Ehrenfest'sches Paradoxon in cylindrical coordinates:

$x^0 = t.$ $x^1 = r.$ $x^2 = \phi$. $x^3 = z$. $g_{\mu u}$ $g_{00} = -L^2(-1 + r^2\omega^2).$ $g_{01}=0.$ $g_{02} = -\frac{1 + r^2 \omega^2 L - L}{\omega}.$ $g_{10}=0.$ $g_{11} = -1.$ $g_{12}=0.$ $g_{13}=0.$ $g_{22} = -\frac{-1 + 2L + r^2\omega^2 L^2 - L^2}{\omega^2 L^2}.$ $g_{23}=0.$ $g_{30}=0.$ $g_{31}=0.$ $g_{32}=0.$ $g_{33} = -1.$ $\sqrt{-\det(g_{\mu\nu})}$ $\sqrt{}=\sqrt{r^2}.$ $g^{00} = \frac{-1 + 2L + r^2 \omega^2 L^2 - L^2}{r^2 \omega^2 L^2}.$ $g^{01} = 0.$ $$\begin{split} g^{01} &= 0. \\ g^{02} &= -\frac{1 + r^2 \omega^2 L - L}{r^2 \omega}. \\ g^{03} &= 0. \\ g^{10} &= 0. \\ g^{11} &= -1. \\ g^{12} &= 0. \\ g^{13} &= 0. \\ g^{20} &= -\frac{1 + r^2 \omega^2 L - L}{r^2 \omega}. \\ g^{21} &= 0. \\ g^{22} &= \frac{L^2 (-1 + r^2 \omega^2)}{r^2}. \\ g^{23} &= 0. \\ g^{30} &= 0. \\ g^{31} &= 0. \\ g^{32} &= 0. \\ g^{33} &= -1. \\ \end{split}$$ $\Gamma^{0}_{00} = 0.$ $\Gamma^{0}_{01} = -\frac{-1+L}{r}.$ $\Gamma^{0}_{02} = 0.$ $\Gamma^{0}_{03} = 0.$ $\Gamma^{0}_{10} = -\frac{-1+L}{r}.$ $\Gamma^{0}_{11} = 0.$ $\Gamma^{0}_{12} = -\frac{-1+L}{r\omega L}.$ $\Gamma^{0}_{13} = 0.$ $\Gamma^{0}_{20} = 0.$ $\Gamma^{0}_{21} = -\frac{-1+L}{r\omega L}.$ $\Gamma^{0}_{22} = 0.$ $\Gamma^{0}_{23} = 0.$ $\Gamma^{0}_{30} = 0.$ $\Gamma^{0}_{31} = 0.$ $$\begin{split} &\Gamma^{1}_{00} = -r\omega^{2}L^{2}.\\ &\Gamma^{1}_{01} = 0.\\ &\Gamma^{1}_{02} = -r\omega L.\\ &\Gamma^{1}_{03} = 0.\\ &\Gamma^{1}_{10} = 0.\\ &\Gamma^{1}_{11} = 0.\\ &\Gamma^{1}_{12} = 0.\\ &\Gamma^{1}_{13} = 0.\\ &\Gamma^{1}_{20} = -r\omega L.\\ &\Gamma^{1}_{21} = 0.\\ &\Gamma^{1}_{31} = 0.\\ &\Gamma^{1}_{30} = 0.\\ &\Gamma^{1}_{31} = 0.\\ &\Gamma^{1}_{31} = 0.\\ &\Gamma^{1}_{32} = 0.\\ &\Gamma^{1}_{33} = 0.\\ \end{split}$$

