

The Dakota Alano Society, Inc was founded in 1978 to serve the needs of men and women who are recovering from the effects of alcohol and drug abuse. As an Alano society, the Dakota Alano provides space for Alcoholics Anonymous and Al-Anon meetings, and hosts at least one group every day of the week. If you are struggling with alcohol or drug addiction, or suffering because a loved one is addicted, please come find a meeting at our house, where you can find others who can help you on the road to recovery.

## **UPCOMING MEETINGS**

Sunday, June 8th, 6:00 p.m.

Take a meeting to Hastings Detox

Meet in the parking lot at 6:00 p.m.

to car pool to Hastings

Sunday, June 15th, 6:00 p.m.

June Board of Directors Meeting

Main room at the White House
Squad leaders are encouraged to attend

All members are welcome to attend

Dakota Alano Society
3920 Rahn Road Eagan, MN 55122
651-452-2921 (during meeting times)
www.dasinc.org

## SAVE THE DATE!!!

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The **4th Annual**Dakota Alano Society

## Summer Picnic

Sunday, July 13th 5:00 - 8:00 p.m. (maybe later - final hours TBD)

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Blackhawk Park 1629 Murphy Park, Eagan (Same location as 2013)

Watch for more information and **Get Involved!** 

Do you have a drinking problem? A.A. wants to help if you want help.

Greater Minneapolis Intergroup and St Paul Intergroup are 2 organizations available to help men and women who might have a drinking problem. They help new members find local meetings of Alcoholics Anonymous in the Twin Cities and surrounding the Suburban Areas.

Phones are answered 24 hours a day.

Mpls Intergroup Hotline: 952-922-0880

Saint Paul Intergroup Hotline: 651-227-5502

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# SATURDAY 6:00 PM THERE IS A SOLUTION BEGINNERS MEETING

The Saturday 6:00 p.m.
Beginners Meeting will be holding a potluck on the first Saturday of each month at 5:00 p.m.

## **Upcoming Schedule**

June 7<sup>th</sup> - 5:00 p.m. Potluck 6:00 p.m. Speaker: Stacy M -Fox Hall Chapter 7

June 14<sup>th</sup> - 6:00 p.m. Speaker: Kassi - Happy Destiny

June 21<sup>st</sup>- 6:00 PM Speaker: Dan M. -Foxhall Chapter 7

June 28<sup>th</sup> - 6:00 PM Speaker:
Theresa Monday Night Oasis

July 5<sup>th</sup> - 5:00 p.m. Potluck 6:00 p.m. Speaker: TBD

## Did You Know?

The Dakota Alano offers a **Dual Recovery Anonymous**(DRA) Meeting

Tuesdays at 6:00 p.m.

The purpose of the dual recovery meeting is to support those affected by both chemical or alcohol dependency and an emotional or psychiatric illness.

The Dual Recovery Program is based on the principles of the Twelve Steps and the personal experiences of men and woman in dual recovery.

This is an OPEN, MIXED meeting.

Anyone may attend. Come try this meeting out!

## SERVICE OPPORTUNITY

The Board of Directors is seeking members who are skilled in maintenance who could volunteer some time for upkeep of the house. Please contact one of the Board members if you are interested.

### DISTRICT MEETING

District's 7 & 19
are hosting a joint meeting.
The Southern MN Area 36 Delegate
will give his report from the recent
64<sup>th</sup> General Service Conference!

Come join the fun and fellowship, get a little food and information!

Monday, June 9, 2014 6:00 - 9:00 PM

Potluck (starts at 6:00)
District Business (a little)

Delegates Report from 64<sup>th</sup> General Service Conference

Grace United Methodist Church 15309 Maple Island Rd. Burnsville, MN 55306

## Southern MN Area Assembly (Area 36)

Saturday June 14<sup>th</sup>, 2014 9:00 a.m. - 5:00 p.m. Maplewood Community Center 2100 White Bear Lake Ave. Maplewood, MN 55109

www.area36.org for more information

## INTERGROUP SUMMER WORKSHOP

Join us to Celebrate AA's 79<sup>th</sup>
Birthday!
Saturday June 14<sup>th</sup>, 2014
1:00 p.m. - 4:00 p.m.

"Communicating our Legacies - Vital in a Changing World"

A Service Workshop Sponsored by Greater Minneapolis Intergroup Alcoholics Anonymous

> 1:00 p.m. - Lunch 7<sup>th</sup> Tradition

2:00 p.m. - Speakers

Sooze H., Terry L., Chad P., Lisa G.

Our speakers will share their personal experiences in carrying out our three legacies, Recovery, Unity & Service, as examples of how we, the membership, can ensure that Alcoholics Anonymous will continue to grow and thrive far into the future. YOU are that future.

Cross of Glory Baptist Church 4600 Shady Oak Road Hopkins, MN 55343

## LITTLE WHITE HOUSE NEWSLETTER

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## **June History Dates**

#### June 1

1949 - Anne S., Dr. Bob's wife, died.

#### June 4

2002- Caroline K., author of "Drinking: A Love Story" died sober of lung cancer.

#### June 5

1940 - Ebby T. took a job at the NY Worlds Fair.

#### June 6

1940 - The first AA Group in Richmond, VA, was formed.

1979 - AA gave the two-millionth copy of the Big Book to Joseph Califano, then Secretary of Health, Education, and Welfare. It was presented by Lois W., Bill's wife, in New York.

#### June 7

1939 - Bill and Lois W. had an argument, the first of two times Bill almost slipped.

