



The **Dakota Alano Society, Inc** was founded in 1978 to serve the needs of men and women who are recovering from the effects of alcohol and drug abuse. As an Alano society, the Dakota Alano provides space for [Alcoholics Anonymous](#) and Al-Anon meetings, and hosts at least one group every day of the week. If you are struggling with alcohol or drug addiction, or suffering because a loved one is addicted, please come find a meeting at our house, where you can find others who can help you on the road to recovery.

### UPCOMING MEETINGS

**Sunday, July 13th, 6:00 p.m.**

*Take a meeting to Hastings Detox*  
Meet in the parking lot at 6:00 p.m.  
to car pool to Hastings

**Sunday, July 20th, 6:00 p.m.**

*July Board of Directors Meeting*  
Main room at the White House  
Squad leaders are encouraged to attend  
All members are welcome to attend

**Dakota Alano Society**  
3920 Rahn Road Eagan, MN 55122  
651-452-2921 (during meeting times)  
[www.dasinc.org](http://www.dasinc.org)

## SAVE THE DATE ! ! !



The 4th Annual  
Dakota Alano Society

## Summer Picnic

Sunday, July 13th

5:00 - 10:00 p.m.



Blackhawk Park  
1629 Murphy Park, Eagan  
(Same location as 2013)

Watch for more information and  
**Get Involved!**



Do you have a drinking problem?  
A.A. wants to help if you want help.

Greater Minneapolis Intergroup and St Paul Intergroup are 2 organizations available to help men and women who might have a drinking problem. They help new members find local meetings of Alcoholics Anonymous in the Twin Cities and surrounding the Suburban Areas.

Phones are answered 24 hours a day.

Mpls Intergroup Hotline: 952-922-0880

Saint Paul Intergroup Hotline: 651-227-5502

## **SATURDAY 6:00 PM *THERE IS A SOLUTION* BEGINNERS MEETING**

will be holding  
a potluck on the first Saturday  
of each month at 5:00 p.m.

### **Upcoming Schedule**

**July 5<sup>th</sup>** - 5:00 p.m. Potluck  
6:00 p.m. Speaker:  
**Piyush - Central Pacific**

**July 12<sup>th</sup>** - 6:00 p.m. Speaker:  
**Bill K. -**  
**Minnetonka Big Book**

**July 19<sup>th</sup>** - 6:00 p.m. Speaker:  
**Christine -**  
**Common Solution**

**July 26<sup>th</sup>** - 6:00 p.m. Speaker:  
**Xan -**  
**S.L.P.S.N.A.A.G**

**Aug 2<sup>nd</sup>** - 5:00 p.m. Potluck  
6:00 p.m. Speaker:  
**TBD**

## **Do you have a drinking problem? A.A. wants to help if you want help.**

Greater Minneapolis Intergroup and St Paul Intergroup are 2 organizations available to help men and women who might have a drinking problem. They help new members find local meetings of Alcoholics Anonymous in the Twin Cities and surrounding the Suburban Areas.

Phones are answered 24 hours a day.

Mpls Intergroup Hotline: 952-922-0880

Saint Paul Intergroup Hotline: 651-227-5502

---

## **Squad Leader Reminders Keeping the White House Clean**

Please be sure clean-up is done after every meeting. This includes washing out coffee pots, wiping down kitchen counters and tables in the big room and taking out the garbage.

It is ultimately the Squad Leaders responsibility to make sure these tasks are completed.

In addition to cleaning up after each meeting, each meeting group is responsible for a thorough cleaning for the house during one month of the year. House cleaning schedules are included in the Squad Leader Guide and are posted at the house.

### **Upcoming Cleaning Schedule**

July	Monday 6:00 p.m. Monday 8:00 p.m.
August	Tuesday 7:30 p.m. Wed 6:00 p.m.
September	Tuesday 6:00 p.m. Sunday 4:00 p.m.

The Board thanks you for your anticipated cooperation on this matter.

## A.A. History in July

---

### June 29-July 2

1995 - 56,000 attend 60<sup>th</sup> Anniversary of AA in San Diego. What a party!

### July 1-3

1960 - 8700 attend 25<sup>th</sup> Anniversary of AA in Long Beach, CA

### July 2

1960 - Father Ed Dowling dies.  
965 - *Best of Bill* and pocket-sized *12 & 12*; first sold.  
1965 - First *La Vigne*, the Canadian version of the *Grapevine*, is published.  
1993 - 50 years of AA celebrated in Canada.

### July 2-3

1955 - 5000 attend 20<sup>th</sup> Anniversary at our St Louis Convention; Bill W. turns "the fellowship over to the fellowship" at 4:00 PM

### July 2-4

1965 - 10,000 attend 30<sup>th</sup> Anniversary of AA in Toronto, our Responsibility Declaration is adopted.

### July 4

1939 - First AA meeting in Flatbush, NY starts.

### July 3-5

1970 - 10,900 attend 35<sup>th</sup> Anniversary of AA in Miami; Bill W. gives his last talk to AA.

### July 3-6

1980 - 22,500 attend 45<sup>th</sup> Anniversary of AA in New Orleans; first true marathon meeting is held here.

