Step 1: Insert data in a collection "book" with quantity and other details

```
db.book.insert ({
_id: 123456789,
title: "MongoDB: The Definitive Guide",
author: [ "Kristina Chodorow", "Mike Dirolf" ],
published_date: ISODate("2010-09-24"),
pages: 216,
language: "English",
publisher_id: "oreilly",
available: 3,
checkout: [ { by: "joe", date: ISODate("2012-10-15") } ]
});
Step II: Check if the book is available during checkout
db.book.findAndModify ( {
query: {
_id: 123456789,
available: { $gt: 0 }
},
update: {
$inc: { available: -1 },
$push: { checkout: { by: "abc", date: new Date() } }
}
});
```