Where do you source your packages from?

Consider using {drat}, RStudio's fancy new pro-pkg manager, or your own tooling around tools:*_PACKAGES() to setup your own internal CRAN and internal-org package repository that have verified "OK" versions of any and all packages you depend on (including ones from external source-only repositories).

Further consider using file integrity monitoring to ensure no unexpected changes have occurred.

Are you sure that's the same data file?

tools::md5sum("~/Data/critical-data.csv")

/Users/hrbrmstr/Data/critical-data.csv "110524e0c5e7ab188a10090e9a7960e5"

Monday

tools::md5sum("~/Data/critical-data.csv")

/Users/hrbrmstr/Data/critical-data.csv "c1682d837829a84bc411864dbfec0762"

Thursday