### July 4-6

1975 - 19,800 attend 40<sup>th</sup> Anniversary of AA in Denver; worlds largest coffee server serves 1/2 million cups a day.

### July 5

1985 - AA gives Ruth Hock 5,000,000<sup>th</sup> Big Book during 50<sup>th</sup> AA Anniversary in Montreal, Canada.  
1990 - AA gives Nell Wing 10,000,000<sup>th</sup> Big Book during 55<sup>th</sup> AA Anniversary in Seattle, WA

### July 8

1940 - First AA group formed in Dayton, Ohio.

### July 10

1941 - Texas newspaper publishes anonymous letter from founding member of Texas AA Group.

### July 14

1939 - Blythewood Sanitarium; Dr Harry Tiebout gives Big Book to Marty M. who promptly throws it back at him.  
1979 - Dr. Ernest Kurtz publishes *Not God*, a history of AA

### July 16

1965 - Frank Amos AA Trustee dies.

### July 20

1941 - First AA group forms in Seattle, Washington.

### July 22

1877 - William Duncan Silkworth born in Brooklyn, NY.

### July 22

1980 - Marty M. early AA woman and founder of National Council on Alcoholism and Drug Dependency (NCADD) dies.

### July 23

1940 - Philly AA's send 10% of kitty to Alcoholic Foundation, setting precedent.

### July 23

1943 - Esther C.'s sobriety date; she died sober Jan 15, 2005.

### July 23

1943 - New Haven Register CT reports arrival of AA's to study with E.M.Jellinek.

### July 24

1943 - L.A. press reports formation of all-Mexican AA Group.

### July 28-30

1950 - First AA Convention celebrates 15<sup>th</sup> anniversary of AA in Cleveland.

### July 31

1972 - Rollie H., former baseball player, dies sober in Washington DC.

Greater Minneapolis Intergroup  
14<sup>th</sup> Annual

## UNITY OPEN HOUSE

SATURDAY AUGUST 2, 2014

9am - 1pm

9am-11am Doughnuts & Coffee  
11am-1pm Hot Dogs & Chips

## KIDS FUN AREA ALL DAY

7204 West 27<sup>th</sup> Street, Suite 113  
St. Louis Park, MN 55426

\*\*\*\*\*

## St. Paul Intergroup OPEN HOUSE

Saturday July 12th

11:00 AM ~ 3:00 PM

Spruce Tree Centre  
1600 University Ave. W.  
St. Paul, MN 55104

Corner of University and Snelling,  
at the top of the parking ramp.  
Enter from Spruce Tree Avenue  
one block south of University.

Join us for Fellowship,  
Food and Fun !

For More info: 651-227-5502

## ARCHIVES ALIVE

Beginning the quest of finding  
A.A in the 60's and 70's in  
Southern Minnesota Area 36

**Where:** Archives Repository 712  
East 10<sup>th</sup> Street, Glencoe, MN

**When:** July 19<sup>th</sup>, 2014

**Time:** 9:00am - 4:00pm  
Repository opens for viewing of our  
impressive Archives Collection

10:00am to 1:00pm  
Presentations from Districts 13, 15, &  
21 with Potluck Barbecue immediately  
following presenters



## **Quarterly Squad Leader Meeting**

**Sunday July 20th at 5:15 PM before the board meeting**

-

**The board asks that all Squad Leaders be present at this mandatory quarterly meeting to receive your new key and for general discussion.**

**If you are unable to attend please delegate a member of your group to sit in your place.**

**Thank you,  
The DAS Board of Directors**

Please join us for the start of a new 12 and 12  
Discussion meeting - **“AWAKENING”**

**Tuesdays 6:00 PM - 7:00 PM**

**Starting JULY 1<sup>st</sup>**

**In the main room of the White House**

**Hope to see you there!!!!**

## STEP SEVEN:

Humbly asked him to remove our shortcomings.

## TRADITION SEVEN

Every A.A group ought to be fully self-supporting,  
declining outside contributions.

## The Principle of Step SEVEN:

### Humility

The spiritual focus of step 7 is humility, asking a higher power to do something that cannot be done by self-will or mere determination.

---

### Modest Humility Necessary

---

Modest humility is necessary in accomplishing Alcoholics Anonymous Step 7. In order to benefit from this step, you will need to approach God as you understand Him with an attitude of accomplishing something special with modesty instead of arrogance. Any sense of arrogance about your shortcomings defeats the purpose of asking God to remove them because to ask Him to help you is to need Him, and to need Him is to be modest in front of Him. Another definition of the word humble is "having a feeling of insignificance, inferiority, subservience, etc."

This is another example of one of life's early lessons. When you were a toddler, your parents, older relatives, babysitters or daycare teachers would likely have impressed upon you with words or actions that your position in relation to them was inferior or subservient. Your job was to listen to and obey those who were older, wiser and more experienced than you. Your position of inferiority or subservience wasn't a character flaw by any means; it was simply indicative of your place in society.

Understanding and placing yourself in this position of inferiority and subservience is necessary when approaching God as you understand Him while you ask Him to remove your shortcomings. To allow yourself to feel somehow equal to Him would defeat the purpose of asking Him to remove anything from your life. If you understand that you need Him to remove your shortcomings, you understand that He is more powerful and superior than you.