



(1) Atomic weights of the elements 2013, Pure Appl. Chem., **88**, 265-291 (2016)

LANTHANIDE																
	57 1	138.91	58 140.12	59 140.91	60 144.24	61 (145)	62 150.36	63 151.96	64 157.25	65 158.93	66 162.50	67 164.93	68 167.26	69 168.93	70 173.05	71 174.97
	L	a	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
	LANTH	HANUM	CERIUM	PRASEODYMIUM	NEODYMIUM	PROMETHIUM	SAMARIUM	EUROPIUM	GADOLINIUM	TERBIUM	DYSPROSIUM	HOLMIUM	ERBIUM	THULIUM	YTTERBIUM	LUTETIUM
ACTINIDE																
	89	(227)	90 232.04	91 231.04	92 238.03	93 (237)	94 (244)	95 (243)	96 (247)	97 (247)	98 (251)	99 (252)	100 (257)	101 (258)	102 (259)	103 (262)
	A	c	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr
	ACTI	INIUM	THORIUM	PROTACTINIUM	URANIUM	NEPTUNIUM	PLUTONIUM	AMERICIUM	CURIUM	BERKELIUM	CALIFORNIUM	EINSTEINIUM	FERMIUM	MENDELEVIUM	NOBELIUM	LAWRENCIUM