



The **Dakota Alano Society, Inc** was founded in 1978 to serve the needs of men and women who are recovering from the effects of alcohol and drug abuse. As an Alano society, the Dakota Alano provides space for [Alcoholics Anonymous](#) and Al-Anon meetings, and hosts at least one group every day of the week. If you are struggling with alcohol or drug addiction, or suffering because a loved one is addicted, please come find a meeting at our house, where you can find others who can help you on the road to recovery.

UPCOMING MEETINGS

Sunday, August 10th, 6:00 p.m.

Take a meeting to Hastings Detox
Meet in the parking lot at 6:00 p.m.
to car pool to Hastings

Sunday, August 17th, 6:00 p.m.

August Board of Directors Meeting
Main room at the White House
Squad leaders are encouraged to attend
All members are welcome to attend

Dakota Alano Society

3920 Rahn Road Eagan, MN 55122
651-452-2921 (during meeting times)
www.dasinc.org

Do you have a drinking problem? A.A. wants to help if you want help.

Greater Minneapolis Intergroup and St Paul Intergroup are 2 organizations available to help men and women who might have a drinking problem. They help new members find local meetings of Alcoholics Anonymous in the Twin Cities and surrounding the Suburban Areas.

Phones are answered 24 hours a day.

Mpls Intergroup Hotline: 952-922-0880

Saint Paul Intergroup Hotline: 651-227-5502

Squad Leader Reminders

Keeping the White House Clean

Please be sure clean-up is done after every meeting. This includes washing out coffee pots, wiping down kitchen counters and tables in the big room and taking out the garbage.

It is ultimately the Squad Leaders responsibility to make sure these tasks are completed.

In addition to cleaning up after each meeting, each meeting group is responsible for a thorough cleaning for the house during one month of the year. House cleaning schedules are included in the Squad Leader Guide and are posted at the house.

Upcoming Cleaning Schedule

August	Tuesday 7:30 p.m. Wed 6:00 p.m.
September	Tuesday 6:00 p.m. Sunday 4:00 p.m.
October	Thursday 7:30 p.m.

The Board thanks you for your anticipated cooperation on this matter.

SATURDAY 6:00 PM

THERE IS A SOLUTION

BEGINNERS MEETING

will be holding
a potluck on the first Saturday
of each month at 5:00 p.m.

Next potluck will be Sept. 6th

Upcoming Speaker Schedule:

Aug 9th - 6:00 p.m. Speaker:
Sarah, Happy Destiny

Aug 16th - 6:00 p.m. Speaker:
Reed, Bryn Mawr AA

Aug 23rd - 6:00 p.m. Speaker:
Jennifer,
Foxhall Chapter 7

Aug 30th - 6:00 p.m. Speaker:
Keith N, SLPSNAAG

Sept 6th - 5:00 p.m. Potluck
6:00 p.m. Speaker:
TBD

A group conscious meeting is held for the
There is a Solution Beginners/Speaker
meeting the 2nd Saturday of each month at
5:30 p.m. Please feel free to attend.

COMING UP IN SEPTEMBER . . .

The Dakota Alano Society's
Annual General Membership
Meeting

**Sunday, September 21st
6:00 - 7:30 p.m.**

All members are welcome and
encouraged to attend this meeting
of the membership.

Elections of Board positions will
take place at the annual meeting.
3 regular 3-year terms and
1 vacated 2-year term are
open to be filled. If you have an
interest in serving on the DAS
Board of Directors please contact
a current Board member.

THANK YOU MICHON P ! ! !

THE DAS BOARD OF DIRECTORS
WISHES TO SINCERELY THANK
MICHON P AND ALL OTHERS WHO
VOLUNTEERED THEIR TIME AND
ENERGY TO MAKE THE 4TH ANNUAL
DAS SUMMER PICNIC A SUCCESS!

A.A. History in August

Aug 1

1943 - Washington Times-Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.

