

The R.E.A.P. method

STEP 1

At the top of a sheet of paper (or in a journal), write the days date and leave a space to write the title of your entry later. Pick a scripture to study either by using a Bible reading plan or by coming up with one on your own.

STEP 2

Read the passages. Read with an open heart and Jesus will give you words of encouragement, direction and correction. (*2 Tim 3:16*)

STEP 3

Spend some time reflecting and writing about what you've read in the journal pages:

- Write down the key Scripture (or two) that stuck out to you.
- Write down thoughts on what you've read. (**Examine**)
- Write out how you will be different today because of what you have just read. (**Application**)
- Write out a prayer based on your time in God's Word. (**Prayer**)
- Give what you wrote a title.

A READING PLAN IS AVAILABLE ON OUR WEBSITE:

<http://www.austinstone.org/resources/recommendedreadings.htm>

An Example of R.E.A.P.

Here is an example of using the R.E.A.P. method to read and study your bible.

READ: 1 Kings 8-9; Acts 26

Key Texts: 1 Kings 8:27; Acts 26:18

(Pick these yourself. You can choose one from the OT and one from the NT reading, or just pick one key text from all of your reading for the day.)

(OT) "But will God indeed dwell on the earth? Behold, heaven and the highest heaven cannot contain you; how much less this house that I have built!

(NT) "to open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me."

EXAMINE:

(OT) Solomon builds the temple and brings the ark of the covenant into the holy of holies, but realizes that God cannot be contained by a house made with human hands.

(NT) Paul defends himself and gives his testimony to Agrippa. Jesus has chosen him to open the eyes of the Jews and Gentiles.

APPLICATION:

(OT) I will not treat God as if He's only present in a church building on Sundays but acknowledge Him to be everywhere.

(NT) Give my testimony to someone this week and share Christ.

PRAYER:

God, help me to know you're everywhere, and help me to share Jesus with someone this week. Amen.