$$\begin{split} &\Gamma_{00}^2 = 0. \\ &\Gamma_{01}^2 = \frac{\omega L^2}{r}. \\ &\Gamma_{02}^2 = 0. \\ &\Gamma_{03}^2 = 0. \\ &\Gamma_{10}^2 = \frac{\omega L^2}{r}. \\ &\Gamma_{11}^2 = 0. \\ &\Gamma_{12}^2 = \frac{L}{r}. \\ &\Gamma_{13}^2 = 0. \\ &\Gamma_{20}^2 = 0. \\ &\Gamma_{21}^2 = \frac{L}{r}. \\ &\Gamma_{23}^2 = 0. \\ &\Gamma_{33}^2 = 0. \\ \end{split}$$
 $\Gamma_{00}^{3} = 0.$ $\Gamma_{01}^{3} = 0.$ $\Gamma_{02}^{3} = 0.$ $\Gamma_{03}^{3} = 0.$ $\Gamma_{10}^{3} = 0.$ $\Gamma_{11}^{3} = 0.$ $\Gamma_{12}^{3} = 0.$ $\Gamma_{20}^{3} = 0.$ $\Gamma_{21}^{3} = 0.$ $\Gamma_{22}^{3} = 0.$ $\Gamma_{33}^{3} = 0.$ $\Gamma_{33}^{3} = 0.$ $\Gamma_{33}^{3} = 0.$ $\Gamma_{31}^{3} = 0.$ $\Gamma_{33}^{3} = 0.$ $\Gamma_{31}^{3} = 0.$ $\Gamma_{31}^{3} = 0.$ $\Gamma_{32}^{3} = 0.$

 $R_{\mu\nu}$ $R_{00} = 0.$ $R_{01} = 0.$ $R_{02} = 0.$ $R_{10} = 0.$ $R_{11} = 0.$ $R_{12} = 0.$ $R_{20} = 0.$ $R_{21} = 0.$ $R_{23} = 0.$ $R_{23} = 0.$ $R_{31} = 0.$ $R_{31} = 0.$ $R_{32} = 0.$ $R_{33} = 0.$

$$\begin{split} R^{\mu}_{\ \nu} \\ R^{0}_{\ 0} &= 0. \\ R^{0}_{\ 0} &= 0. \\ R^{0}_{\ 2} &= 0. \\ R^{0}_{\ 3} &= 0. \\ R^{1}_{\ 0} &= 0. \\ R^{1}_{\ 1} &= 0. \\ R^{1}_{\ 2} &= 0. \\ R^{2}_{\ 2} &= 0. \\ R^{2}_{\ 1} &= 0. \\ R^{2}_{\ 3} &= 0. \\ R^{2}_{\ 3} &= 0. \\ R^{3}_{\ 3} &= 0. \\ R^{3}_{\ 1} &= 0. \\ R^{3}_{\ 3} &= 0. \\ R^{3}_{\ 3} &= 0. \\ R^{3}_{\ 3} &= 0. \end{split}$$

R = 0. G^{μ}_{ν} $G^{0}_{0} = 0.$ $G^{0}_{1} = 0.$ $G^{0}_{2} = 0.$ $G^{0}_{3} = 0.$ $G^{1}_{0} = 0.$ $G^{1}_{1} = 0.$ $G^{1}_{1} = 0.$ $G^{1}_{2} = 0.$ $G^{2}_{3} = 0.$ $G^{2}_{3} = 0.$ $G^{2}_{3} = 0.$ $G^{2}_{3} = 0.$ $G^{3}_{3} = 0.$ $G^{3}_{3} = 0.$ $G^{3}_{3} = 0.$

G = 0.

 $G^{\mu}_{\nu:\mu} = 0$ $G^{\mu}_{0:\mu} = 0.$ $G^{\mu}_{1:\mu} = 0.$ $G^{\mu}_{2:\mu} = 0.$ $G^{\mu}_{3:\mu} = 0.$

$g^{\mu\nu}\,\Gamma^{\lambda}_{\mu\nu}=0?$

 $g^{\mu\nu} \Gamma^0_{\mu\nu} = 0.$ $g^{\mu\nu} \Gamma^1_{\mu\nu} = r^3 - r\omega^2 L^4 - \frac{r}{\omega^2 L^2} + 2\frac{r}{\omega^2 L} - 2rL^2 + r^3\omega^4 L^4 + 2r^3\omega^2 L^2 + 2rL - \frac{r}{\omega^2}.$ $g^{\mu\nu} \Gamma^2_{\mu\nu} = 0.$ $g^{\mu\nu} \Gamma^3_{\mu\nu} = 0.$