Create a plot of the energy generation rate for both processes as a function of temperature (assuming solar composition).

Energy Generation Rates

The energy generation rate of the proton-proton chain is proportional to the rate of its slowest reaction, the $p+p \to d + e^+ + \nu_e$ reaction. The overall energy generation rate is:

$$q_{pp} = \frac{2.4 \times 10^4 \rho X^2}{{T_9^{2/3}}} e^{\frac{-3.380}{{T_9^{1/3}}}} erg \cdot g^{-1} \cdot s^{-1}$$

The energy generation rate for the CNO cycle is proportional to the $^{14}N(p,\gamma)^{15}O$ rate, and is:

$$q_{CNO} = \frac{4.4 \times 10^{25} \rho XZ}{T_{\rm q}^{2/3}} e^{\frac{-15.228}{T_{\rm g}^{1/3}}} erg \cdot g^{-1} \cdot s^{-1}$$

Where
$$T_9 \equiv T/(10^9 K)$$

Imagine expressing the reaction rate as a powerlaw,

$$q = q_0 \rho T^{\nu}$$

We can estimate u around some temperature $^{\mathrm{T}_0}$ for both the pp-chain and the CNO cycle as:

$$\nu = \frac{dlogq}{dlogT}$$

We can compute the needed derivative by differencing:

$$\left. \frac{dq}{dT} \right|_{T_0} \approx \frac{q(T_0 + \delta T) - q(T_0)}{\delta T}$$

Where
$$\frac{\delta T}{T_0} << 1$$