

1A Welcome to HSMA**Trainer :** Dan Chalk, Sammi Rosser, Amy Coombe**Total Time :** 360

<i>Time</i>	<i>Format</i>	<i>Name of Activity</i>
50	Live Lecture (Dan, Sammi and Amy)	Introduction to the HSMA Team, HSMA Map, Lectures, Exercises and Peer Support Groups
15	Guest Talk (Toaster)	Guest talk from HSMA alumni from HSMA 4 (the Talkie Toaster Peer Support Group) on the importance of Peer Support Groups
30	Group Exercise (Dan)	Exercise 1 : Spaceships
10	Comfort Break	
20	Cohort Discussion	Each group presents their Exercise 1 presentation
25	Live Lecture (Dan)	Optional support sessions, the Inception Project, HSMA Conference, HSMA Community Hub
30	Group Exercise (Amy)	Exercise 2 : Amy's Slack Treasure Hunt

Lunch Break

15	Live Lecture (Sammi)	Getting things wrong
40	Group Exercise (Sammi)	Exercise 3 : Student Becomes Teacher
5	Comfort Break	
60	Live Lecture (Dan and Sammi)	What's all the FOSS about? An introduction to FOSS and Open Science
5	Comfort Break	
30	Group Exercise (Dan)	Exercise 4 : Join Us Now
25	Cohort Discussion	5 groups present their Exercise 4 presentation