

雅思写作教育类语料

常用短语（英文）	中文对照
strike a proper balance between imparting theoretical knowledge and cultivating practical skills	在教授理论知识和实践技能之间达到一个平衡
academic qualifications	获得学术证书
strangle/ stifle students' interest and enthusiasm	扼杀学生们的兴趣和热情
enter the workforce earlier	早点工作
fulfill their potential	发挥潜力
secure children a promising future	保证一个更有希望的未来
well-rounded / all-round	全面发展的
exploit and develop one's talent	开发并发展天赋
lay a solid foundation for	打下坚实的基础
feel frustrated	产生挫败感
be physically and psychologically exhausted	身心疲惫
achieve near-native pronunciation	发音更地道
have a better chance of becoming fluent in a foreign language	外语流利度更好
be skilled at grammatical analysis	对语法进行分析的能力更强
have the ability to concentrate for longer periods of time	集中注意力的时间更长
students from poverty-stricken families	贫穷家庭的学生
primary and secondary schools in rural areas are at a disadvantage in terms of equipment and teaching staff	农村地区教育资源相对落后
expand students' knowledge base	开阔学生的学识和思维视野

and broaden their skills	
develop students' analytical skills and critical thinking abilities	发展学生的分析能力和批判性思维
cultivate organizational skills: time management, money management	培养组织能力：管理时间，理财
cultivate a sense of responsibility	培养责任感
foster intellectual development	培养智力发展
campus life will be more colorful and rewarding	校园生活更丰富多彩
be more competitive than their peers when hunting for jobs	就业时比同龄人更有竞争力
immediate feedback and moral guidance	立即的反馈和道德的引导
the long-time sedentary learning may give rise to health-related problems	久坐学习会引发健康问题
self-confidence	自信
regular classes will be drained of academic role models	班级内缺少榜样的力量
reduce distraction	减少分散注意力
enhance an individual's career prospects and earning potential	提高一个人的就业前景和挣钱能力
contribute significantly to the productivity of society and competitiveness of economy	极大的提高社会生产率 and 经济竞争力
universities can produce well-educated and independent-thinking citizens	大学能够培养教育程度良好并且有独立思考能力的人
schooling	（学生接受的）学校教育

upbringing/ parenting	孩子接受的父母的教育
impart / inculcate knowledge	传授知识
instill highmoral values into sb.	给某人灌输高尚的道德观念
students' grasp/ command of what has been taught	学生对老师所教授的知识的掌握
dampen/sap the students' enthusiasm	打击学生的积极性
learn....by rote	死记硬背
force-feed the students	填鸭式教学教育学生
extra-curricular activity	课外活动
A school is society in miniature.	学校是社会的缩影
disruptive/ unruly students	不守纪律的学生
learn things through understanding	在理解的基础上学习
memorize for memorization' s own sake	为了记忆而记忆
students appraise / evaluate their teachers' performance	学生评价老师的教学
extinguish / stifle / constrain creativity	限制创造力的发展
employable/ marketable skill	就业技能
adapt to doing something/adjust oneself to doing something/ become accustomed to doing something	适应

psychological soundness/ well-being	心理健康
adaptability	适应能力

沈阳新东方国际教育培训中心

雅思写作科技类语料

常用短语（英文）	中文对照
improve working efficiency	提高工作效率
bring convenience to people's life	给人们的生活带来便利
facilitate communication	方便沟通交流
entertainment/recreation	娱乐
lack face-to-face communication	缺少面对面交流
enrich people's life	丰富生活
infringe people's privacy	侵犯隐私
farming techniques	农业技术
the increase in living standards	生活水平的提高
cause unemployment	导致失业
create jobs	创造就业
air travel	航空旅行
a sense of national pride	民族自豪感
a cure-all solution	万能良药
scientific exploration	科学探索
sustainable development	可持续性发展
alternative fuels	可替代燃料
expediency	权宜之计
scientific inventions	科学发明
a heated discussion	热烈的讨论
environmental-friendly resources	环保的能源
exhaust gas	废气
social status	社会地位
opposite forces	负面影响
a fatal breakdown	致命故障
potential hazards	潜在危险
means of transportation	交通方式
transportation tools	交通工具
technical innovation	科技创新