Aug 3

1954 - Brinkley S. gets sober at Towns Hospital after 50th detox.

Aug 8

1879 - Dr. Bob born in St. Johnsbury, VT.

Aug 9

1943 - LA groups announce 1000 members in 11 groups.

Aug 11

1938 - Akron & NY members begin writing stories for Big Book.

Aug 15

1890 - E. M. Jellinek is born, author of "The Disease Concept of Alcoholism" and the "Jellinek Curve".

Aug 16

1939 - Dr Bob and Sister Ignatia admit first alcoholic to St. Thomas Hospital, Akron, Ohio.

Aug 18

1988 - 1st Canadian National AA Convention in Halifax, Nova Scotia.

Aug 19

1941 - 1st AA Meeting in Colorado is held in Denver.

Aug 25

1943 - AA group donates Big Book to public library in Quincy, MA.

Aug 26

1941 - Bill writes Dr Bob to tell him Works Publishing has been incorporated.

Aug 28

1954 - *24 Hours a Day* is published by Richmond W.

Other significant events in August for which we do not have a specific date:

1934: Rowland H and Cebra persuade court to parole Ebby T. to them.

1939: Dr. Bob wrote & may have signed article for Faith magazine.

1941: 1st meeting in Orange County, California held in Anaheim.

1981: Sales of the Big Book passes 3 million.

STEP EIGHT

Made a list of all persons we had harmed, and became willing to make amends to them all.

STEP EIGHT

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

THE PRINCIPLE OF STEP EIGHT:

Brotherly Love

“Love thy neighbor as thyself”

What are the benefits of making Amends?

If we've continually harmed people and haven't made any effort toward amends, then we've got a lot of people, places, and things to avoid. Large areas of life become closed off to us. When you're willing to make amends, those areas open up again. You don't have to avoid people any more. This is true not only for people in recovery but for all of us.

The book *Alcoholics Anonymous* mentions the promises of recovery. They come right after the explanation of Step Nine. "If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace."

That's what happens when we bring justice back into our lives by making amends.

From:

<http://www.hazelden.org/web/public/has70305.page>

Looking for a Recovery Event in Aug/Sept?

Saint Paul Intergroup's Annual Ice Cream Social & Long-Timers Recognition

**WHEN: Saturday, August 23
4:00PM - 6:30PM**

Enjoy an Ice Cream Social and join in recognition of those with more than a quarter center of continuous sobriety.

**The Recovery Church
253 State Street, St. Paul MN 55107
More info: 651-227-5502**

Forest Lake Alano Pig Roast

**WHEN: Saturday, August 16
4:00PM – 10:00 PM**

Fellowship, Dinner, Speaker, Bonfire
156 Club, 156 Northwest 3rd Str.
Forest Lake, MN 55025
More Info: 651-464-9906

33rd Annual Al-Anon/Alateen Fellowship Weekend

“Opening the Door to Hope”

WHEN: Fri. Aug 29 – Sat Aug 30

Doubletree Park Place Hotel
St Louis Park, MN

More Info: www.mnfellowshipweekend.com

24th Annual Heartland Round UP *“Experience the Serenity”*

WHEN: Fri. Sept. 5 – Sun. Sept. 7

Park Rapids, MN

More Info: www.heartlandroundup.com

69th Annual Duluth Round UP

WHEN: Fri. Sept. 19 - Sun. Sept. 21

More Info: www.duluthroundup.org

NEED A SERVICE OPPORTUNITY?

**Phone Volunteering:
Daytime Phones, Group Phones,
Early Birds and Night Owls**

**Southern Minnesota Area 36
Temporary Contact Program**

**Southern Minnesota Area 36
Correctional Facilities Contact
Program**

**“An opportunity for all AA members
to connect into service”**

**GREATER MINNEAPOLIS INTERGROUP
952-922-0880**

**7204 West 27th Street, Suite 113
St. Louis Park, MN 55426
map & directions at www.aaminneapolis.org**