HODGES CIPHER LIBRARY

Front Insert - v1.0

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Sion Axiom Norma (S.A.N.)
One■Page Shift Card

What this card does: Compresses the entire S.A.N. library into a calm, operational mode selector. It keeps symbolic reasoning grounded, time■bounded, and humane. Use it to decide *how* to engage—not *what* to believe.

DAY SHIFT **Create • Decide • Act**	NIGHT SHIFT **Protect • Capture • Rest**
• Planning, writing, learning, outreach • Research with reality checks • Small, reversible actions • Build, test, communicate	• Review notes only (no new conclusions) • Light journaling, gratitude, closure • Prepare tomorrow's top 1–3 items • Sleep protection comes first
Guardrails • Keep scope small • Use timers • Stop at first escalation	**Blocked** • Major decisions • Confrontation texts/emails • Deep rabbit holes

HARD STOP (Universal Override)

"This is complete for now."
Stop immediately. Breathe once. Water. Reality check. Resume only when calm. Overrides all modes and ideas.

SUNRISE / SUNSET MICRO■RULES

Sunrise: Optional, intentional re■entry. Begin in observer mode. No backlog, no urgency.
Sunset: Intentional closure. Unresolved questions may remain unresolved—without penalty.

S.A.N. INTEGRATION (Library■Wide)

• Symbolic lens, not literal instruction
• Ethics, consent, legality first
• Reality–Fiction Boundary always on
• Self■limiting by design (Sunrise/Sunset/Hard Stop)
• If stress rises, stop and ground

Bottom line: If it's calm, proceed lightly. If it's heavy, stop.