sophisticated equipment	尖端设备
milestone	里程碑
depletion of resources	能源消耗
energy crisis	能源危机
earth-shaking changes	翻天覆地的改变
double-edged sword	双刃剑
advanced science	尖端科学
security (cybercrime)	安全问题（网络犯罪）
be flooded with negative information (pornography and violence)	不良信息的传播（色情和暴力）
fierce/keen competition	竞争激烈
place a heavy burden on the environment	给环境造成沉重负担
(have access to) all kinds of information, ranging from A to B	接触到各种各样的信息，从……到……（可以举例子）
provide opportunities of employment	增加就业机会
improve people's living standard	提高人们生活水平
promote/boost economic development	促进经济发展
lack exercise (obesity)	缺乏运动（肥胖症）
intense radiation (failing eyesight, health hazard)	辐射（视力下降，健康危害）

雅思写作媒体类语料

常用短语（英文）	中文对照
browse/ surf the Internet	上网
...is an important source of employment/ information.	是雇佣/信息的主要来源
in a virtual world	在虚拟的世界中
educational online games such as online math games and online language games	有教育意义的网络游戏比如在线数学和语言游戏
social networking websites	社交网站
cause social isolation	导致与社会脱节
search engine	搜索引擎
read consumer reviews	查看客户评价
can easily compare prices and services	可以很容易地比较价格和服务
shipping free	包邮
do a special promotion	做促销
to keep people well-informed about sth.	给大众提供……信息
bring people a lot of entertainment	给人们带来娱乐
False coverage misleads the public	虚假的报道误导大众
be panic, pessimistic, have a sense of insecurity	变得恐慌，悲观，没有安全感
rating system	分级制度
boost economy development	促进经济发展
create more job opportunities	带动就业
enable greater volume to be sold	促进产品销量
irrational consumption	冲动消费
vice advertising	恶俗广告
be deceived	上当受骗
inform people about the new	让人们了解新产品的资讯

products	
conduct advertising campaign	进行广告宣传
online shopping	网购
mislead the public	误导大众
false information	虚假信息
enter industrial/ information ages	进入工业/ 信息时代
boost sales	增加销量
luxury items	奢侈品
impose strict censorship on....	在...上执行严格的审查制度
advertising revenue	广告收入
cybercrime	网络犯罪
imitate the behavior they see in the media	模仿他们在媒体中看到的行为
media violence	媒体暴力
online fraud	网络诈骗
spread a computer/ email virus	传播电脑病毒
computer hackers	电脑黑客
expansion of the Internet	互联网的扩张

雅思写作生态类语料

常用短语（英文）	中文对照
biological diversity	生物多样性
ecological balance	生态平衡
endangered animals	濒危动物
rare species	珍稀物种
animal rights	动物权利
medical research	医学研究
clinical research	临床研究
destroy natural habitat	破坏自然栖息地
life-threatening disease	危及生命的疾病
scientific gains	科学成果
alternative methods	可替代的方法
fossil fuel	化石燃料
inexhaustible	取之不尽用之不竭
environmentally friendly	环境友好型的
renewable energy	可再生能源
alternative energy	可替代能源
sustainable development	可持续发展
energy-saving technology	节能技术
carbon dioxide emission	二氧化碳排放
water shortage/ scarcity	水资源短缺
climate change	气候变化
global warming	全球变暖
greenhouse effect	温室效应
energy crisis	能源危机
air pollution	空气污染
natural disaster	自然灾害
lead a low-carbon lifestyle	过低碳生活
waste-water recycling	废水循环
hunting and killing wildlife	捕杀野生动物

environmental deterioration	环境恶化
wild animals and plants	野生动植物
deforestation/ log forests	砍伐森林
face extinction / die out	灭绝
food chain	食物链
animal experiment	动物实验
test the safety of new medicines	检验新药物的安全性
conserve natural resources	节约自然资源
traffic jam / congestion	交通堵塞
ease/ alleviate traffic pressure	减轻交通压力
reduce people's dependence on cars	减少人们对汽车的依赖
affordable public transport	便宜的公共交通
increase petrol price	提高油价
encourage low-carbon economy	鼓励低碳经济
exploit green energy	开发绿色能源
raise the public's awareness	提高大众的意识
disposable items/ products	一次性产品
set up natural reserve	建立自然保护区