1941 - The first AA Group in St. Paul, Minnesota, was formed.

#### June 8

1941 - Three AA's started a group in Kalamazoo, Michigan.

#### June 10

1935 - The date that is celebrated as Dr. Bob's last drink and the official founding date of AA. There is some evidence that the founders, in trying to reconstruct the history, got the date wrong and it was actually June 17.

#### June 11

1945 - Twenty-five hundred attend AA's 10th Anniversary in Cleveland, Ohio.

1969 - Dr. Bob's granddaughter, Bonna, daughter of Sue S. and Ernie G. (The Seven Month Slip in the First Edition) killed herself after first killing her six-year-old child.

1971 - Ernie G. died.

#### June 13

1945 - Morgan R. gave a radio appearance for AA with large audience. He was kept under surveillance to make sure he didn't drink.

First Annual NY Area meeting. Four hundred and twenty-four heard Dr. Silkworth and AA speakers.

#### June 15

1940 - First AA Group in Baltimore, MD, was formed.

#### June 16

1938 - Jim B., "The Vicious Cycle" in Big Book, had his last drink.

#### June 17

1942 - New York AA groups sponsored the first annual NY area meeting. Four hundred and twenty-four heard Dr. Silkworth and AA speakers.

#### <u>June 18</u>

1940 - One hundred attended the first meeting in the first AA clubhouse at 334-1/2 West 24th St., New York City.

#### June 19

1942 - Columnist Earl Wilson reported that NYC Police Chief Valentine sent six policemen to AA and they sobered up. "There are fewer suicides in my files," he commented.

#### <u>June 21</u>

1944 - The first Issue of the AA Grapevine was published.

#### June 24

1938 - Two Rockefeller associates told the press about the Big Book "Not to bear any author's name but to be by 'Alcoholics Anonymous."

#### <u>June 25</u>

1939 - The New York Times reviewer wrote that the Big Book is "more soundly based psychologically than any other treatment I have ever come upon."

#### June 26

1935 - Bill D. (AA #3) entered Akron's City Hospital for his las detox and his first day of sobriety.

#### June 28

1935 - Dr. Bob and Bill W. visited Bill Dotson at Akron's City Hospital.

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## **SQUAD LEADER REMINDERS**

## Keeping the White House Clean

Please be sure clean-up is done after every meeting. This includes washing out coffee pots, wiping down kitchen counters and tables in the big room and taking out the garbage. It is ultimately the Squad Leaders responsibility to make sure these tasks are completed.

In addition to cleaning up after each meeting, each meeting group is responsible for a thorough cleaning for the house during one month of the year. House cleaning schedules are included in the Squad Leader Guide and are posted at the house.

## **Upcoming Cleaning Schedule**

June	Sunday	8:00 p.m.
July	Monday	6:00 p.m.
	Monday	8:00 p.m.
August	Tuesday	7:30 p.m.
	Wed	6:00 p.m.

The Board sincerely appreciates your help in keeping the house clean for everyone who attends meetings here.

THANK YOU For Your Service!

## **SQUAD LEADER REMINDERS**

## **Maintaining House Security**

All Squad Leaders are reminded of their responsibility to keep the White House secure by checking and locking <u>ALL</u> doors and windows when leaving after their meeting.

Squad Leaders should remind members to close any windows they open during meetings, but it is ulitmately the Squad Leader's responsibility to make sure the windows are closed when the house is secured at the end of the meeting.

## **EXPRESSING GRATITUDE**

The DAS Board of Directors would like to thank Brad C, current DAS Board President, for the time and energy he devoted to overseeing our Hospitality Suite 205 at Gopher State.

Brad and the Board would also like to thank all those Dakota Alano members who volunteered their time.

Additionally, Susan H thanks all those Dakota Alano members who signed up to Greet and Usher during the Gopher State Roundup.

THANK YOU For Your Service!

## LITTLE WHITE HOUSE NEWSLETTER

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### **STEP SIX:**

Were entirely ready to have God remove all these defects of character.

### **TRADITION SIX:**

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

## THE PRINCIPLE OF STEP SIX: Willingness

The quality or state of being prepared to act; readiness

In working the Sixth Step, I've become acutely aware of those character defects, shortcomings and negative behavior patterns that I uncovered in my Fourth and Fifth Steps, and the pain and discomfort they created in my life and the lives of those around me. I've become ready to let them go.

Initially, I thought that the Sixth Step was a passive Step. After many trials and tribulations, I have since learned differently. I now believe that my Higher Power removes my defects of character as part of a process, sometimes a long process.

There is no "magic" in the Sixth Step. I just got fed up with the character defects that were creating pain and suffering in my life. Sometimes, I interpret the consequences of my actions as messages from my Higher Power intended to teach me important lessons for my sobriety. If the consequences of my actions result in spiritual growth, sanity, serenity and peace of mind, then I'm reasonably sure I'm on the right track, I'm on the "AA beam," and my Higher Power is blessing my endeavors.

But on the other hand, if my actions and behaviors lead me to unmanageability, pain and insanity, then perhaps my Higher Power is giving me the message that something is amiss, that I need to reexamine my thinking and behavior and change my approach to recovery.

So it's simple, but not easy. In the morning I ask my Higher Power for help, direction and guidance to see what needs to be done, and then I ask for the strength, courage and willingness to do it.

From the June 2013 edition of The Lifeline, volume 49, issue 6 - Gary T., Poughkeepsie, NY. Reprinted from The Grapevine, June, 2010