



The **Dakota Alano Society, Inc** was founded in 1978 to serve the needs of men and women who are recovering from the effects of alcohol and drug abuse. As an Alano society, the Dakota Alano provides space for [Alcoholics Anonymous](#) and Al-Anon meetings, and hosts at least one group every day of the week. If you are struggling with alcohol or drug addiction, or suffering because a loved one is addicted, please come find a meeting at our house, where you can find others who can help you on the road to recovery.

### UPCOMING MEETINGS

**Sunday, May 11th, 6:00 p.m.**

*Take a meeting to Hastings Detox*  
Meet in the parking lot at 6:00 p.m.  
to car pool to Hastings

**Sunday, May 18th, 6:00 p.m.**

*May Board of Directors Meeting*  
Main room at the White House  
Squad leaders are encouraged to attend  
All members are welcome to attend

**Dakota Alano Society**  
3920 Rahn Road Eagan, MN 55122  
651-452-2921 (during meeting times)  
[www.dasinc.org](http://www.dasinc.org)

**Do you have a drinking problem?  
A.A. wants to help if you want help.**

Greater Minneapolis Intergroup and St Paul Intergroup are 2 organizations available to help men and women who might have a drinking problem. They help new members find local meetings of Alcoholics Anonymous in the Twin Cities and surrounding the Suburban Areas.

Phones are answered 24 hours a day.

Mpls Intergroup Hotline: 952-922-0880

Saint Paul Intergroup Hotline: 651-227-5502

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## **Squad Leader Reminders**

### **Keeping the White House Clean**

Please be sure clean-up is done after every meeting. This includes washing out coffee pots, wiping down kitchen counters and tables in the big room and taking out the garbage.

It is ultimately the Squad Leaders responsibility to make sure these tasks are completed.

In addition to cleaning up after each meeting, each meeting group is responsible for a thorough cleaning for the house during one month of the year. House cleaning schedules are included in the Squad Leader Guide and are posted at the house.

### Upcoming Cleaning Schedule

<b>May</b>	<b>Board of Directors</b>
<b>May 17<sup>th</sup></b>	<b>Annual Spring Cleaning !</b>
<b>1:00 p.m.</b>	<b>(All members welcome)</b>
<b>June</b>	<b>Sunday 8:00 p.m.</b>

The Board thanks you for your anticipated cooperation on this matter.

## **SATURDAY 6:00 PM *THERE IS A SOLUTION* BEGINNERS MEETING**

The Saturday 6:00 p.m.  
Beginners Meeting will be holding  
a potluck on the first Saturday  
of each month at 5:00 p.m.

### Upcoming Schedule

May 3<sup>rd</sup> - 5:00 p.m. Potluck  
6:00 p.m. Speaker  
Erin - SLPSNG

May 10<sup>th</sup> - 5:30 p.m. Group Conscious  
Everyone is welcome to attend  
6:00 p.m. Speaker  
Christopher B – 2218

May 13<sup>th</sup> - 7:00 p.m.  
District 19 / Area 36 Meeting Rosemount

May 17<sup>th</sup> - 6:00 p.m. Speaker  
Andy - Fox Hall Chapter 7

May 24<sup>th</sup> - 6:00 p.m. Speaker  
Meg M - SLPSNG

May 31<sup>st</sup> - 6:00 p.m. Speaker  
CJ - West End

June 7<sup>th</sup> - 5:00 p.m. Potluck  
6:00 p.m. Speaker  
Stacy M - Fox Hall Chapter 7

## **41st Annual GOPHER STATE ROUNDUP**

FRIDAY MAY 23<sup>RD</sup> - SUNDAY MAY 25<sup>TH</sup>

The Dakota Alano Society will once  
again be hosting

### Hospitality Suite 205

during the Gopher State Roundup.

(for more info see page 3 of this newsletter)

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## **SAVE THE DATE ! ! !**



The 4th Annual  
Dakota Alano Society

## **Summer Picnic**

Sunday, July 13th

5:00 - 8:00 p.m.

