

## Dakota Alano Society

3920 Rahn Road Eagan, MN 55122  
651-452-2921 (during meeting times)  
[www.dasinc.org](http://www.dasinc.org)

### 24 Hour a day:

MPLS Intergroup Hotline: 952-922-0880  
St. Paul Intergroup Hotline: 651-227-5502

## UPCOMING MEETINGS

### Sunday, November 11th, 6:00 p.m.

*Take a meeting to Hastings Detox*  
Meet in the parking lot at 6:00 p.m.  
to car pool to Hastings

### Sunday, November 18th, 6:00 p.m.

*November Board of Directors Meeting*  
Main room at the White House  
Squad leaders are encouraged to attend  
All members are welcome to attend

Looking for a great way to  
kick off the Holiday Season? . . . .

The Dakota Alano Society's  
**20th Annual Gratitude Meeting** ◀ . . .

Thanksgiving Day - 9:30 a.m.  
Mount Calvary Lutheran Church  
3930 Rahn Rd. Eagan MN 55122  
(right next to the Little White House)  
Call Jay S. (952-388-1324) for information

### So, did you know . . . .

The Gratitude Meeting started 20 years ago at the White House. For the first four years the meeting was held at the Alano House, however, attendance grew so much it was moved next door to the church. After setting up for the first Gratitude Meeting at the church, a chair was unintentionally left in the middle of the circle. For the past 15 years, that chair has remained in the center of the circle represented the still suffering alcoholic, people who have passed on in the last year, anyone who might be sick, mentally or physically, or anyone who is unable to attend the meeting.



## NEW MEETING AT THE HOUSE!

Coming Soon to the Dakota Alano Society:

### A Dual Recovery Meeting

Saturdays at 4:00 p.m.

The purpose of the dual recovery meeting is to help one another achieve dual recovery, prevent relapse, and to carry the message of recovery to others who experience a dual disorder. The Dual Recovery Program is based on the principles of the Twelve Steps and the personal experiences of men and women in dual recovery.

A dual disorder occurs when an individual is affected by both chemical/alcohol dependency **and** an emotional or psychiatric illness.

Individuals who have a desire to stop using alcohol and other intoxicating drugs, as well as, a desire to manage their emotional or psychiatric illness in a healthy and constructive environment can benefit from a dual recovery meeting.

If you are interested in learning more or lending support to this new meeting, please contact Pat S (612-759-9532).

## CLEANING HOUSE

**Did you know** that each meeting group is responsible for a thorough cleaning of the White House during one month of the year?

### Upcoming Cleaning Schedule

November	Saturday	9:00 a.m. AA
December	Wednesday	8:00 p.m. AA
January	Thursday	11:45 a.m. AA
	Saturday	6:00 p.m. AA

The suggested time for monthly cleaning is before or after your regular group meeting time. Allow adequate time to complete the tasks listed below.

Cleaning supplies are kept under the sinks in the kitchen and both bathrooms. The House has two vacuum cleaners, and there is additional cleaning equipment in the front entry closet. If you know your group is going to clean and supplies are needed, please call Brad C (612-270-8238).

### Monthly House Cleaning consists of:

- Vacuum all carpets:  
upstairs, downstairs, and stairway
- Vacuum and/or shake out mats in kitchen, hallway and bathroom
- Vacuum & damp mop linoleum floor (with Swiffer mop in front entry closet)
- Clean both bathrooms
- Clean kitchen sink and counter tops
- Wash all coffee pots
- Wipe down all tabletops in all rooms

***The Board and all members of the Dakota Alano Society appreciate each group's efforts to keep the White House clean. Thank You !!***

## ATTENTION ALL SQUAD LEADERS . . .

Please be mindful of the new policy statement you signed when you received your key to the Alano House.

### The DAS Key Distribution Policy states:

*Squad Leaders should not lend out their key to any member or ask another member to open or close the Alano House for them. If the Squad Leader will be unable to open the Alano House, please contact a Board member in advance of your meeting to make arrangements for one of them to be there to open the door for your group. There may be a Board member who attends your meeting regularly. Ask them to open the house for you.*

*Keys to the Alano House are the responsibility of the Squad Leader, who is responsible for unlocking the door before the meeting and locking the door after the meeting. Each group is entitled to only one key. If the key is lost or unaccounted for, either the Squad Leader or the group will be responsible for the cost of the key. The current charge for a new key is \$30.00.*

There have been recent concerns about the House being accessed during non-meeting hours. Therefore Squad Leaders are reminded to open the House no more than one hour prior to the start of their meeting and to lock the House up no later than one hour after the close of their meeting. Please check all 3 doors and all windows when leaving the house. They have been found open or unlocked recently. ***Your cooperation is very much appreciated.***

The following Board members volunteered to open the House if a Squad Leader is unable to:

Dan C 651-238-7824

Julie O 651-497-1264

There is a complete list of Board members and their phone numbers on the bulletin board in the kitchen.

