

## Chapter 19

### **“I Am Constantly Contemplating on God”**

During the assembly that night, Swamishri’s immense glory was described in his presence. Jashbhai of Zarola began to ask the other youths, “How can Swamishri maintain an unbroken remembrance of God in such a situation?”

Swamishri replied, “I am constantly contemplating on God. I am telling you the truth. If it is the truth, then we must say it, shouldn’t we!”

Then Swamishri said, “We can tell those who have affection for us.”

Jashbhai asked, “Bapa, how are you able to maintain your constant contemplation on God?”

Swamishri said, “Do you forget your own name? I am Jashbhai... I am Jashbhai... That

consciousness remains constantly, does it not?  
In the same way, I constantly contemplate on  
God.”