雅思写作犯罪类语料

常用短语（英文）	中文对照
commit crimes / break the law	犯罪
crime rate	犯罪率
criminal / lawbreaker / offender	罪犯
criminal lifestyle	犯罪生活
teenage crime / juvenile crime / juvenile delinquency	青少年犯罪
prison sentence	监狱刑期
guardian	监护人
impose severe punishment on criminal activities	加大对犯罪的打击力度
dispel ideas of committing crimes	打消犯罪想法
deter the public from the dangers of crimes	震慑大众以防犯罪
implement policies on crime prevention	出台犯罪预防政策
introduce laws	立法
violent and pornographic contents	暴力和色情内容
offensive information on the Internet	互联网上的不良信息
minimize campus bullying	消除校园欺凌
regulate and eliminate gun and drug abuse	控制枪支、毒品
anti-social behavior	反社会行为
terrorism	恐怖主义
involuntary community service	强制社区劳动
fine	罚款
detention	拘留
suspension	开除
profound social impacts	巨大的社会影响

massive media coverage	大量的媒体报道
destructive consequences	严重的后果
test-oriented education	应试教育
prioritize academic performance	把成绩放在首位
marginalize the tutoring of moral integrity	轻视道德教育
sexual harassment	性骚扰

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雅思写作社会类语料

常用短语（英文）	中文对照
find well-paid jobs	找到高薪的工作
upgrade one's skills	提升个人工作技能
meet employers' renewed requirements	适应雇主新的需求
high levels of job-related stress	职场高压
job hopping	跳槽
artificial intelligence (AI)	人工智能
make some jobs redundant	使一些工作岗位多余
job satisfaction	工作满意度
promotion opportunity	晋升机会
do valued and valuable work	工作有价值且被认可
get positive feedback from superiors	获得来自上司的积极反馈
achieve one's potential	发挥潜力
a sense of belonging to a working community	团队归属感
gain a broader access to public services	享受更多的公共服务
population expansion	人口激增
degradation of air quality	空气质量下降
traffic congestion/jam	交通拥堵
economic pressure/ financial difficulties	经济压力
lead a stressful life	生活压力大
have a steady source of income	有稳定的收入来源
secure a good life	保障好生活
delay childbearing	晚育
a short supply of labor force	劳动力短缺
enrich life experience	丰富人生阅历

enlarge one's social circle	扩大朋友圈
result in a sense of social isolation	导致疏远感
raise children	抚养孩子
take care of ageing parents	照顾老人
manage household chores	料理家务
labour-intensive jobs/ physically demanding jobs	体力劳动
lack practical experience	缺乏实践经验
make hasty decisions	做草率决定
keep pace with the world	跟上社会节奏
open-minded	思想开放
ageing population/ageing society	老龄化
physical degradation/ deteriorating health	身体健康状况下降
less tax contributions	税收贡献少
more consumption of social services	社会资源消耗多
impose financial burden on...	为...施加财政负担
senior workers	资深员工
youth unemployment	年轻人失业
hold conservative views	性格保守
reluctant to accept new ideas	不愿接受新想法
substantial life experience	社会经验丰富
provide financial and career support	提供财政及事业支持
engage in dangerous sports	从事危险运动
involve high risks	高风险
a sense of satisfaction/achievement	心理满足感/成就感
take proper safety precautions	采取预防措施
host the Olympic Games	举办奥运会
enhance one's fitness	强身健体