(maybe later - final hours TBD)



Blackhawk Park  
1629 Murphy Park, Eagan  
(Same location as 2013)

Watch for more information and

**Get Involved!**



## 41st Annual GOPHER STATE ROUNDUP Friday May 23rd - Sunday May 25th

*" I am Responsible"*

A.A. with Al-Anon & Alateen Participation  
Activities and Accommodations at  
Doubletree by Hilton, Highway 100 & 494  
Bloomington MN

### ***So what is Gopher State?***

Gopher State is a huge A.A. conference (with Al-Anon and Alateen participation) that takes place every year over Memorial Day weekend in Bloomington, MN. It is an occasion to share the fellowship and carry the message of A.A. Last year over 8200 recovering alcoholics, members of Al-Anon and Alateen, and their guests, got together at the Gopher State Roundup to celebrate recovery. Many AA groups, Alano Clubs and MN Intergroup organizations host Hospitality Suites during this event. **The Dakota Alano Society can be found every year in Suite 205.**

### ***What is there to do at Gopher State?***

**Meetings:** Room-to-Grow Call-Up Meetings  
Alateen & Al-Anon Meetings  
A.A. History Meeting

**Speakers:** 2 speakers Friday Night  
6 speakers on Saturday  
Sunday 10 a.m. speaker

Sat. 4:00 p.m. *Singleness of Purpose* History Meeting  
with Clancy I. from L.A.

### **A.A. Archives Room**

**Visit Hospitality Suites for:**  
Fellowship, coffee, lots and lots of food!

**Volunteer!**  
Go to [www.gopherstateroundup.org](http://www.gopherstateroundup.org) to volunteer

### ***How much does it cost and how do I register?***

Registration contribution is \$15  
Pre-register online at: [gopherstateroundup.org](http://gopherstateroundup.org)  
Pre-register by mail (flyers on the table)  
Register onsite

## ***Attention Dakota Alano Society Members***

### ***It's Gopher State Round-Up Time!***

*As we embark on yet another Gopher State Roundup in the great city of Bloomington MN, I get excited. This Roundup rejuvenates my program each year.*

*This year my service task is to head up the Food Committee for the DAS Hospitality Suite. Feeding people is my passion. I'm looking forward to this venture as well as working with others in our recovery community to make DAS shine with service, pride and great food throughout this event. If you are looking for a service opportunity to help raise funds and work a shift or two, please sign up !*

*With this event comes expenses and we're looking for help to raise funds. I would like to ask each meeting to take a Group Conscious vote as to whether they would be willing to pass the basket a second time to help with our costs. This is solely up to each group and I respect their right not to do so. Individual donations are always welcome and can be made by placing your donation in the treasurer's box, or it can be made to myself or a committee member in person. All funds collected are gratefully appreciated.*

*This year's signature food items for the DAS Hospitality Suite will be :*

*Walking Tacos with all the fixings*

*Assorted Sodas and Water*

*Bars and Cookies*

*If you are unable to donate funds and would rather provide and support the DAS in other service ways, we're always in need of volunteers to host the suite or bring some baked goods, fresh fruit platters, soda or bottled water. All forms of service are welcome.*

*If you want to help out, look for the sign-up sheets posted on the door to the kitchen.*

*Or feel free to contact me directly.*

*Yours in Service,*

*Brad C*

*612-270-8238 or [ryannbrad@yahoo.com](mailto:ryannbrad@yahoo.com)*

## STEP FIVE

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

## TRADITION FIVE

Each group should be autonomous except in matters affecting other groups or A.A as a whole.

The Principle of Step Five:

### Integrity

Integrity is the quality of having a sense of honesty and truthfulness regarding one's motivations and actions.

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## SERVICE OPPORTUNITIES

The Annual Spring Cleaning of the White House will take place on Saturday May 17th at 1:00 PM. Everyone is welcome to come and help with the cleaning. Your participation will be greatly appreciated.

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The Board of Directors is seeking members who are skilled in maintenance who could volunteer some time for upkeep of the house. Please contact one of the Board members if you are interested.