|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **КАРТОЧКА ПОСТУПАЮЩЕГО В ВУЦ 2024г.** | | | | |
| **ФИО\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |
| **ФАКУЛЬТЕТ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |
| **д.р., возраст \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |
| **Вид** | **Упр.** | **Название** | **Результат** | **Подпись принимающего** |
| **СИЛА** | 3 | Подтягивание |  |  |
| 5 | Подъем с переворотом |  |  |
| 6 | Подъем силой |  |  |
| 10 | Рывок гири |  |  |
| **БЫСТРОТА** | 17 | 60м |  |  |
| 18 | 100м |  |  |
| 19 | челночный бег 10х10 |  |  |
|  | | | | |