sufficient labour pool	劳动力充足
promote communication and understanding between different cultures and races	增进不同文化和种族之间的交流
promote employment	促进就业
provide talents for athletic professionals	培养体育人才
remove prejudice and misunderstanding	消除偏见和误解
increase the burden on taxpayers	加重纳税人的负担
cause financial loss	导致财政亏损
boost economic growth	刺激经济增长
reduce unemployment	减少失业
narrow the gap between the rich and the poor	缩小贫富差距
technological innovations	科技创新
affordable prices	支付得起的价格
stimulate consumption	刺激消费
achieve material success	获得物质成功
be interested in social status	专注于社会地位
lead a healthy lifestyle	健康的生活方式
form a strong relationship with family and friends	与家人和朋友保持良好的社交关系
achieve a work-life balance	工作和生活的平衡
strong commitment to work	对工作的强烈责任感
do volunteer work	做义工
make donations to charities	为慈善组织捐款

雅思写作政府类语料

常用短语（英文）	中文对照
authorities	当局
regulate	规范
monitor	监管/监督/管理者
administer	管理者
oversee	监督
duty/ responsibility	责任
obligation	义务
stringent	法律的
legislation	立法
laws	法律
regulations	法规
rules and regulations	法律法规
legislate	立法/制定法律
implement	执行
strictly prohibit	严厉禁止
scrutinize	仔细检查，详审
invest in	投资
allocate money to	筹集资金
dedicate money to	筹集善款
budget	预算
curtail	剥夺，截短
argument	讨论，争论
tax revenue	税收收入
government spending	政府花销
expenditure on...	花在……上的钱
funds	基金
in red	赤字
back up	支援

finance	给予财政支持
allowance	津贴
subsidize	给予财政补助
donate	捐赠
emergency	紧急情况
give priority to	优先
self-defense	自卫
arms race	军备竞赛
seek/ pursue hegemony	追求霸权
national security	国土安全
a vicious circle	一个恶性的循环
a virtuous circle	一个良性的循环
destabilizing factors	不稳定因素
space race	太空竞赛
weapons	武器
army	军队
armaments	军队，武装
short-sighted policy	短视的政策
the tempo/ pace of life	生活节奏
accelerate	加速
create alienation between people	导致人与人之间疏远
pursue maximum profit	追求最大利益化
traffic jams	交通阻塞
congestion	交通堵塞
hinder / hamper / impede the development of ...	阻碍……发展
poverty-stricken	贫穷的
impoverished	贫穷的
wealthy	富有的
affluent	富裕的
well-off	富裕的
poverty alleviation	扶贫

employment opportunity	就业机会
pedestrians	行人
laid-off workers	下岗职工
infrastructure	基础设施
public transport system	公共交通系统
power grid	电网
pipelines	石油气天然气管道
water supply and drainage systems	给排水系统
hit-and-run	肇事逃逸
high-rise buildings	高楼大厦
skyscraper	摩天大楼

雅思写作文化类语料

常用短语（英文）	中文对照
multicultural society	多元文化的社会
cultural identity	文化认同感
be tolerant to different cultures	包容文化差异
mixture	混合体
melting pot	熔炉
remove the barrier of culture	去除文化间障碍
cultural differences	文化差异性
multinational corporation	跨国公司
cultural diversity	文化多样性
heritage	遗产
landmark	地标
historical attraction	历史景点
enrich local culture	丰富当地文化
promote art appreciation	促进艺术欣赏能力
national identity and value	民族特性和价值观
cultural inheritance	文化遗产
masterpiece	杰作
symbolize the culture of a nation	象征一个国家的文化
cross-cultural communication	跨文化交流
achievement of art	艺术成就
crystallization	结晶
national pride	民族自豪感
carry forward	弘扬
cultural treasures	文化宝藏
human civilization	人类文明
reputation	声望
spiritual civilization	精神文明
variations among buildings	建筑多样性

aged buildings	老建筑
not in a usable state	不具备应用价值
please the eye	赏心悦目
a large collection of selected objects	大量藏品
educational	有教育意义的
concentrate on local culture	关注当地文化
exhibition	展览
preserve cultural values	保护文化价值
the symbol of the history of a place	一个地方历史的象征