **Junior Club Championships** run from **May-September** with **Finals Day** on **5th September 2021**

FREE PARENT MEMBERSHIPS

Your parent/s or guardian/s can come & play or practice only with you for no charge when the courts are free, that is, club sessions, matches & tournaments have priority. Full members always have priority so if your parent/s or guardian/s would like to join there are some great offers on for adults too! (Normal adult membership is £192 per year)

Parents must always wear sportswear & tennis shoes. Get them ready for the Annual Summer Parent & Child Tournament and put them through their paces.



SUNDAY JUNIOR ACES CLUB
from 11th April
5.00 – 7.00pm

This junior club night including ladder competitions for all ages is continuing to run every **Sunday 5.00-7.00pm** all through the year. You can come along & play supervised matches against other juniors for just **£5.00**, no need to book just turn up and enjoy!!

2020 Aces Ladder Winner Dale Upton
Runner Up Tom Perry Third Ben Taylor

2020 Aces Points Winner Dale Upton

Neilan

Runner Up Lisa Tyrrell Third Caitlin



CLUB WEBSITE & FACEBOOK AND OTHER SOCIAL MEDIA

Lots of information can be found on the club website:

<http://hampdenparktennis.co.uk>

All coaching & tournament dates will be there in case you forget if it's on!

If you have any ideas to add to the website please speak to **Grant Tarrant-Fisher** or email him on

grant@hampdenparktennis.co.uk

[We](#) can post all your news, wins, results and events on Social Media and/or send details to the local press too. No news item is too small!!

Click and like our posts on Facebook, Instagram at [hampdenparktennisclub](#) and Twitter @ClubHampden.

Also upload all your Tennis news on these pages to spread the word.

BALL MACHINE

Juniors can use the ball machine if an adult member is present at all times. There will be a charge of just **£5.00** for a whole hour & it must be booked in advance with Jenny Hughes. It should not be used if the courts or balls are wet! Every care must be taken when putting it away to ensure that the flexes are neat & not left twisted.

TEAMS

Summer Junior Sussex League 2020

Sadly due to Covid 19 this Junior League did not take place in Summer 2020 & we will wait to see what happens over the Summer 2021 before we enter any teams

BRITISH TENNIS MEMBERSHIP

ALL JUNIORS playing in teams, tournaments etc. MUST be LTA rated & have a British Tennis Membership Number & they MUST link their membership to Hampden Park TC & Opt in if they want to go in the draw for Wimbledon tickets!

Log on to www.lta.org.uk & register for FREE British Tennis Membership ASAP or do it when you renew online as it is now included on the renewal membership form !



CLUB KNOCKOUT TOURNAMENTS

Junior & Adult

Hopefully we will be running **junior singles & doubles tournaments** throughout the season to find the best junior at all the different age groups. The finals will be staged on the same day as the adult finals, that is, **Sunday 5th September, 2021, 10am** onwards. Any junior who is eligible to play in the adult club sessions can also play in the **adult club tournament**, ask Jenny for an entry form at the start of the season.

DATES FOR YOUR 2021 DIARY

Sunday 23rd May
2-5pm

Len Travis Adult & Junior Tournament

Sunday 6th Sept
10am onwards

Club Championship Finals Day

Sunday 3rd Oct
Tournament 2-5pm

Kelvin Inman Adult & Junior



CHILDREN'S TENNIS BIRTHDAY PARTIES

Have you ever thought of treating your child to a tennis birthday party at the tennis club? Everything would be provided except the party food!

Great fun activities with Jenny, the coach, on hand to help all standards, even if they have never picked up a racket before!

Prices, numbers & times etc. would be discussed on an individual basis depending on how long, how many

children & how many courts required etc. Non-members would be welcome to come along as well !

WIMBLEDON TICKETS

If you are 11 years or older & a junior club member with a British Tennis Membership linked to Hampden Park Tennis Club you are entitled to go in the club draw for Wimbledon 2021 tickets; this is only if you Opted In before end of Feb 2021. Due to Lockdown this rule might change this year? Watch out for the signing up sheets on the adult notice board in April. Although it is a draw you still have to pay for your tickets !!!!!!!

CLUB JUNIOR REP

What would you like to see happening for the juniors in the club? Have you got any ideas that could help or ideas to put on the club website or Facebook page? If so, would you like to be the next Club Junior Rep, if yes speak to Jenny & if not tell her your ideas & she will pass them onto the committee.

BEST JUNIOR OF THE YEAR

2020	Best Boy	Dale Upton
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2020
Neilan

Best Girl

Caitlin



JUNIOR CLUB CHAMPIONS 2020

14 & under Boys Singles
Bijlani

Luca

Girls Singles
Neilan

Caitlin

Some events were not completed
due to Lockdown



SPECIAL OFFER

Why not tell your friends all about the
club?

Juniors can come along for a **free** group
lesson if they call & arrange a time with
Jenny.

If they like it they can join the club for a 3 month trial membership for only £15!

Adults can also join for a 3 month trial membership for just £45 which includes

2 free Adult group lessons on
Thursdays 7-8pm
& 2 free

Cardio Lessons on Mondays 6.30-
7.30pm

Any queries or more info needed
please call

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Hampden Park TC is an LTA registered venue & as such is committed to equality & diversity within tennis. We are also committed to ensuring that everyone playing at Hampden Park enjoys a positive, enjoyable & safe experience.

Our Equality & Diversity policy, Safeguarding policy & reporting procedure can be found both on the notice board in the clubhouse & on our website.

As part of our safeguarding policy we ask that all juniors under the age of 13 should be escorted to & from the club for their tennis activities & not left to walk home alone.