**Step Eleven • Tradition Eleven • Concept Eleven**

A.A.'s Twelve Steps are principles for personal recovery. The Twelve Traditions ensure the unity of the Fellowship. The Twelve Concepts for World Service provide a group of related principles to help ensure that various elements of A.A.'s structure remain responsive and responsible to those they serve.

**Step Eleven -**

Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.

**Tradition Eleven -**

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

**Tradition Eleven - Long Form**

(from Twelve Steps and Twelve Traditions)

Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel better to let our friends recommend us.

**Concept Eleven - Long Form**

(from the Twelve Concepts of World Service)

While the trustees hold final responsibility for A.A.'s World Service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying

(continued next column)

committees and service boards, the personal qualifications of their members, the number of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

In Concept Eleven, the second longest of the Concepts, Bill explains in great detail the composition, functions and relationships of the standing committees of the General Service Office and the A.A. Grapevine - as they existed in 1962. As A.A. has grown and changed, many of the descriptions would be different today, and some of the issues that are addressed are no longer relevant. Nevertheless, the full text is valuable as an historical document, and many of the principles still apply, as summarized below.

Underlying the service structure we have been discussing, there is another, internal structure consisting of the nontrustee members of the trustee's committees; the nontrustee directors of the two operating boards and the executives and staff members. "Members of this group," declares Bill, "not only *support* the leadership of the trustees: they *share* leadership with them."

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The above 3 paragraphs regarding Concept Eleven were taken from the pamphlet: ***The Twelve Concepts for World Service***. How Bill W. explained the spiritual principles that undergird A.A.'s structure and how the parts work together.

The long form of all Twelve Concepts for World Service can be found in the book *The A.A. Service Manual/Twelve Concepts for World Service*.

The "short form" of the Twelve Concepts were prepared by the 1974 General Service Conference and can be found in Appendix VII of the Big Book, page 574.

\* \* \* **SERVICE OPPORTUNITY** \* \* \*

***The Board of Directors is looking  
for a new Webmaster to  
help keep the DAS website up to date.***

*If you are interested or would like more  
information, please put a note in the board  
mailbox in the kitchen at the White House,  
or contact: Ellen J. (emjusten@yahoo.com)  
[www.dasinc.org](http://www.dasinc.org)*

\* \* \* **SERVICE OPPORTUNITY** \* \* \*

***The Board of Directors is looking for  
someone to take over as Secretary.***

*After years of dedicated service in various positions  
on the Board and Advisory Board, Ellen J. would like  
to relinquish her position as Board Secretary if a  
dedicated replacement volunteer can be found.*

*While being on the Board of Directors is not a  
requirement to be Board Secretary, attendance at all  
Board meetings is required. Board meetings are held  
the 3rd Sunday of each month at 6:00 p.m. at the  
House. Possession of laptop and email capabilities  
are highly recommended.*

***Secretary responsibilities include:***

- *Taking minutes during meetings*
- *Editing and finalizing minutes*
- *Email distribution of minutes to the Board*
- *Posting a copy of approved minutes on  
bulletin board*
- *Maintaining digital files for the archives*
- *Occasionally publishing flyers for events, etc.*

*Being Secretary for the Board is valuable service  
work because taking minutes is the only way Board  
business can be documented, and keeping an  
accurate record of Board meetings is important  
since business that takes place can directly affect all  
members of the House.*

***If you are interested in volunteering for the position of  
Secretary please contact Susan H (612-600-3731).***

## OTHER NOVEMBER EVENTS

**By The Book 4th Step Workshop**

Wednesdays, Nov. 7th - Dec. 12th

6:30 p.m. - 7:45 p.m.

2218 1st Avenue Minneapolis, MN 55404

[www.aabythebook.org](http://www.aabythebook.org)

**St Paul Intergroup****55th Annual Gratitude Night**

Saturday, November 17th

7:00 - 10:00 p.m.

*Open speaker meeting with guest Joe C from  
Palm Coast, FL.*

The Recovery Church

253 State Street St. Paul, MN 55107

[www.aastpaul.org](http://www.aastpaul.org)

**72nd Annual Founder's Day Weekend**

*Celebrating 72 Years of AA in the Upper Midwest  
& Honoring AA Members with 1 Year of Sobriety*

Friday, Nov. 23rd - Sunday Nov. 25th

Doubletree Park Place Hotel

1500 Park Place Blvd. Saint Louis Park, MN

[www.foundersdaymn.org](http://www.foundersdaymn.org)

**Study & Action Group**

*Founder's Day Weekend Session*

Friday, Nov. 23rd - Sunday Nov. 25th

Doubletree Park Place Hotel

1500 Park Place Blvd. Saint Louis Park, MN

Capacity limited to 150

email: [info@into-action.com](mailto:info@into-action.com)